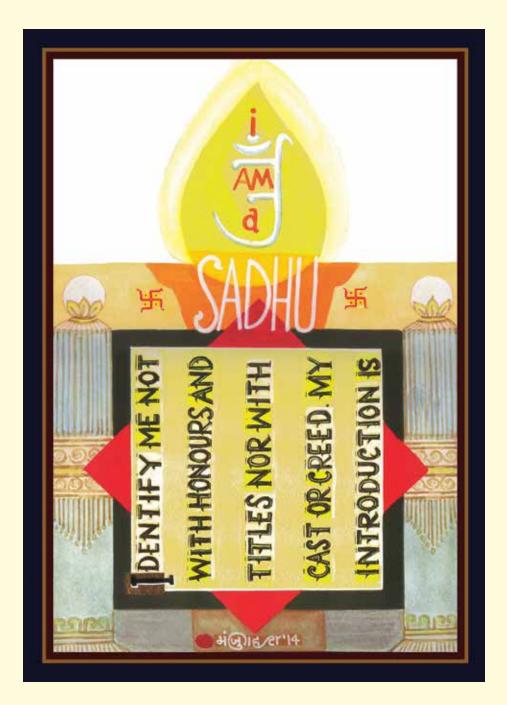


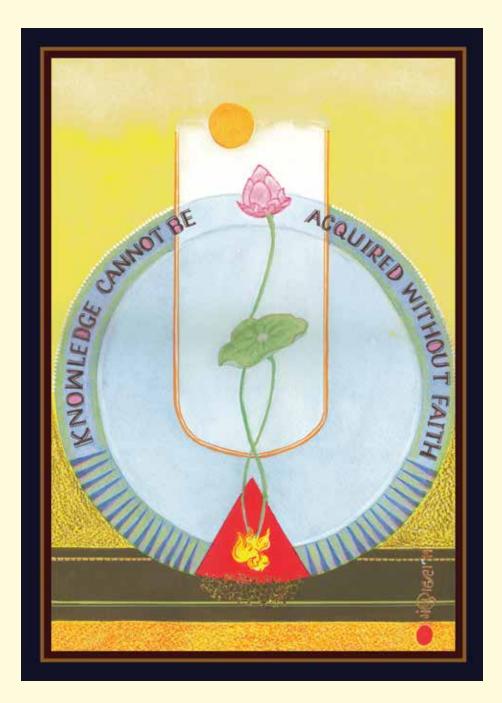
## Quotes of Acharya Tulsi

Illustrated by

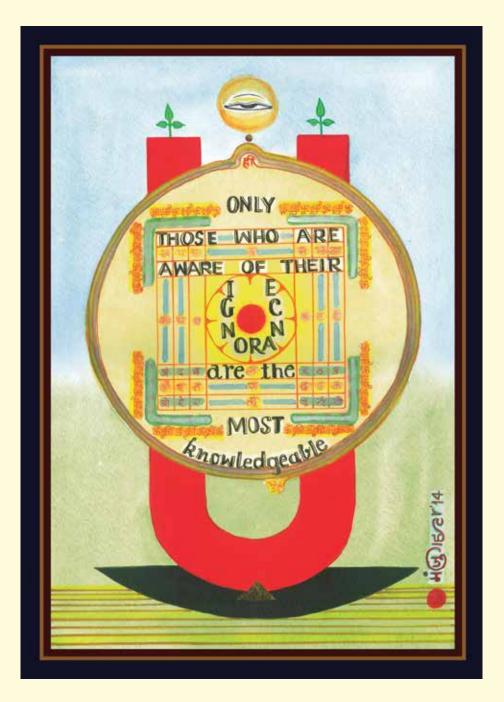
Dr. Manju Nahata



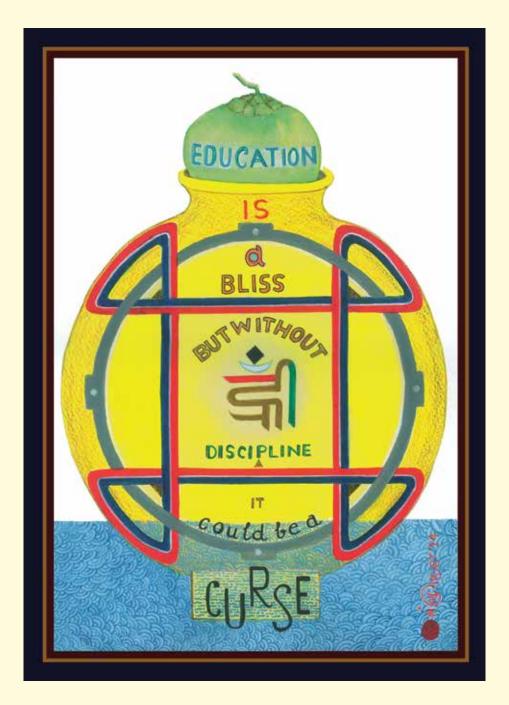
Like a burning flame an enlightened soul or *Sadhu* rises above the system of caste, creed or sect and is always firm like pillars in following his vows or *vrata*.



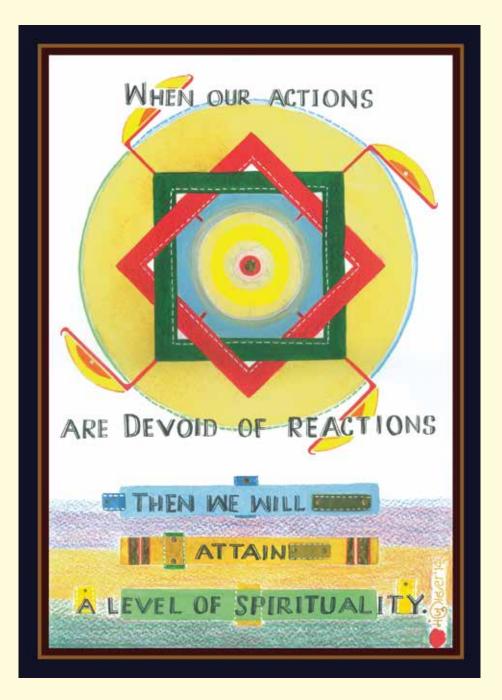
A lotus symbolizing faith and purity, absorbs energy radiated by the Sun and accomplishes the seemingly impossible feat of igniting fire underwater.



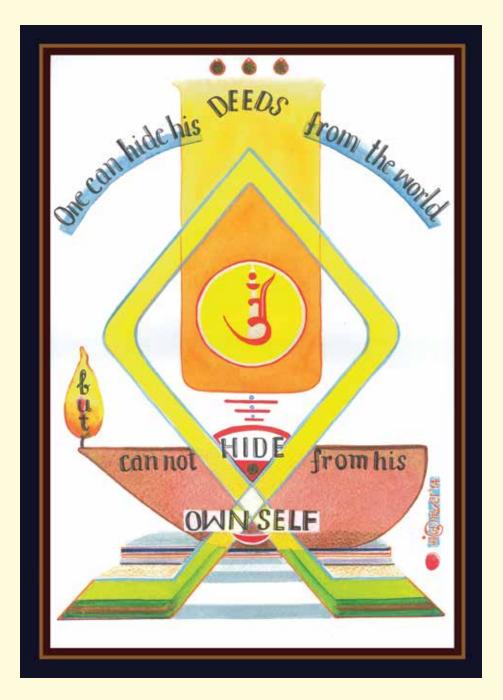
Awakening of the 'inner eye' strikes in spiritual light and knowledge, dispelling darkness symbolized by the black half moon and blurred alphabets.



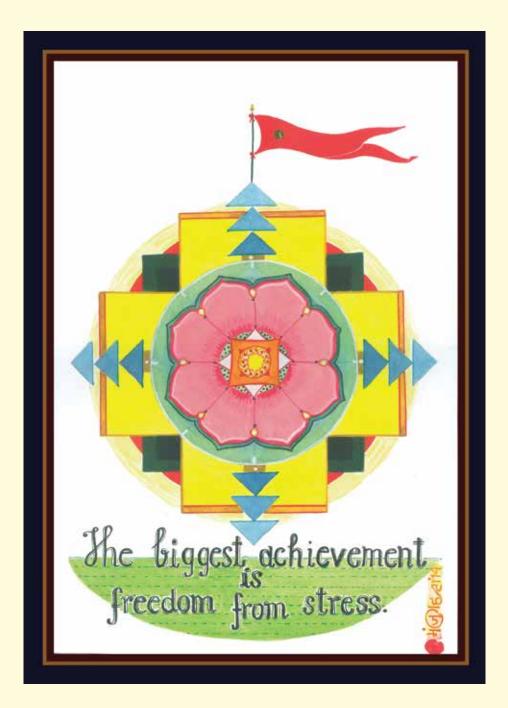
The earthen pot symbolizes the cosmos that is filled with the radiance of supreme knowledge acquired through discipline. But education, bereft of discipline, (symbolized by water) partly fills the pot and proves to be a curse.



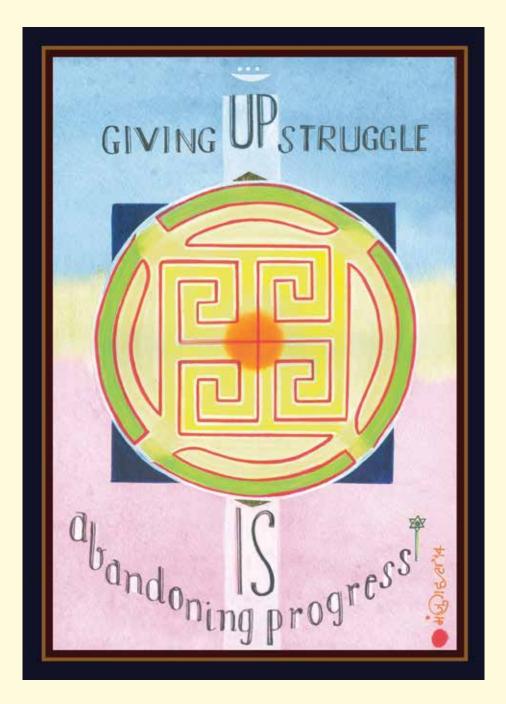
The intertwined green and red squares depicting our actions and reactions respectively, creates a mesh that limits our spiritual growth.



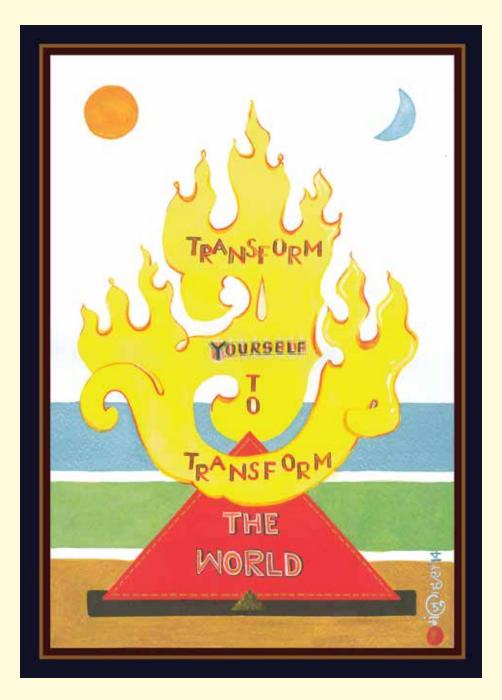
The light of a burning lamp can be hidden by an external enclosure, but it is impossible to prevent it from illuminating itself.



The eight-petal lotus depicting worldly entanglements is the root cause of stress and the outward facing arrows are a representation of the efforts made to hoist the flag of victory over stress.



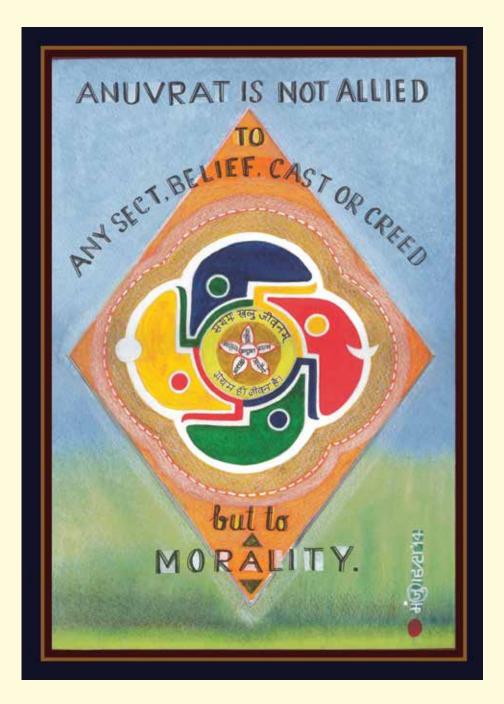
The arms of the *Nandya Varta* struggle through a complex path to eventually break-free from the bondage of life (here depicted by a circle) and advance towards its ultimate goal.



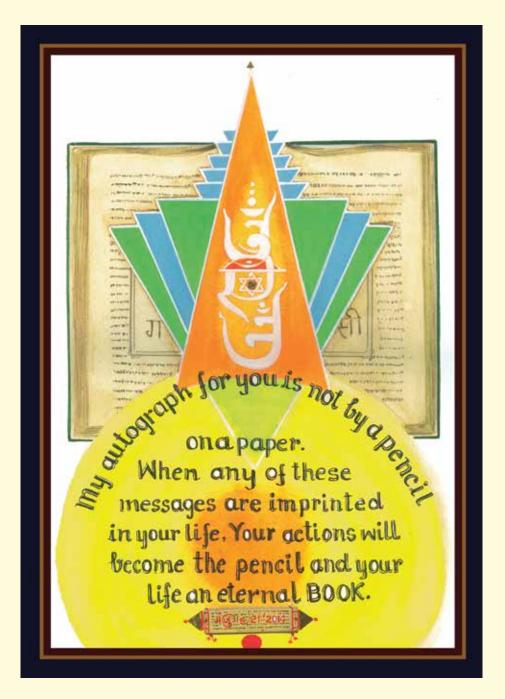
In order to bring about change (here depicted by the Sun and Moon), one must light the fire within to destroy imperfections before undertaking to ignite the world.



A conch shell is the appropriate means to spread the message of unity in all four directions, because it itself demonstrates total non-attachment and tolerance.



The Anuvrat logo celebrating its 50 years of completion illustrates its key principles and its emphasis on human values that surpass the boundaries of any particular sect.



Signatures in ink perish with time but words of wisdom and mantras such as 'aum aim aum' dispel ignorance with the rising of an effulgent Sun.

