



LET US LEARN TO LIVE

Jai Jinedra,

17th Annual Spiritual camp will be held from Jan 17th - 19th Jan 2014
in Orlando

The theme of the camp is :

“Let Us Learn To Live”

The camp will be led by four distinguished Samanijis :

Samani Bhavit Pragyaji

Samani Sangh Pragyaji

Samani Unnata Pragyaji

Samani Ramaniya Pragyaji

The 3 day camp will be about the 12 golden principles for Holistic Living. We will contemplate on some of these principles aimed at refining not only the inner-self but also the overall personality.

So come, let us all reflect upon living a holistic life. It begins with introspection, self-evaluation and practicing a conscious "mindfulness" in every voluntary activity.

There will be parallel sessions for children.

"Let Us Learn To Live"

12 Golden Principles Of Holistic Living

- By Acharya Mahashraman

- ✿ The Art of Living
- ✿ The Art of Viewing
- ✿ The Art of Walking
- ✿ The Art of Sitting
- ✿ The Art of Sleeping
- ✿ The Art of Eating
- ✿ The Art of Speaking
- ✿ The Art of Tolerance
- ✿ The Art of Thinking
- ✿ The Art of Enjoying Old Age
- ✿ The Art of Dying
- ✿ The Art of Assuring a Fortunate Life in the Next Birth

Venue :

Howard Johnson Plaza, Orlando North, 436 Altamonte Springs, FL 32714.
Tel: 407-862-4455

Registration Fees :

\$275 per family. The fees cover program participation, accommodation & meals. (Max 4 person per room)

JAIN VISHWA BHARATI ORLANDO

7819 Lillwill Ave, Orlando, FL 32809

18th Annual Family Camp Schedule

Friday January 17th 2014

Registration/Dinner/Opening Ceremony/Pravachan

6.00 PM - 10.00 PM

Saturday January 18th 2014

Program starts w/Bhaktamar, Yoga/Pranayam, Breakfast/Pravchans

06.15 AM - 11.55 PM

Lunch/Rest

12.00 PM - 01.25 PM

Afternoon Sessions

01.30 PM - 04.50 PM

Dinner/Gaman Yoga

05.00 PM - 06.45 PM

Cultural/Spiritual Program

07.00 PM - 10.00 PM

Sunday January 19th 2014

Bhaktamar/Pranayam/Yoga/Pravchans

06.15 AM - 11.25 AM

Closing Ceremony

11.30 AM - 12.25 PM

Lunch

12.30 PM

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JVB Center has blessings from Acharya Shree Mahashramanji. JVB Orlando Center has continuous presence of Adarniya Samanijis. This year center has guidance of Adarniya Samani Bhavit Pragyaji and Samani Sangh Pragyaji.

Our Mission

- ➔ To teach Jain studies and human life science enhancement activities to all Jains here in America where most of us look for a spiritual uplift and think about Jainism for our coming generations.
- ➔ To cultivate an atmosphere that nurtures non-violence (ahimsa), restraint (saiyam) and multiple views (anekantvaad) and thereby leads to spiritual enlightenment for human kind.

Our Activities

- ➔ Jain studies amongst all communities guided by Samanijis.
- ➔ Organize seminars, training programs, workshops, and camp on Preksha Meditation, Yoga, nonviolence, and Anuvrat
- ➔ Swadhyay. It is a powerful means to increase knowledge. According to Jain Philosophy it is one type of penance among twelve types of Nirjara.
Topics of Discussion - Uttaradhyan Sutra
 - Meaning of Slokas
 - Meditation

Activity Schedules

- ➔ Swadhyay : Bimonthly (2nd and 4th Sunday) from 2:30 PM to 4:30 PM
- ➔ Gyanshala: : Bimonthly (2nd and 4th Sunday) from 2:30 PM to 4:30 PM
 - Jainsim - Sutras
 - Indian Culture and Jainism in day to day life in America
- ➔ Bhaktamar and Meditation every Saturday from 7:30 am to 9:00 am
- ➔ Advance Swadhyay every Wednesday from 8:00 pm - 9:00 pm

For More Information about JVB Camp or JVB Orlando, Please Call:

Jain Vishwa Bharati : (407) 852-8694

Devang Chitalia : (352) 394-2625

Vijay Lunawat : (407) 851-4525

Kishore Tolia : (407) 227-6742

Ashok Shah : (407) 438-5297



jainvishwa1@gmail.com



www.jainvishwabharati.org

CAMP REGISTRATION FORM

Yes, I would like to attend the 18th Annual Spiritual Camp of Jain Vishwa Bharati USA

Name	Age	M / F

Address :

Street Address _____

City, State, Zip _____

Home Phone _____

Cell Phone _____

Email _____

Enclosed find the check \$_____ with check #_____ .

Please mail/deliver form with the check to JVB Orlando, 7819 Lillwill Ave, Orlando, FL 32809

Signature _____

Date _____