

Jain Calendar 2015 Monthly Themes

January
SWADHYAYA

February
JAIN FLAG

March
RATNATRAYA
Three Jewels of Jainism

April
SIDDHACHAKRA
AYAMBIL OLI

May
JAIN PHILOSOPHY
(SIX DRAVYAS)

June
NAV TATTVA

July
KALPA SUTRA

August
LANCHHANS

September
PARYUSHAN FESTIVAL

October
JAIN DIET

November
DIWALI

December
JAIN PILGRIMAGE

PLUS MUCH MORE



The cover of the Jain Calendar 2015 features a vibrant, multi-colored background with a radial gradient. At the top, four circular silhouettes of Jain Tirthankaras are arranged in a semi-circle, each with a different colored halo (green, pink, orange, and blue). In the center, a blue dove is depicted in flight, carrying a branch with leaves. Below the dove, the word "welcome" is written in a simple, lowercase font. The year "2015" is prominently displayed in large, bold, black numerals. The digit "0" is replaced by a rectangular frame containing the Indian national flag (Tiranga) with the Ashoka Chakra in the center. Below the year, the title "Jain Calendar" is written in a large, elegant, cursive font. Underneath the title, the text "Vir Samvat 2541 | Vikram Samvat 2071" is printed. To the left of the title, the word "જાન" (Jain) is written in a large, stylized, red font. Below it, a red hand symbol (Chandlo) is shown. To the right of the title, the text "Concept & Created By KISHOR BHIMJI SHAH" is written in a bold, sans-serif font, followed by "(Norbury - London - U.K.)" and "Email: KShah12179@aol.com". At the bottom right, there is a small, intricate logo featuring a Jain symbol and a flower.

welcome

2015

Jain Calendar

Vir Samvat 2541 | Vikram Samvat 2071

Concept & Created By
KISHOR BHIMJI SHAH
(Norbury - London - U.K.)
Email: KShah12179@aol.com



Namaskāra Mahāmantra
Navkar Mantra

namo arihantānam.
namo siddhānam.
namo āyariyānam.
namo uvajjhāyānam.
namo loe savva-sāhunam.
eso panca-namukkāro,
savva-pāva-ppanāsano;
mangalānam ca savvesim,
padhamam havai mangalam.



KISHOR BHIMJI SHAH



JAI JINENDRA
2015

This Year, Everyday
Let me do something that shall take
A little sadness from the world's vast store,
And may I be so favoured as to make
Of joy's too scanty sum a little more.
Let me not hurt, by any selfish deed
Or thoughtless word, the heart of foe or friend;
Nor would I pass, unseeing, worthy need,
Or sin by silence when I should defend.
However meagre be my worldly wealth
Let me give something that shall aid my kind,
a word of courage or a thought of health,
Dropped as I pass for troubled hearts to find.
Let me every night look back across the span
Twixt dawn and dark, and to my conscience say -
Because of some good act to beast or man -
"The world is better that I lived today".

—❦—
“Let us be guided towards the path of truth and honesty
Let us get through the darkness into the light
So, in death, we are one step closer to our goal (Moksha)
With your exemplary presence, we can eliminate
our inner enemies”

~ Be the Inspiration ~

Walk the Talk - Live the Jain Way of Life



KISHOR BHIMJI SHAH



Can your hand of friendship give hope to the lonely?

When you extend pure love to everyone with selfless motivation,
that is an attitude of kindness

Can your faith in someone unearth courage they didn't know they had?

When you send good wishes and pure feelings to those who are in deep
sorrow, that is an attitude of mercy

Can you lift someone's heart by seeing the best in them?

When you see the virtues rather than the weakness in people,
that is an attitude of compassion

**Can you meet someone's anger with so much peace that it
melts away like ice in the sun?**

When you bless and uplift someone even as they defame you,
that is an attitude of forgiveness

Can your respect help someone walk a little taller?

When you tolerate a situation and take responsibility as well as give
co-operation even when not appreciated
that is an attitude of humility and self-respect

**EVERY SECOND, EVERY MOMENT AND EVERY BREATH OF OUR LIFE IS
NURTURED BY OUR ATTITUDE**



KISHOR BHIMJI SHAH



DAILY REFLECTIONS ~ Some Suggestions

MONDAY

MONDAY - GRATITUDE

"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and create a vision for tomorrow."

Today: Be thankful for all that you receive and experience every-day and reflect on who and what made those experiences possible. Give special thanks for the food you eat and for the people you meet.

TUESDAY - SIMPLICITY

"Live simply, so others can simply live".

To simplify is to invite peacefulness in your life. If we dare let go of our possessions and the will to control and dominate, we will cultivate a deeper spirit of peace within us because we can accept the present moment as a gift.

Today: Think of three ways you can simplify your life and put at least one of them into practice today.

WEDNESDAY - HUMILITY

"The seeker after truth should be humbler than the dust. The world crushes the dust under its feet, but the seeker after truth should so humble himself that even the dust could crush him. Only then, and not till then, will he have a glimpse of the truth."
.....Mahatma Gandhi

Today: Gaze up at the stars tonight and remember how small you are, your life is, but a fleeting moment in the vast scale of time and distances of the solar system and the universe.

THURSDAY

THURSDAY - GENEROSITY

"There is a hidden poverty more pervasive than lack of money. It is the poverty of the heart.".....Mother Teresa

Today: Today, find a way to give generously of your time, attention or resources to others.

FRIDAY - CO-OPERATION

When we work together, we are stronger than when we work alone.

Today: is there one significant way that you can cooperate more effectively with the people in your family or workplace, school or community today?

SATURDAY - MEDITATION

"Empty yourself of everything, Let the mind rest at peace. The ten thousand things rise and fall while the self watches their return. They grow and flourish and then return to the source. Returning to the source is stillness, which is the way of nature."Lao Tsu, Tao Te Ching


Today: Meditate. Take some time to sit in stillness, focusing on your breath, letting go of all thoughts.

SUNDAY - SILENCE

"God is the friend of silence. See how nature grows in peace; We need silence to be able to touch souls."Mother Teresa
We need silence to express our true selves. Silence is counter cultural and more; it leads us beyond culture, beyond illusion, beyond words, to the truth of peace. In silence, we can no longer deny our basic humanity, our powerlessness, our helplessness. Silence unveils our vulnerable selves.

Today: Give yourself the gift of silence and solitude






Swadhyaya (Self Study)



Swadhyaya is one of the easiest and most rewarding Jain practice, yet, unfortunately most of us do not practice it effectively often in our daily lives. If we make some time to study, we will have sound conviction that it is important to practise the teachings of our faith in our lives - to Live the Jain Way of Life. We will discover the inner self.

The difference between our intentions and outward conduct will disappear.

So in 2015, resolve to spend some time daily in self study.



The simple meaning of Swadhyaya is 'to study'. The word Swadhyaya consists of two words - Swa (self) and Adhyaya (study). As nutritious food is necessary to maintain a healthy body, Swadhyaya and contemplation are necessary to keep our mind and emotions healthy. Swadhyaya is for all, regardless of age, one's level of knowledge, spiritual progress, intelligence, grasping power or memory power.

The five traditional aspects of Swadhyaya:


VACHANA (Reading) : Studying and explaining the sacred texts and its meaning.

PRUCHCHHANA (Questioning) : Asking questions to clarify doubts.

ANUPRESKSHA (Pondering over) : This is probably the most important, and includes contemplating, reflecting, digesting, absorbing and understanding any article or book that we are reading before reading the next one.


PARAVARTANA (Repetition) : Repeating the texts and its meaning.

DHARAM-KATHA (religious teaching) : Listening and engaging in spiritual discussions, inquiries, teaching etc.



"Swadhyaya is an elixir, which turns ignorance into wisdom and gives wise men the capability of illuminating themselves as well as others"

..... Pujya Gurudev Upadhyaya Shri Amar Munji



Many of us put it off until retirement, when we may not develop interest in reading unless we have cultivated the habit early on. Net result is that many of us will never realise the value of diamonds treasured in our scriptures during our lifetime. Regardless of our age and pre-occupation with our daily lives, we should try and spend some time every day reading something spiritual with a proper understanding" Anop Vora





VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

POSH - JANUARY 2015 - MAHA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
POSH: 1 TO 20 JANUARY MAHA: 21 TO 31 JANUARY			1 Sud Agiyaras	2 Sud Baras	3 Sud Teras	4 Sud Chaudas
5 Sud Poonam	6 Vad Ekam	7 Vad Bij	8 Vad Trij	9 Vad Choth	10 Vad Pancham	11 Vad Chhath
12 Vad Satam	13 Vad Aatham	14 Vad Nom	15 Vad Dasam	16 Vad Agiyaras	17 Vad Baras	18 Vad Teras
19 Vad Chaudas	20 Vad Amas	21 Sud Ekam	22 Sud Bij	23 Sud Trij/ Choth	24 Sud Pancham	25 Sud Chhath
26 Sud Satam	27 Sud Aatham	28 Sud Nom	29 Sud Dasam	30 Sud Agiyaras	31 Sud Baras	

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 10 | 13 | 16 | 19 | 22 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date : 5 | 11 | 17 | 18 | 20 | 23 | 28 | 31

JAIN FESTIVAL

Date : 04 - Pakhi Pratikraman

Date : 05 - Poonam (*Bhav Siddhachal Yatra*)

Date : 18 - Meru Teras

Date : 19 - Pakhi Pratikraman

AUSPICIOUS DAY

Date : 01 - Ajitnath Kevalgnan Kalyanak

Date : 04 - Abhinandanaswami Kevalgnan Kalyanak

Date : 05 - Dharmanath Kevalgnan Kalyanak

Date : 11 - Padmaprabhuswami Chavan Kalyanak

Date : 17 - Shitalnath Janma & Diksha Kalyanak

Date : 18 - Adinath Nirvan Kalyanak

Date : 20 - Shreyansanth Kevalgnan Kalyanak

Date : 22 - Abhinandanaswami Janma Kalyanak

Date : 22 - Vasupujya Kevalgnan Kalyanak

Date : 23 - Dharmanath Janma Kalyanak (Trij)

Date : 23 - Vimalnath Janma Kalyanak (Trij)

Date : 23 - Vimalnath Diksha Kalyanak (Choth)

Date : 27 - Ajitnath Janma Kalyanak

Date : 28 - Ajitnath Diksha Kalyanak

Date : 31 - Abhinandanaswami Diksha Kalyanak



May the teachings of Jina, which enable all the souls to cross the endless ocean of mundane existence and which afford protection to all living beings flourish forever.

"We are at once always alone and at the same time eternally connected. We are each on our sacred path from the moment of birth until death. Many people cross our path over the length of our lifetime. Some are with us for many years, others for a short time. Each one both a teacher and a student"



Kishor Bhimji Shah



The five colours of the flag represent Panch Paramesthi

WHITE REPRESENTS ARIHANT

RED REPRESENTS SIDDHA

ORANGE/YELLOW REPRESENTS ACHARYA

GREEN REPRESENTS UPADHYAY

BLACK REPRESENTS SADHUS

**In the centre of the flag is the 'Swastika' which
symbolises the four states of existence.**

RESPECT FOR THE JAIN FLAG IS RESPECT FOR PANCH PARAMESTHI



VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

MAHA - FEBRUARY 2015 - FAGAN

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		MAHA: 1 TO 18 FEBRUARY FAGAN: 19 TO 28 FEBRUARY				1 Sud Teras
2 Sud Chaudas	3 Sud Poonam	4 Vad Ekam	5 Vad Bij	6 Vad Bij	7 Vad Trij	8 Vad Choth
9 Vad Pancham	10 Vad Chhath	11 Vad Satam	12 Vad Aatham	13 Vad Nom	14 Vad Dasam	15 Vad Agiyaras
16 Vad Baras	17 Vad Teras	18 Vad Chaudas Amas	19 Sud Ekam	20 Sud Bij	21 Sud Trij	22 Sud Choth
23 Sud Pancham	24 Sud Chhath	25 Sud Satam	26 Sud Aatham	27 Sud Nom	28 Sud Dasam	

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 6 | 9 | 12 | 15 | 18 | 20 | 23 | 26

AVOID ROOT VEGETABLES

Date : 1 | 3 | 10 | 11 | 13 | 16 | 17 | 21 | 22

JAIN FESTIVAL

Date : 02 - Pakhi Pratikraman

Date : 03 - Poonam (*Bhav Siddhachal Yatra*)

Date : 18 - Pakhi Pratikraman

AUSPICIOUS DAY

Date : 01 - Dharmanath Diksha Kalyanak

Date : 10 - Suparshvanath Kevalgnan Kalyanak

Date : 11 - Suparshvanath Nirvan Kalyanak

Date : 11 - Chandraprabha Kevalgnan Kalyanak

Date : 13 - Suvidhinath Chavan Kalyanak

Date : 15 - Adinath Kevalgnan Kalyanak

Date : 16 - Shreyansanath Janma Kalyanak

Date : 16 - Munisuvrata Kevalgnan Kalyanak

Date : 17 - Shreyansanath Diksha Kalyanak

Date : 18 - Vasupujya Janma Kalyanak (*Vad Chaudas*)

Date : 18 - Vasupujya Diksha Kalyanak (*Vad Amas*)

Date : 20 - Aranath Chavan Kalyanak

Date : 21 - 20 Viharmans Bhagwans Diksha Kalyanak

Date : 22 - Malinath Chavan Kalyanak

Date : 26 - Sambhavanath Chavan Kalyanak

OTHER

Date : 14 - Valentine's day

Date : 9 to 15 - Go Green Week



“A Jain temple is not just bricks & mortar, stone & sculpture. It is an edifice of ideas and culture, as well as an expression of art & spirituality. It provides us with an opportunity for self reflection and self renewal”

A Jinalay is the abode of the Lord. It's strength is not in its stones. Its fortitude comes from the dedication of the Jain sangh (community).

A Jinalay's glue is the piety and devotion of the community

MARCH 2015

RATNATRAYA

~ The Three Jewels of Jainism ~

“Samyag - darshana - jnana - charitrani Moksha marg”

(Tattvartha Sutra 1.1 - Umaswati)

**Right Vision, Right Knowledge and Right Conduct Together
constitute the path to liberation**



Kishor Bhimji Shah



VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



	AATHAM CHAUDAS PANCHAM BIJ AGIYARAS		JAIN FESTIVAL		AUSPICIOUS DAY
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FAGAN - MARCH 2015 - CHAITRA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30 Sud Agiyaras	31 Sud Agiyaras		FAGAN: 1 TO 20 MARCH CHAITRA: 21 TO 31 MARCH			1 Sud Agiyaras
2 Sud Baras	3 Sud Teras	4 Sud Chaudas	5 Sud Poonam	6 Vad Ekam	7 Vad Bij	8 Vad Trij
9 Vad Trij	10 Vad Choth	11 Vad Pancham	12 Vad Chhath	13 Vad Satam	14 Vad Aatham	15 Vad Nom
16 Vad Dasam Agiyaras	17 Vad Baras	18 Vad Teras	19 Vad Chaudas	20 Vad Amas	21 Sud Ekam	22 Sud Bij Trij
23 Sud Choth	24 Sud Pancham	25 Sud Chhath	26 Sud Satam	27 Sud Aatham	28 Sud Nom	29 Sud Dasam

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 11 | 14 | 16 19 | 22 | 24 | 27 | 28 | 29
30 | 31

AVOID ROOT VEGETABLES

Date : 2 | 3 | 5 | 10 | 13

JAIN FESTIVAL

Date : 03 - Siddhachal Chhagau Yatra | Pradishana
Date : 04 - Chaumasi Chaudas
Date : 05 - Poonam (*Bhav Siddhachal Yatra*)
Date : 13 - Varshitap Begins
Date : 19 - Pakhi Pratikraman
Date : 27 - Ayambil Oli Starts

AUSPICIOUS DAY

Date : 02 - Mallinath Nirvan Kalyanak
Date : 02 - Munisuvrata Diksha Kalyanak
Date : 10 - Parshvanath Chavan & Kevalgnan Kalyanak
Date : 11 - Chandraprabhu Chavan Kalyanak
Date : 14 - Adinath Janma & Diksha Kalyanak
Date : 22 - Kunthunath Kevalgnan Kalyanak (*Trij*)
Date : 24 - Ajitnath Nirvan Kalyanak
Date : 24 - Sambhavanath Nirvan Kalyanak
Date : 24 - Anantanath Nirvan Kalyanak
Date : 28 - Sumatinath Nirvan Kalyanak
Date : 31 - Sumatinath Kevalgnan

OTHER

Date : 05 - World Book day | Date : 08 - International Women's Day | Date : 6-7 - Holi



An ignorant person believes that wealth, possessions, & relatives are his protectors, stating "they belong to me & I belong to them". But they are neither his protector nor shelter. Dharma is the sole protector. Dharma frees people from the pollution of karma's and conjoins together Right Faith, Right Knowledge and Right Conduct. The Three Jewels (Ratnatraya) alone constitute a "gana" which can purify the Soul and lead to the path of salvation.

APRIL 2015



NAMO DARSANNASSA
NAMO NANNASSA
NAMO CHARITASSA
NAMO TAVASSA



Kishor Bhimji Shah



VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

CHAITRA - APRIL 2015 - VAISHAKH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 Sud Baras	2 Sud Teras	3 Sud Chaudas	4 Sud Poonam Amas	5 Vad Ekam
6 Vad Bij	7 Vad Trij	8 Vad Choth	9 Vad Pancham	10 Vad Chhath	11 Vad Satam	12 Vad Aatham
13 Vad Nom	14 Vad Dasam	15 Vad Agiyaras	16 Vad Baras	17 Vad Teras Chaudas	18 Vad Amas	19 Sud Ekam
20 Sud Bij	21 Sud Trij	22 Sud Choth	23 Sud Pancham	24 Sud Chhath	25 Sud Satam	26 Sud Aatham
27 Sud Nom	28 Sud Dasam	29 Sud Agiyaras	30 Sud Baras		CHAITRA: 1 TO 18 APRIL VAISHAKH: 19 TO 30 APRIL	

AVOID GREEN & ROOT VEGETABLES

Date : 1 - 4 | 6 | 9 | 12 | 15 | 17 | 20 | 23 | 26 | 29

VOID ROOT VEGETABLES

Date : 5 | 10 | 14 | 21 | 22 | 25 | 27 | 28 | 30

JAIN FESTIVAL

Date : 27 March - 04 - Ayambil Oli

Date : 02 - Mahavirswami Janma Kalyanak Celebrations

Date : 03 and 17 - Pakhi Pratikraman

Date : 04 - Chaitra Poonam (Bhav Siddhachal Yatra)

Date : 05 - Ayambil Oli Parna | 21 - Varshitap Parna

Date : 29 - Jain Sansan Sthapana

AUSPICIOUS DAY

Date : 02 - Mahavirswami Janma Kalyanak

Date : 02 - 20 Viharmans Bhagwans Kevalgnan Kalyanak

Date : 04 - Padmaprabhu Kevalgnan Kalyanak

Date : 05 - Kunthunath Nirvan Kalyanak

Date : 06 - Shitalnath Nirvan Kalyanak

Date : 09 - Kunthunath Diksha Kalyanak

Date : 10 - Shitalnath Chavan Kalyanak

Date : 14 - Naminath Nirvan Kalyanak

Date : 14 - 20 Viharmans Bhagwans Janma Kalyanak

Date : 17 - Anantanath Janma Kalyanak (Teras)

Date : 17 - Anantanath Diksha & Kevalgnan Kalyanak (C)

Date : 17 - Kunthunath Janma Kalyanak (Chaudas)

Date : 22 - Abhinandan Chavan Kalyanak

Date : 25 - Dharmanath Chavan Kalyanak

Date : 26 - Abhinandan Nirvan Kalyanak

Date : 26 - Sumatinath Janma Kalyanak

Date : 27 - Sumatinath Diksha kalyanak

Date : 28 - Mahavirswami Kevalgnan Kalyanak

Date : 30 - Vimalnath Chavan Kalyanak



AHIMSA (non-violence) - respect and reverence for every living being

ANEKANTWADA (multi faceted reality) - consideration of different opinions and viewpoints to gain a better understanding of the truth which has many facets

APRIGRAHA - limiting personal needs and possessions, because these not only harm the environment but also generate unreasonable attachment to objects that impede spiritual progress

jain philosophy

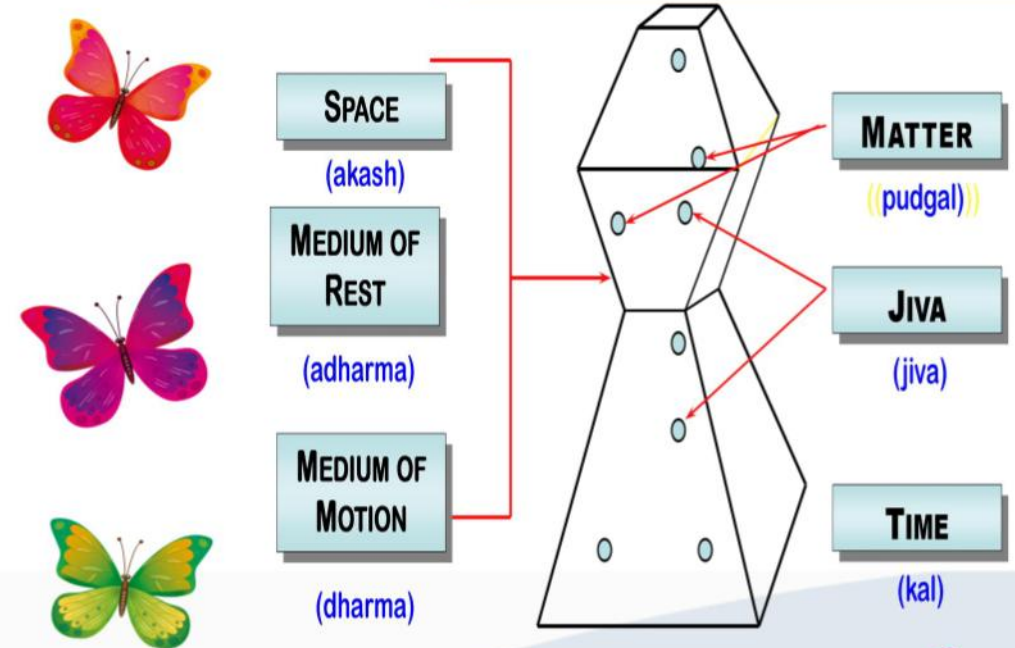
The Jain Universe-(Six Dravyas)

JIVA	CONSCIOUS(CHETAN)	LIVING SUBSTANCE
AJIVA	UNCONSCIOUS (ACHETAN)	NON LIVING SUBSTANCES



MATTER	PUDGAL	NON LIVING SUBSTANCE
SPACE	AKAS	NON LIVING SUBSTANCE
MEDIUM OF MOTION	DHARMASTIKAY	NON LIVING SUBSTANCE
MEDIUM OF REST	ADHARMASTIKAY	NON LIVING SUBSTANCE
TIME	KAAL OR SAMAY	NON LIVING SUBSTANCE

According to Jain Science the world of reality or universe consists of two classes of substances - Jiva and Ajiva. The five non-living substances together with the living beings, totalling six are aspects of reality in Jainism. They are also known as six Universal entities, substances or dravyas.





VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

VAISHAKH - MAY 2015 - JETH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	VAISHAKH: 1 TO 18 MAY JETH: 19 TO 31 MAY			1 Sud Teras	2 Sud Teras	3 Sud Chaudas
4 Sud Poonam	5 Vad Ekam	6 Vad Bij	7 Vad Trij	8 Vad Choth	9 Vad Pancham	10 Vad Chhath/ Satam
11 Vad Aatham	12 Vad Nom	13 Vad Dasam	14 Vad Agiyaras	15 Vad Baras	16 Vad Teras	17 Vad Chaudas
18 Vad Amas	19 Sud Ekam	20 Sud Bij/ Trij	21 Sud Choth	22 Sud Pancham	23 Sud Pancham	24 Sud Chhath
25 Sud Satam	26 Sud Aatham	27 Sud Nom	28 Sud Dasam	29 Sud Agiyaras	30 Sud Baras	31 Sud Teras

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 6 | 9 | 11 | 14 | 17 | 20 | 22 | 23 | 26 | 29

AVOID ROOT VEGETABLES

Date : 2 | 4 | 10 | 12 | 16 | 27 | 30 | 31

JAIN FESTIVAL

Date : 03 - Pakhi Pratikraman

Date : 04 - Poonam (*Bhav Siddhachal Yatra*)

Date : 17 - Pakhi Pratikraman

AUSPICIOUS DAY

Date : 02 - Ajitnath Chavan Kalyanak

Date : 10 - Shreyansanath Chavan Kalyanak (*Chhath*)

Date : 11 - Munisuvrata Janma Kalyanak

Date : 12 - Munisuvrata Nirvan Kalyanak

Date : 16 - Shantinath Janma & Nirvan Kalyanak

Date : 17 - Shantinath Diksha Kalyanak

Date : 22 - Dharmanath Nirvan Kalyanak

Date : 27 - Vasupujya Chavan Kalyanak

Date : 30 - Suparshvanath Janma Kalyanak

Date : 31 - Suparshvanath Diksha Kalyanak

OTHER

Date : 10 - Mother's Day



SAVAJJAM JOGAM PACHCHA-KKHAMI - (I give up all sinful acts)
Pranatipata, Mrushhavad, Adattadana, Maithuna, Parigraha, Krodha,
Mana, Maya, lobha, Raga, Dvesh, Kalaha, Abhyakhyana, Paisunya,
Par-parivada, Rati arati, Maya-mrusa-vada, Mithya-shalya.

Anger (Krodha), Pride (Mana), Deceit (Maya) & Greed (Lobha) add to
demerit (Pap). He, who is desirous of his own well being, should
completely give up these four passions . . . (*Dashavaikalika Sutra*)



Kishor Bhimji Shah

NAV TATTVA

JIVA
(LIVING BEINGS)

AJIVA
(NON LIVING SUBSTANCE)

ASRAVA
(THE INFLUX OF KARMA)

BANDH
(BONDAGE OF KARMA)

PUNYA
(VIRTUES)

PAP
(SINS)

SAMVARA
(STOPPAGE OF THE
INFLUX OF KARMA)

NIRJARA
(ERADICATION OF KARMA)

MOKSHA
(LIBERATION)

Kishor Bhimji Shah



The Nav tattva or nine principles are the single most important subject of Jain philosophy. It deals with the karma theory of Jainism, which provides the basis for the path of liberation. Without the proper knowledge of this subject, a person can not progress spiritually. People who have understood Jainism correctly, reflect it in their conduct, behaviour, thinking and day to day activities. Once we understand and follow Jainism we will see a positive transformation in our lifestyle. *If we have faith in Jainism, it must be mirrored in our lifestyle. Jainism is not about changing the world but it is about changing our own selves.* The objective of Nav-Tattva is to change the self. If one understands the essence of Nav-Tattva , one will understand the mystery behind the ups and the downs of life.



VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

JETH - JUNE 2015 - ADHIK ASHADH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Sud Chaudas	2 Sud Poonam	3 Vad Ekam	4 Vad Bij	5 Vad Trij	6 Vad Choth	7 Vad Pancham
8 Vad Chhath	9 Vad Satam	10 Vad Aatham/ Nom	11 Vad Dasam	12 Vad Agiyaras	13 Vad Baras	14 Vad Teras
15 Vad Chaudas	16 Vad Amas	17 Sud Ekam	18 Sud Bij	19 Sud Trij	20 Sud Choth	21 Sud Pancham
22 Sud Chhath	23 Sud Satam	24 Sud Aatham	25 Sud Nom	26 Sud Nom	27 Sud Dasam	28 Sud Agiyaras
29 Sud Baras	30 Sud Teras		JETH: 1 TO 16 JUNE ADHIK ASHADH: 17 TO 30 JUNE			

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 10 | 12 | 15 | 18 | 21 | 24 | 28

AVOID ROOT VEGETABLES

Date : 2 | 6 | 9

JAIN FESTIVAL

Date : 01 - Pakhi Pratikraman

Date : 02 - Poonam (*Bhav Siddhachal Yatra*)

Date : 15 - Pakhi Pratikraman

AUSPICIOUS DAY

Date : 06 - Adinath Chavan Kalyanak

Date : 09 - Vimalnath Nirvan Kalyanak

Date : 10 - Naminath Diksha Kalyanak (*Vad Nom*)

OTHER

Date : 05 - World Environment Day

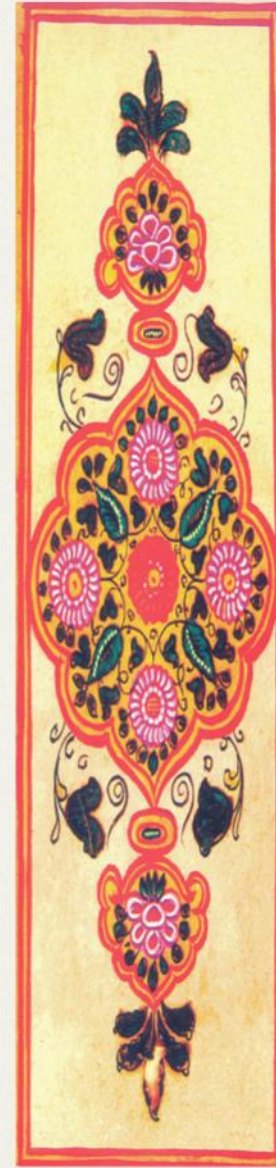
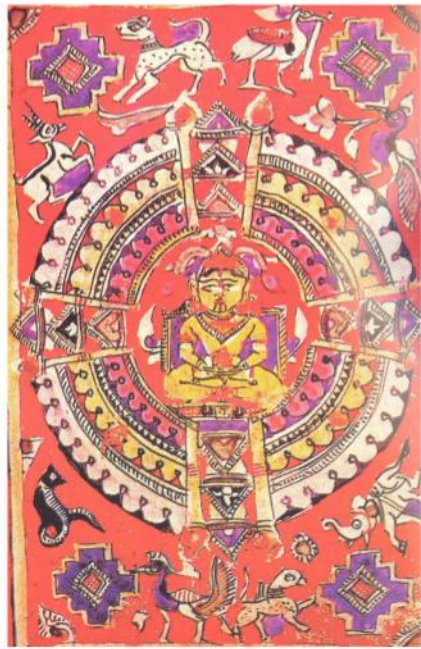
Date : 21 - Father's Day



Whether people speak of me well or ill,
Whether wealth comes to me or departs,
Whether I live to be hundreds of thousand years old,
Or give up the ghost this day,
Whether any one holds out any kind of fear,
Or with worldly riches he tempts me,
In the face of all these possible things may my
footsteps swerve not from the path of TRUTH!



Kishor Bhimji Shah



The Kalpa Sutra is among the most ancient & revered, as well as the most frequently reproduced and profusely illustrated text of Shvetambara Jains. Attributed to Shrut-Kevali Bhadrabahu Swami

Hundreds of Kalpa Sutra manuscripts were prepared between the 12th and 20th centuries and kept in Shashtra-Bhandaras. The illustrations in these manuscripts are mostly in the style of Western Indian painting - having pointed noses, double chins and a farther eye projecting in space against a red background. These are the prominent characteristics features of Jain painting.

The reading and reciting of the Kalpasutra during the eight days of the Paryushan Parva for the purpose of spiritual awakening and general well being of the masses is an ancient tradition in the Jain Community. Because of this tradition, the Kalpasutra is probably one of the best known and widely read texts of Jainism



VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

ADHIK ASHADH - JULY 2015 - ASHADH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
ADHIK ASHADH: 1 TO 16 JULY		1 Sud Chaudas	2 Sud Poonam/ Vad Ekam	3 Vad Bij	4 Vad Trij	5 Vad Choth
6 Vad Pancham	7 Vad Chhath	8 Vad Satam	9 Vad Aatham	10 Vad Nom	11 Vad Dasam	12 Vad Agiyaras
13 Vad Baras	14 Vad Teras	15 Vad Chaudas	16 Vad Amas	17 Sud Ekam	18 Sud Bij	19 Sud Trij
20 Sud Choth	21 Sud Pancham	22 Sud Chhath	23 Sud Satam	24 Sud Aatham	25 Sud Nom	26 Sud Dasam
27 Sud Agiyaras	28 Sud Baras	29 Sud Teras	30 Sud Chaudas	31 Sud Poonam	ASHADH: 17 TO 31 JULY	

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 3 | 6 | 9 | 12 | 15 | 18 | 21 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date : 2 | 22 | 31

JAIN FESTIVAL

Date : 01 - Pakhi Pratikraman

Date : 02 - Poonam (*Bhav Siddhachal Yatra*)

Date : 15 - Pakhi Pratikraman

Date : 30 - Chaumasi Chaudas

Date : 31 - Guru Purnima

AUSPICIOUS DAY

Date : 22 - Mahavirswami Chavan Kalyanak

Date : 24 - Neminath Nirvan Kalyanak

Date : 30 - Vasupujyu Nirvan Kalyanak



"Vitrag samo Devo,
Shatrunjoy samo Giri Namaskar samo mantra,
na bhuto na bhavishyati"

Sattvesu maitrim gunisu pramodam,
Klistesu jivesua krpaparatvam
Madhyasthyabhavam Viparita vrttau
Sada mamatma vidadatudeva
. . . . Acarya Amitagati



Kishor Bhimji Shah

<p>BULL</p>  <p>SHREE RISHABHADEV</p>	<p>ELEPHANT</p>  <p>SHREE AJITNATH</p>	<p>HORSE</p>  <p>SHREE SAMBHAVANATH</p>	<p>MONKEY</p>  <p>SHREE ABHINANDAN SWAMI</p>	<p>KRAUNCHA (BIRD)</p>  <p>SHREE SUMATINATH</p>	<p>RED LOTUS</p>  <p>SHREE PADMAPRABHU SWAMI</p>
<p>SWASTIKA</p>  <p>SHREE SUPARSHVANATH</p>	<p>MOON</p>  <p>SHREE CHANDRAPRABHU SWAMI</p>	<p>CROCODILE</p>  <p>SHREE SUVIDHINATH</p>	<p>SRIVATSA</p>  <p>SHREE SHITALNATH</p>	<p>RHINOCEROS</p>  <p>SHREE SHREYANSANATH</p>	<p>BUFFALO</p>  <p>SHREE VASUPOJYA SWAMI</p>
<p>BOAR</p>  <p>SHREE VIMALNATH</p>	<p>FALCON</p>  <p>SHREE ANANTANATH</p>	<p>THUNDERBOLT (VAJRA)</p>  <p>SHREE DHARMANATH</p>	<p>DEER</p>  <p>SHREE SHANTINATH</p>	<p>GOAT</p>  <p>SHREE KUNTHUNATH</p>	<p>NANDYĀVARTA</p>  <p>SHREE ARANATH</p>
<p>WATER POT (KALASA)</p>  <p>SHREE MALLINATH</p>	<p>TORTOISE</p>  <p>SHREE MUNISURVRATA SWAMI</p>	<p>BLUE LOTUS</p>  <p>SHREE NAMINATH</p>	<p>CONCH SHELL</p>  <p>SHREE NEMINATH</p>	<p>SERPENT - (COBRA)</p>  <p>SHREE PARSHVANATH</p>	<p>LION</p>  <p>SHREE MAHAVIR SWAMI</p>



VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

ASHADH - AUGUST 2015 - SHRAVAN

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31 Vad Bij		ASHADH: 1 TO 14 AUGUST SHRAVAN: 15 TO 31 AUGUST			1 Vad Ekam	2 Vad Bij
3 Vad Trij Choth	4 Vad Pancham	5 Vad Chhath	6 Vad Satam	7 Vad Aatham	8 Vad Nom	9 Vad Dasam
10 Vad Agiyaras	11 Vad Baras	12 Vad Teras	13 Vad Chaudas	14 Vad Amas	15 Sud Ekam	16 Sud Bij
17 Sud Trij	18 Sud Choth	19 Sud Pancham	20 Sud Pancham	21 Sud Chhath	22 Sud Satam	23 Sud Aatham
24 Sud Nom	25 Sud Dasam	26 Sud Agiyaras	27 Sud Baras	28 Sud Teras / Chaudas	29 Sud Poonam	30 Vad Ekam

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 4 | 7 | 10 | 13 | 16 | 19 | 20 | 23 | 26 | 28

AVOID ROOT VEGETABLES

Date : 1 | 3 | 6 | 8 | 17 | 21 | 29

JAIN FESTIVAL

Date : 13 - Pakhi Pratikraman

Date : 28 - Pakhi Pratikraman

Date : 29 - Poonam (*Bhav Siddhachal Yatra*)

Date : 29 - Raksha Bandhan

AUSPICIOUS DAY

Date : 01- 20 Viharmans Bhagwans Chavan Kalyanak

Date : 03 - Shreyansanath Nirvan Kalyanak (*Vad Trij*)

Date : 06 - Anantanath Chavan Kalyanak

Date : 07 - Naminath Janma Kalyanak

Date : 08 - Kunthunath Chavan Kalyanak

Date : 16 - Sumatinath Chavan kalyanak

Date : 17 - 20 Viharmans Bhagwans Nirvan Kalyanak

Date : 20 - Neminath Janma Kalyanaks

Date : 21 - Neminath Diksha Kalyanaks

Date : 23 - Parshavanath Nirvan Kalyanak

Date : 29 - Munisuvrata Chavan Kalyanak



Truthfulness indeed is Tapa (penance),
In truthfulness do reside self - restraint and all other virtues
Just as the fish can live only in the sea,
so can all other virtues reside in truthfulness alone
... Mahavir (*Bhagavati Aradhana -842*)

“He who has the truth in his heart need never fear
Truth does not need argument to prove itself”



Kishor Bhimji Shah

SEPTEMBER 2015



PARYUSHAN

PRATIKRAMAN

AARADHNA

RAG DWESH MITANA

YACHNA

UPVAS

SAMAYIK

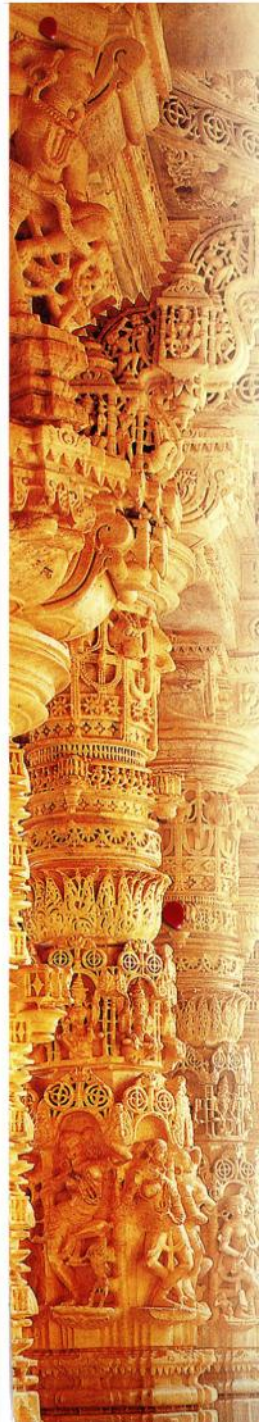
HAR ROJ DARSHAN

ATHHAI

NAVKARVALI



Kishor Bhimji Shah





VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

SHRAVAN - SEPTEMBER 2015 - BHADARVO

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Vad Trij	2 Vad Choth	3 Vad Pancham Chhath	4 Vad Satam	5 Vad Aatham	6 Vad Nom
7 Vad Dasam	8 Vad Agiyaras	9 Vad Baras	10 Vad Teras	11 Vad Teras	12 Vad Chaudas	13 Vad Amas
14 Sud Ekam	15 Sud Bij	16 Sud Trij	17 Sud Choth	18 Sud Pancham	19 Sud Chhath	20 Sud Satam
21 Sud Aatham	22 Sud Nom	23 Sud Dasam	24 Sud Agiyaras	25 Sud Baras	26 Sud Teras	27 Sud Chaudas
28 Sud Poonam/ Vad Ekam	29 Vad Bij	30 Vad Trij		SHRAVAN: 1 TO 13 SEPTEMBER BHADARVO: 14 TO 30 SEPTEMBER		

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 5 | 8 | 10 to 17 | 18 | 21 | 24 | 27 | 29

AVOID ROOT VEGETABLES

Date : 4 | 22 | 28

JAIN FESTIVAL

Date : 10 - 17 - Paryushan Maha Parva

Date : 12 - Pakhi Pratikraman

Date : 13 - Kalpa Sutra Vanchan

Date : 14 - Mahavirswami Janma Vanchan &
Sapna Darshan

Date : 17 - Kshamapana, Baras Sutra Vanchan,
Samvantsari Pratikraman

Date : 18 - Parna

Date : 21 - Ghandar Dev Vandana

Date : 27 - Pakhi Pratikraman

Date : 28 - Poonam (Bhav Siddhachal Yatra)

AUSPICIOUS DAY

Date : 04 - Shantinath Chavan Kalyanak

Date : 04 - Chandraprabhu Nirvan Kalyanak

Date : 05 - Suparshvanath Chavan Kalyanak

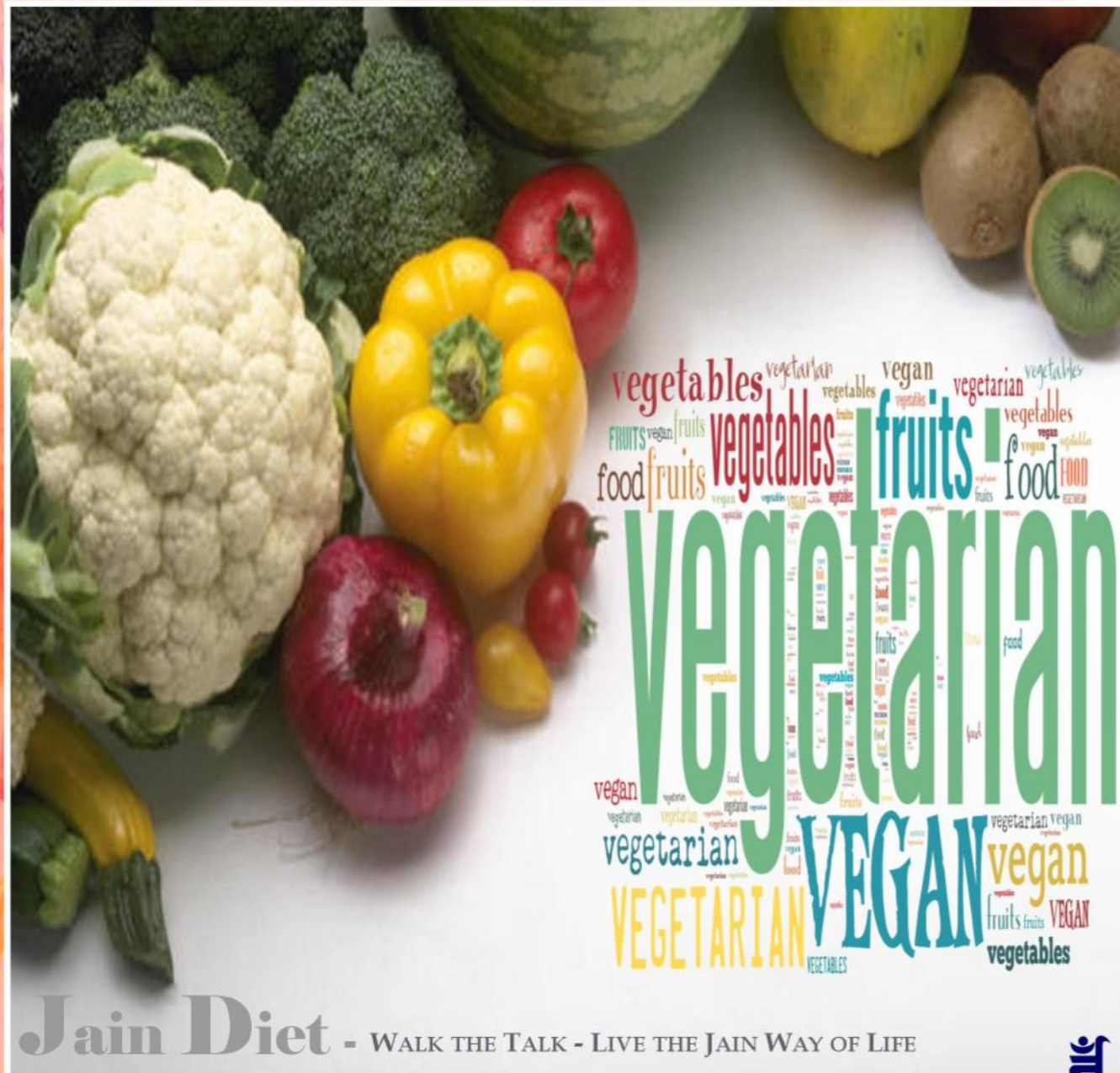
Date : 22 - Suvidhinath Nirvan Kalyanak

OTHER

Date : 25 - Bakri Eid (Observe Ayambil Tap)



Khaamemi Savva Jeeva
Savve Jeevaa vi Khamantu Me
Mittee Me Savvabhuaes
Veram Majzam Na Kenai, Evamaham aalolyam
Nindiyam garahiyam duganchhlyam,
Sammam tivihenam padikkanto
Vandaami jine chauvveesam



JAIN VEGETARIAN ETHIC

“The foundation of vegetarianism is kindness toward other living beings (*jeev daya*). All life is precious. Why deprive any being’s right to live only to satisfy one’s appetite? In the Jain religion, vegetarianism is not just a gastronomic tradition but an entire way of life grounded on the concept of ahimsa, tolerance, piety, and compassion. Connected with vegetarianism are not only religious and spiritual concerns but ethical, emotional, nutritional, and health aspects as well

A vegetarian diet becomes an integral part of human intake (*ahar*) of what is simultaneously nourishment for the body and a tonic for the soul, It becomes an element in the spiritual improvement of human beings, while serving to satisfy their appetite as well”





VIR SAMVAT 2541 JAIN CALENDAR VIKRAM SAMVAT 2071



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

BHADARVO - OCTOBER 2015 - AASO

Mon	Tue	Wed	Thu	Fri	Sat	Sun
BHADARVO: 1 TO 12 OCTOBER AASO: 13 TO 31 OCTOBER			1 Vad Choth	2 Vad Pancham	3 Vad Chhath	4 Vad Satam
5 Vad Aatham	6 Vad Nom	7 Vad Dasam	8 Vad Agiyaras	9 Vad Baras	10 Vad Teras	11 Vad Chaudas
12 Vad Amas	13 Sud Ekam	14 Sud Ekam	15 Sud Bij	16 Sud Trij	17 Sud Choth	18 Sud Pancham
19 Sud Chhath	20 Sud Satam	21 Sud Aatham	22 Sud Nom	23 Sud Dasam	24 Sud Agiyaras Baras	25 Sud Teras
26 Sud Chaudas	27 Sud Poonam	28 Vad Ekam	29 Vad Bij	30 Vad Trij Choth	31 Vad Pancham	

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 11 | 16 | 18 | 19 to 27 | 29 | 31

AVOID ROOT VEGETABLES

Date : 12 | 28

JAIN FESTIVAL

Date : 11 - Pakhi Pratikraman

Date : 19 - 27 - Aaso Mass Ayambil Oli

Date : 26 - Pakhi Pratikraman

Date : 27 - Poonam (*Bhav Siddhachal Yatra*)

& Ayambil Oli Finishes

Date : 28 - Parna

AUSPICIOUS DAY

Date : 12 - Neminath Kevalgnan Kalyanak

Date : 27 - Naminath Chavan Kalyanak

Date : 31 - Sambhavanath Kevalgnan Kalyanak

OTHER

Oct - Vegetarian Awareness month

Date : 02 - Ahimsa Day

Date : 13 to 21 - Navarati



What you desire for yourself, desire for others too ;
What you do not desire for yourself, do not desire for others too.
Always put yourself in other's shoes. If you feel that it hurts you, no
doubt, it probably hurts the other person.


... This is the essence of Jainism

Sarva mangal mangalyam, sarva kaliaan Karanam,
Pardhanam Sardharmanam, Jainam Jayati Shasanam



Kishor Bhimji Shah



 Diwali, for Jains, is the celebration of Bhagwan Mahavir's attainment of Moksha. Bhagwan Mahavir lived as a light, a beacon of inspiration, a blessing to all. Diwali is the time for self reflection when the light shines inwards as well as outwards. On the occasion of Diwali, reflect on Bhagwan Mahavir's life and teachings and review one's behaviour accordingly. Like Bhagwan Mahavir, let us nurture that light within ourselves so that we can share more knowledge and show greater affection, love and compassion for all creatures and our environment and distribute sweetness to all through our sweet thoughts, speech, deeds and actions. In doing so, we will celebrate the festival of Diwali in its true sense.

Kishor Bhimji Shah





VIR SAMVAT 2541 | 2542 JAIN CALENDAR VIKRAM SAMVAT 2071 | 2072



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

AASO - NOVEMBER 2015 - KARTIK

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30 Vad Pancham		AASO: 1 TO 11 NOVEMBER KARTIK: 12 TO 30 NOVEMBER				1 Vad Chhath
2 Vad Satam	3 Vad Aatham	4 Vad Nom	5 Vad Nom	6 Vad Dasam	7 Vad Agiyaras	8 Vad Baras
9 Vad Teras	10 Vad Chaudas	11 Vad Amas	12 Sud Ekam	13 Sud Bij	14 Sud Trij	15 Sud Choth
16 Sud Pancham	17 Sud Chhath	18 Sud Satam	19 Sud Aatham	20 Sud Nom	21 Sud Dasam	22 Sud Agiyaras
23 Sud Baras	24 Sud Teras	25 Sud Chaudas Poonam	26 Vad Ekam	27 Vad Bij	28 Vad Trij	29 Vad Choth

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 7 | 10 | 13 | 16 | 19 | 22 | 25 | 27 | 30

AVOID ROOT VEGETABLES

Date : 8 | 9 | 11 | 12 | 14 | 23

JAIN FESTIVAL

Date : 09 - Dhaneras

Date : 10 - Kali Chaudas

Date : 10 - Pakhi Pratikraman

Date : 11 - Diwali

Date : 12 - New Years Day

Date : 13 - Bhai Bij

Date : 16 - Gyan Pancham

Date : 25 - Chaumasi Chaudas

Date : 25 - Kartik Poonam (Bhav Siddhachal Yatra)

AUSPICIOUS DAY

Date : 08 - Neminath Chavan Kalyanak

Date : 08 - Padmaprabhu Janma Kalyanak

Date : 09 - Padmaprabhu Diksha Kalyanak

Date : 11 - Mahavirswami Nirvan Kalyanak

Date : 12 - GautamSwami Kevalgnan Kalyanak

Date : 14 - Suvidhinath Kevalgnan Kalyanak

Date : 23 - Aranath Kevalgnan Kalyanak

Date : 30 - Suvidhinath Janma Kalyanak

OTHER : Date : 01 - World Vegan Day

(Nov is Vegan Awareness month)

Date : 14 - World Diabetes Day



To know others is wisdom
To know the self is enlightenment,
To master others requires force,
To master the self requires strength,
To be happy where you are is to be content,
To be content is to be eternally present,
To be eternally present is the Way



Kishor Bhimji Shah

DECEMBER 2015



JAIN PILGRIMAGE - SHATRUNJAYA MAHA TIRTH



Kishor Bhimji Shah



VIR SAMVAT 2541 | 2542 JAIN CALENDAR VIKRAM SAMVAT 2071 | 2072



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

KARTIK - DECEMBER 2015 - MAGSAR

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Vad Chhath	2 Vad Satam	3 Vad Aatham	4 Vad Nom	5 Vad Dasam	6 Vad Agiyaras
7 Vad Agiyaras	8 Vad Baras	9 Vad Teras	10 Vad Chaudas	11 Vad Amas	12 Sud Ekam	13 Sud Bij
14 Sud Trij	15 Sud Choth	16 Sud Pancham	17 Sud Chhath	18 Sud Satam Aatham	19 Sud Nom	20 Sud Dasam
21 Sud Agiyaras	22 Sud Baras	23 Sud Teras	24 Sud Chaudas	25 Sud Poonam	26 Vad Ekam	27 Vad Bij
28 Vad Trij	29 Vad Choth	30 Vad Pancham	31 Vad Chhath	KARTIK: 1 TO 11 DECEMBER MAGSAR: 12 TO 31 DECEMBER		

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 6 | 7 | 10 | 13 | 16 | 18 | 21 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date : 1 | 5 | 20 | 25

JAIN FESTIVAL

Date : 10 - Pakhi Pratikraman

Date : 21 - Maun Agiyaras

Date : 24 - Pakhi Pratikraman

Date : 25 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 01 - Suvidhinath Diksha Kalyanak

Date : 05 - Mahavirswami Diksha Kalyanak

Date : 06 - Padmaprabhu Nirvan Kalyanak

Date : 20 - Aranath Janma & Nirvan Kalyanak

Date : 21 - Aranath Diksha Kalyanak

Date : 21 - Mallinath Janma, Diksha & Kevalgnan
Kalyanak

Date : 21 - Naminath Kevalgnan Kalyanak

Date : 24 - Sambhavanath Janma Kalyanak

Date : 25 - Sambhavanath Diksha Kalyanak

OTHER

Date : 05 - Volunteer Day



SRI SATRUNJAYA'S CHAITYAVANDAN

Aadidev Alvesaru, Vinita No Raay,
Naabhi Raaya Kulmandano, Marudeva Maay . . . 1
Paanchse Dhanush Ni Dehdiye, Prabhuji Param Dayaal,
Chorasi Lakh Purvanu, Jas Aayu Vishaal . . . 2
Vrushabh Lanchan Vrushdharuye, Uttam Gunmani Khaan,
Tas Pad Padma Sevan Thaki, Lahiye Avichal Thaan . . . 3



Kishor Bhimji Shah



KISHOR BHIMJI SHAH

ESSENCE OF JAIN MEDITATION

To free ourselves from the path and unhappiness, we can not afford to waste time in negative thoughts and worry. We are born free and must not make any cage for ourselves.

The conditions which condition us were conditioned by us. We have created our own present and we are each moment creating the future. Not only our future life but the next moment of life.

Our ego limits us. We want to become something and so we work and we DO become something. But without it we are everything. So because of ego, we are limited from everything to something.

Unless you change your pattern of thinking, no outer change will help you or make you happy. The only way to change your pattern of thinking is through meditation.

Life has some direction. It is pulsating with something alive, you can call it divinity, eternity, soul. When you realise this, all fear, the frightening voices, the mental projections disappear.

Then you have inner illumination. That flame is love.

Nothing gives more light than love.

Life is measured in moments, not in years.

One hundred year is a point in eternity. We are worried about how to live, but it will be over before we know.

This human birth is the best opportunity.

Really we are blessed.

... Gurudev Shri Chitrabhanu



PACCHAKHAAN ...

Pacchakhaan – this is when a layperson takes a limited time bound vows renouncing certain activities for a fixed period of time. By taking these vows, one is rewarded by a well organised, self-disciplined, stress free lifestyle full of peace and tranquillity and aids in increasing one's self-control and mental stamina.

PLEASE NOTE:

When taking any pacchakhaan, say the word *pacchakhaami* and *vosiraami*. When giving the pacchakhaan to someone else say the word *pacchakhai* and *vosirai*. The acceptor of the pacchakhaan will then say the word *pacchakhaami* and *vosiraami* respectively.

When you finish the vow, sit at one place, fold your hand i.e *Muththi vaalavi* or handful , recite Navakar Mantra three times. This concludes your vow.



DHARANA MUTTHI SAHIAM ABHIGRAH

(This is a general pacchakhan to renounce certain activity (tyag) for a fixed period of time - e.g I will not eat food for the next two hours or I will remain silent for the next hour)

DHARANA MUTTHI SAHIAM, ABHIGGAHAM, PACCHAKHAAI (*PACCHAKHAMI), ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

NAVKAARSI

UGGAYE SUREY, NAMUKKAAR SAHIAM, MUTTHI SAHIAM, PACCHAKHAAI (*PACCHAKHAMI), CHAUVI HAMPI, AAHAARAM, ASANAM, PAANAM, KHAAMAM, SAAIMAM, ANANTHAANA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI).

AYAMBIL - NIVI - EKAASANU - BIYAASANU

UGGAYE SUREY, NAMUKKAAR SAHIAM, PORISIM, SAATH PORISIM, MUTTHISAHIM, PACCHAKHAAI (*PACCHAKHAMI), UGGAYE, SUREY, CHAUVI HAMPI, AAHAARAM, ASANAM, PAANAM, KHAAMAM, SAAIMAM, ANANTHANAA BHOGENAM, SAHASAA GAARENAM, PACHHANA KALENAM, DISHAA MOHENAM, SAAHU VAYENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, AAYAMBILM, NIVVIGAIM, VIGAIO PACCHAKHAAI (*PACCHAKHAMI), ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, LEVAA LEVENAM, GIHATTH SANSA THENAM, UKHIT VIVEGENAM, PADUCHH MAKHHIANAM, PAARITHA VANIYAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, BIYAASANAM, EKAASANAM, PACCHAKHAAI (*PACCHAKHAMI), TIVIHAMPI, AAHAARAM, ASANAM, KHAAMAM, SAAIMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, SAAGARIYA GAARENAM, OUTANA PASAARENAM, GURU ABBHU THAANENAM, PAARITHAA VANIAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, PAANNASSA LEVENAVAA, ALEVENAVAA, ACHHENAVAA, BAHU LEVENAVAA, SASITTHE NAVAA, ASITTHE NAVAA, VOSIRAI (* VOSIRAMI)

EVENING PACCHAKHAAN

Chauvihar:

DIVASA CHARIAMAM, PACCHAKHAAI, CHAUVI HAMPI AAHAARAM, ASANAM, KHAAMAM, SAAIMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

Tivihar:

DIVASA CHARIAMAM, PACCHAKHAAI, TIVI HAMPI AAHAARAM, ASANAM, KHAAMAM, SAAIMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

For correct pronunciations - refer to a person who can recite above in Gujarati



SAMAYIK - *RELEVANCE TO MODERN LIFE*

Samayik is a moment of pause for self-analysis in the course of daily life and is practised daily by many Jains. Jains consider "Perfect Samayik" as the ideal conduct.

- The essence of Tirthankars' teaching.
- Equanimity of mind - to remain calm and undisturbed by any external distractions.
- Discard all sinful activities - mental, vocal as well as physical level - for a minimum of 48 minutes. ("antarmahurat")
- To be free of passions.
- Practise of tolerance (treat all living beings equally) and patience.
- Development of positive thinking.

BENEFITS OF SAMAYIK

- Helps calm our mind and temperament.
- Helps to train oneself to perform any activity with 100% of concentration and peacefulness of mind.
- Gives an opportunity to think & find out about ourselves and what we need to do - basically to do a personal S.W.O.T. - knowing our weakness and strengths will clarify what path to follow to achieve our ultimate goals in life.
- Educates us to live in the present. When asked by Gautam Swami, MahavirSwami replied that to establish contact with the soul in the present is Samayik. Living in the present is the cornerstone of time management.
- With regular practice, one can achieve steadiness of mind & body, restraint of speech and become alert for developing positive thinking.
- Emulating Jain Ascetics kriya (practices) for a short period of time.
- Investment of one's time with high returns and low risks

WHAT TO DO DURING SAMAYIK

- Engage in activities such as meditation, swadhyaya, self introspection, mantra chanting, listening to Jain bhajans, spiritual discussions etc.
- Reflect on | study more the themes of this Jain Calendar

At each 'Kalyanak' attempt to do as many 'Malas' as possible to a maximum of 20

FOR CHAVAN KALYANAK

OM HRIM SHREE "TIRTHANAKARA NAME" PARMESHTHINE NAMAH

e.g. OM HRIM SHREE PARSVANATH PARMESHTHINE NAMAH

FOR JANAM KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" ARHATE NAMAH

FOR DIKSHA KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" NATHAY NAMAH

FOR KEVAL GYAANA KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" SARVAGNAY NAMAH

FOR MOKSHA (NIRVAN) KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" PARANGATAY NAMAH



KISHOR BHIMJI SHAH



Rogo Bhale Muja Na, Muja Ragane Prabhu ! Talajo
Duhkho Bhale Muja Jaya Na, Muja Dosane Prabu ! Talajo
Karmo Bhale Muja Jaya Na, Antara Kasayane Talajo
Bhale Durgati Muja Na Tale, Pana Durmati Prabhu ! Tolajo

Bhale Kami Mujane Na Male, Pana Tum Male To Calase,
Bhale asa Muja Ko Navi Phale, Basa Tum Male To Calase,
Visvasa Kidho Visvamam, Vhala Jinesvara Apathi,
Chutava Mathum Chum Antare, Bhavohava Kera Santapathi

He Deva! Taraka! Visvanayaka! Saukhdayaka Jinapati!
Vandana Karum Carane Tamara Eka Sunajo Vinati,
Navi Mangum Surapanum, Cakravarti, Rajya Ke Suta Vittane,
Pana Mangum Tuja Pada Padma Seva Sarvada Malajo Mane.

He Jagatabandhu! Jagata Jivano Bandhu Hum Kyare Banum?
He Visvavatsala! Prani Matrano Mitra Hum Kyare Banum?
Jiva Matrano Rni Rahyo Rnamukta Hum Kyare Banum?
Che Eka Mahari Jhankhana Tum Je Banyo Te Kyare Banum?

Bhavobhava Tamara Cararana Pami Saranamam Besi Rahum,
Bhavobhava Tamari Ana Pali Karmano Kanto Dahum,
Bhavobhava Tamaro Satha Malajo Eka Che Muja Prarthana,
Bhavobhava Tamarum Pamum Sasana Eka Che Abhyarthana.



He Natha! Aa Sansara Sagara Dubata Eva mane,
Muktipurimam Lai Javane Jahaja Rupe Cho Tame,
Sivaramanina Subha Sangathi Abhirama Eva He Prabho,
Muja Sarva Sukhanum Mukhya Karana Cho Tame Nitye Vibho!.

Je Bhavya Jivo Apane Bhave Name Stotre Stave,
Ne Puspani Mala Laine Premathi Kanthe Thave,
Te Dhanya Che, Krtapunya Che, Cintamani Tene Kare,
Vavyo Prabho! Nija Krtiyathi Suravrksane Tene Grhe.

Jene Ugaryum Visvane Ajnanana Andhakarathi,
Jene Sajavyum Visvane Samskarana Sanagarathi,
Jene Bacavyum Visvane Sanara Paravarathi
Te Adinath Jinendrane Pancangabhava Hum Namum.

Sata Koti Koti Vara Vandana Nath! Mara He! Tane,
Tarana Taarana He Vibhu! Svikara Mara Namanane,
He Natha! Sum Jadu Bharyam Arihanta Sabdoccaramam,
Aphata Badhi Asisa Bane Tuja Nama Leta Varamam.

Je Drsti Prabhu Darsana Kare Te Dristine Pana Dhanya Che,
Je Jibha Jinavarane Stave Te Jibhane Pana Dhanya Che,
Pie Muda Vani Sudha Te karne Yugalane Dhanya Che,
Tuja Nama Mantra Visada Dhare Te Hridayane Pana Dhanya Che.



Kishor Bhimji Shah

jain prayer

KARTAVYAS FOR SHRAVAKS THROUGHOUT THE YEAR

SANGH PUJAA	Venerate the four-fold order by respectfully providing for the needs of ascetics & offer gifts to laypeople of the sangh
SADHARMIK BHAKTI	Reverence and welfare of fellow Jains
YATRA TRIK	Pilgrimage to three Jain temples, participating in pujas
SNATRA PUJA	At least once a year to participate in Snatra Puja
DEV DRAVYA	Raising or donating funds for the maintenance, renovation, construction of temple & religious activity
MAHAPUJA	Elaborate pujans which involve the decorations of Jin Pratimas, Derasars. These pujas are intended to encourage devotees to come to the Derasar for worship
RATRI JAGRAN	Singing of hymns and performing religious observances throughout the night on auspicious days.
SHRUT (GYAN) PUJA	Veneration of scriptures - devotional puja of scriptures
UDYAAPAN	Concluding ritual - involves the display of objects of worship, making gifts to participants in the final day ceremonies of auspicious religious observances.
SHASHAN PRABHAVNA	Promote Jainism and Jain Way of Life on auspicious days and occasions
ALOCHNA PURVA	Atonement (suddhi) - one confesses faults in the presence of an ascetic at once a year and performs penance

KARTAVYAS FOR SHRAVAKS DURING PARYUSHAN

AMARI PRAVARTAN (Ahimsa - Non Violence)	To be non-violent in thought, words and deeds and to bestow fearlessness in every life form.
SADHARMIK VATSALYA (Welfare of fellow Jains)	To feel heart felt affection for not only fellow Jains, but also other people and all living creatures. One should also extend help and care to those who are on the same path, and do our utmost to remove the causes of unhappiness for fellow Jains.
KSHAMAPANA (Forgiveness)	To ask for forgiveness from all beings who in the past or present life may have suffered because of us. To forgive those who have hurt us and forgive their shortcomings and weaknesses.
ATTHAMA TAPA (Fasting for three days)	The austerity of fasting for three days continuously to purify one's body. It is said that the three days represent the three jewels of Jainism – Right Faith, Right Knowledge and Right Conduct. If one can not fast for three consecutive days, one should fast on three separate days, and if this is not possible, then try and do six Ayambils (one meal only of tasteless food, during the whole day) or 12 Ekaashan (eating once a day), or 24 Besan (eating twice a day) or 60 rosary mala of Navkar Mantra.
CHAITYA PARIPATI (Temple Yatra)	Pilgrimage to holy places, showing respect and devotion to the Lord through worship, prayers and meditation.



UVASAGGA-HARAM STOTRA

UVASAGGA-HARAM PÄSAM, PÄSAM ANDÄMI KAMMA-GHANA-MUKKAM.
VISAHARA-VISA-NINNÄSAM, MANGALA-KALLÄNA-ÄVÄSAM.

VISAHARA-PHULINGA-MANTAM, KANTHE DHÄREI JO SAYÄ MANUO.
TASSA GAHA-ROGA-MÄRI, DUTTHA-JARÄ JANTI UVASÄMAM.

CHITTHAU DURE MANTO, TUJJHA PANÄMO VI BAHU-PHALO HOI.
NARA-TIRIESU VI JIVÄ, PÄVANTI NA DUKKHA-DOGACHCHAM.

TUHA SAMMATTE LADDHE, CHINTÄMANI-KAPPA-PÄYAVA-BBHAHIE.
PÄVANTI AVIGGHENAM, JIVÄ AYARÄMARAM THÄNAM.

IYA SANTHUO MAHÄYASA BHATTI-BBHARA-NIBBHARENA HIAENA.
TÄ DEVA! DIJJA BOHIM, BHAVE BHAVE PÄSA JINA-CHANDA.

Uvasagga-haram Stotra is composed by Acharya Bhadrabahu Swami , the last Shrut Kevali of this current time cycle. The Stotra is in praise of the 23rd Tirthankar - Bhagwan Parshwanath. It is believed to eliminate obstacles, hardship and miseries if recited with complete faith. The Stotra can be recited daily and many Jains recite it daily.



UVASAGGAHARA MAHAYANTRA





Jain Calendar 2015

CONCEPT & CREATED BY
KISHOR BHIMJI SHAH

(Norbury - London - U.K)

Email: KShah12179@aol.com

(*"Michchami Dukkadam" for any unforeseen errors*)

ASSISTED BY

Hansha B Shah | Damyanti B Shah | Kastur B Shah

INSPIRED BY & DEDICATED TO

My late Parents & Brother

Bhimji Kumbha Shah | Monghi Bhimji Shah

Naresh Bhimji Shah

This Calendar is
NOT FOR SALE In ANY FORMAT

