

Lord Mahaveer

JVB International Reflections...



Volume 3 Issue 2

May - June, 2010



Acharya Mahapragya

JVB Orlando

Samani Mudit Pragma
Samani Amit Pragma
www.jainvishwabharati.org

JVB Houston

Samani Akshay Pragma
Samani Vinay Pragma
www.jvbhouston.org

JVB New Jersey

Samani Sanmati Pragma
Samani Shukla Pragma
www.jvbna.org

Miami, FIU

Samani Chaitanya Pragma
Samani Unnat Pragma

The Day of Wisdom

The Celebration of the Ninety First Birthday of Acharya Mahapragya



Today is my birthday. Those who celebrate their birthdays throw big parties. A birthday is a day for making resolutions. Resolutions regarding health, resolutions in restraint in food habits, resolutions towards spiritual development, and resolutions to live a long life. These four resolutions make a birthday meaningful. No celebration should be just temporal. It should be of consequence for a long time to come. Food is short lived, but the nutrition it provides is not so. Such should be the nature of any celebration.

Highlights of this issue:

The Day of Wisdom



News From Tamakor



Thought at Sunrise



Meditation to Melt the
Feeling of Fear



News - JVB Orlando



News - JVB Houston





News From Tamakor, the birthplace of Acharya Mahapragya

91st Birth anniversary of Acharya Mahapragya was celebrated in the presence of Samani Pratibha Pragma and Samanijis on July 10, 2010. Firstly, a rally was held at 7:30 AM. The students and teachers of Mahapragya International School and Samanijis participated in the rally enthusiastically.



Thought at Sunrise

If you want to be successful, have faith in your capabilities. Concentrate on it, experience the feeling of oneness with your Guru or Ideal. Concentrate on the center of bliss. Just perceive and experience. Do not think about the favorable or unfavorable. You will experience of the awakenings of a new energy.



You Can Stay Healthy

Meditation to Melt the Feeling of Fear

1. Sit in a comfortable posture with back and spine in a straight line, and eyes softly close.
2. Recite Mahapran Dhvani 9 times
3. Relax your body, loosen up your muscles
4. Visualize bright orange color around you
5. Focus on center of bliss and repeat the following nine times

My fearlessness is developing

My fear is melting away

6. Repeat mentally and contemplate with deep concentration

Everyone tries to frighten one who is afraid.

Fear makes one a coward.

A coward neither attract respect nor sympathy.

I finally resolve to attain fearlessness to develop latent inner strength.

Undoubtedly, I will attain freedom from fear.

7. Conclude the meditation with Mahapran dhvani 3 times.



News - JVB Orlando

Akshay Tritiya Celebration June 20th

The auspicious event of Akshay Tritiya was celebrated under the guidance of Pragyaji and Samani Amit. The event commenced with the chanting of stavans.

Physically Samani Mudit Pragyaji sanctified the Jains from Central Florida with their presence.



Akshay Tritiya was celebrated with the presence of Samani Mudit Pragyaji. The event commenced with the chanting of Navkar Mantra and

Pragyaji and Samani Amit participated in the event by their presence. They graced this event with

Acharya Mahapragya's last lecture on dharma was played. This was followed by a play by the Gyanashala children. The play depicted different types of Kalpavriksha trees that existed during Lord



given on the day he became Kaalavriksha. The play depicted different types of Kalpavriksha trees that existed during Lord Rishabhdev's time. They provided everything one wished for. After the



play Shashi Jain from the Miami Jain Group distributed the awards to the Gyanashala children for the essay competition. The subject of

the essay was 'Crush the Crisis and be successful'. At this time announcements for the upcoming Summer Camp for children and Preksha Meditation Certificate course were done.

The adult group entertained the Samani Mudit Pragyaji then walked through the life of Late Acharya Mahapragya. He promoted nonviolence the Ahimsa Yatra movement. He foot covering more than 10,000 miles spreading the message of harmony



guests with a beautiful song. He took us through the life of Late Acharya Mahapragya from 2001 to 2009 by leading him to traverse more than 100,000 km on foot, reaching out to the masses and peace.

The event came to conclusion with a song and Spices. All the guests were given the gift of a book 'Basics of Jainism', a CD 'Jain Nuns and

Swamivatsalya sponsored by Anaj given the gift of a book 'Basics of Samaniji's' and Anuvrat book.

JVB Orlando Schedule

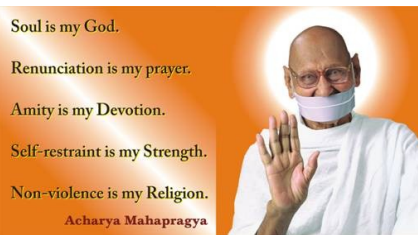
Wednesday's - Jain Study	7:30 – 8:30pm
Saturday's – Bhaktamar & Preksha Dhyan	7:30 – 8:30am
2 nd & 4 th Sunday's – Swadhyay & Kids Ganshala	3:00 – 5:00pm



News - JVB Houston

News from JVB Houston

JVB Houston organized to Acharya Mahapragya on Samani Akshay Pragya Ji and event was attended by many also included many religious leaders. People shared their compassion, unconditional Mahapragya.



Samani Akshay Pragya led attendees through a presentation of various achievements of Acharya Mahapragya. She said that Acharya Mahapragya devoted his entire life for the well-being of humanity. Acharya Mahapragya introduced the technique of

memorial services - 'A Tribute June 13th, in the presence of Samani Vinay Pragya Ji. The from the Houston area, which and local community unique experience of love, and affection in Acharya



Preksha Meditation for stress-free life. He was the living example of Non-violence, the ocean of compassion, the infinite treasure of knowledge and in spite of being a head of Jain he was the saint of the world. He has enriched the Indian and Jain literature by writing more than 300 inspiring books on various subjects. At the end, she introduced the 11th Acharya of Jain Shwetambar Terapanth - **Acharya Mahashraman**, who is a visionary, enlightened and spiritual soul. A short documentary of *Ahimsa-Yatra* (non-violence march), which was done by Acharya Mahapragya for 9 years, was also publicized. It showed the tremendous and tireless work in the field of non-violence.

As the leading light of the principles Dharma and founder of Preksha Meditation his mortal body has merged with the five elements of nature but will ever remain alive in the memory of the people due to his shining deeds.

Workshops with Alka Sankhla



A series of workshop was held at JVB by Alka Sankhla on Naturopathy, Let's Learn to Live, Healthy Family: Healthy Society and Samayik. People were thrilled by her session specially the art of laughing and her stories. She is a YOG PANDIT and has intense experience of teaching Yoga.



Children summer camp, June 21-24



Upcoming Event:

Children Summer Camp: July 19-22, Chaturmasik Pakkhi Pratikraman: July 25

Preksha Meditation camp : July 31st and Aug 01st

Bhajan Competition: Saturday August 28th (2:30 to 5:30 PM)



JVB New Jersey

A magnificent Bhajan Competition: organized by JVBNA, April 11, 2010

We had a very entertaining and spirited bhajan competition with two groups of 27 participants under the auspicious presence of Samani Sanmati Pragyaji & Shukla Pragyaji on Sunday, April 11th, 2010. Our first prize for the bhajan competition for children under 13 went to **Manu Nahata**. Viraj Kothari and Sagar Gupta were the 2nd and the 3rd runners in the competition. Out of the adults and children 13 and up **Madhumita Parmar** received the first prize and Aksay Jain and Uma Gupta were the 2nd and the 3rd runners. All participants in the bhajan competition also received prizes and certificates.



Akshay Tiritiya Celebration, May 2nd 2010

JVBNA celebrated **Askhya Tiritiya** which was an action packed couple of hours' of program consisting of a children dance, a documentary, a skit about 'Jain way of life', a group song, 'Win Your Prize – surprise', concluded with Samani Sanmati Pragyaji's *Pravachan*.



On Demise of Acharya Shri Mahapragya Samanijis went to India from May 9 – June 15



To pay tribute to the heavenly abode of Acharyashri Mahapragyaji, both the Samanijis had to leave for India on May 9, 2010. A small prayer session was held at the Center. It was a great loss for not only Jain community but also for the entire humanity.

JVB Celebrated Gyanshala Annual Day on June 20, 2010

Gyanshala children presented a diorama project based on Five Senses, Karmas and Resolution or Conflict. All the students depicted their understanding and view points by presenting their project and a one minute brief of their work. The program was so heartily received that they raised a good amount of funding through their project. All the parents were happy to see their children's presentation, learning and understanding of Jain concepts.

Samaniji blessed Ashtapad Pratishtha Mahotsav at New York Jain Temple on June 17, 2010