

Jain Engineers Society News Society Registration No. -IND/5887/2001, dtd 20.02.2002 For Social Cause

Year: 10, Edition: 9 Indore, 20 September 2011

JES THOUGHT:

"When You Are In The Light, Everything Follows You, But When You Enter Into The Dark, Even Your Own Shadow Doesn't Follow You."

Page: 4 Rs.: 12/- (Yearly)

पर्वाधिराज पर्यूषण पर्व के अवसर पर करबद्वक्षमा याचना एवं मिच्छामी दुक्कडम।

Best Wishes to all Readers and Members on 'ENGINEERS' DAY' (15.09.2011).

Aurangabad Chapter receives "Best Display Award"

Aurangabad Chapter receives "Best Display Award" from Mahavir Jayanti Janm Utsav Samiti , Jain Sakal Samaj,

JES Aurangabad had participated in the Mahavir Jayanti Rally 2011 with our JES national theme " WASTE MANAGEMENT"

We had had designed a special vehicle for the same. We had displayed Banners, Posters, One Liners to create awareness among the people on how to Reduce, Recycle and Restore Waste.

Some of the lines were very catchy like,

"Waste Management - Best Management ",

"Waste Zero be a Hero ".

" If Not You, WHO?"

Further we had displayed a Domestic Bio-gas which runs on our household waste.

We had also displayed a 200 Litre "Electra" Solar water Heater with all its information.

Also placed lot of trees in the vehicle making it "GREEN" and spreading the message to

"Conserve Resources, Stop Global Warming and Reduce Waste thereby Keeping our Earth Green"

> Anand Mishrikotkar Secretary - Jain Engineers Society Aurangabad Chapter.

जेस इन्दौर चेप्टर की तकनीकी, सेवाधाम एवं तपोभूमी यात्रा

दिनांक २५ सितम्बर २०११ को जेस इन्दौर चेप्टर द्वारा आई. टी. एल. इण्डस्टीज लिमिटेड (इन्दीर टल्स लिमिटेड), इन्दीर, उज्जैन स्थित सेवा धाम एवं तपोभूमी, आश्रम की यात्रा का कार्यक्रम बनाया गया है जिसमे उज्जैन चेप्टर के सदस्यों की सहभागिता भी रहेगी। सदस्यगण इस दिन उज्जैन मे परम पुज्य प्रज्ञा सागरजी महाराज के सानिध्य में निकलने वाले गजरथ का भी आनंद ले सर्केंगे। प्रातः ७ बजे समसशरण मंदिर से बसों द्वारा रवानगी होगी।

आई. टी. एल. इण्डस्ट्रीज लिमिटेड (इन्दौर ट्रल्स लिमिटेड) देश की अग्रणी एवं अत्याधृनिक मेटल कटिंग एवं टयूब बनाने की मशीनों के विख्यात निर्माता है। यहाँ पर अत्याधुनिक मशीनों का निर्माण किया जाता है। सेवाधाम राष्ट्रीय स्तर की संस्था है जहाँ बुजुर्ग आश्रम, निःशक्त आश्रम, गूंगे बहरे तथा अंधे लागों का आश्रम, अनाथाश्रम आदि सेवाओं का केन्द्र है। तपोभूमी तीर्थ उज्जैन के पास नवनिर्मित मंदिर है जिसके निर्माण में उज्जैन चैप्टर का विशेष योगदान रहा है।

निकेतन सेठी, उपाध्यक्ष, जेस चेप्टर - इन्दौर

भोपाल चेप्टर द्वारा रक्तदान शिविर का आयोजन

कांटो पे चलकर फुल मिलते हैं विश्वास पर चलकर प्यार मिलता है। एक बात याद रखना ए दोस्त खुशी में तो सब मिलते है,

मगर गम में JES का साथ जरूर मिलता है।

एक नई सुबह एक नई आशा एवं नई उम्मीद, एक नई सोच, एक बार फिर आसमान छूने का प्रयास, जियो और जीवन दो के सिद्धांत को कामयाब करने की चाहत और ये विचार आत्म शुद्धि के महापर्व पर्युषण पर्व के सरोवर में स्नान करने पर ही जागृत हो सकते है।

इसी से अभिभूत होकर दिनांक १८ सितम्बर २०११ को रक्तदान शिविर का आयोजन रखना निश्चित किया गया है जिसमें सम्मानीय सदस्यगण सह परिवार सादर आमंत्रित है तथा उनके इष्ट मित्रों, परिवार के सदस्य भी इस महान कार्यक्रम में रक्तदान कर, अपने आपको गौरवान्वित कर सकेंगे।

रक्तदानकर्ता को सम्मानित किया जावेंगा तथा उन्हें प्रमाण पत्र भी दिया जावेगा, साथ ही रक्तदानकर्ता को गैस राहत से संबंधित हॉस्पिटल, BMHRC द्वारा एक ब्लड डोनेशन कार्ड भी दिया जावेंगा, जिसे बताकर वे आवश्यकता होने पर उतना ब्लड प्राप्त कर सकेंगे।

जय जिनेन्द्र।

शरद सेठी(अध्यक्ष) जेस भापाल चेप्टर -

कोटा चेप्टर द्वारा

I.A.S. नवीन जैन का अभिनन्दन

कोटा। जैन इन्जीनियर्स सोसायटी कोटा चेप्टर, सकल दिगम्बर जैन समाज, महाकवि विद्यासागर छात्रावास, दादाबाडी जैन समाज, अग्रवाल समाज एवं विभिन्न संस्थाओं के संयुक्त तत्वावधान में अभिनन्दन समारोह आयोजित किया गया।

इस अवसर पर भारतीय प्रशासनिक सेवा के वरिष्ठ अधिकारी श्री नवीन जैन ने कहा कि व्यक्ति को अपना लक्ष्य निर्धारित करना चाहिये, जो निष्ठापूर्वक अपने कार्य में लग जाते है उन्हें सफलता अवश्य ही प्राप्त होती है। उन्होंने अनेक उदाहरण देकर तकनीकी शिक्षा प्राप्त कर रहे छात्रों का मार्गदर्शन करते हुये जीवन में सफलता प्राप्त करने हेतु प्रोत्साहित किया।

इस कार्यक्रम में जेस के अध्यक्ष अजय बाकलीवाल ने अभिनन्दन पत्र के साथ शाल व साफा पहनाकर श्री नवीन जैन को सम्मानित किया। सकल दिगम्बर जैन समाज के अध्यक्ष राजमल पाटोदी, महावीर कोठारी, जैन छात्रावास अध्यक्ष कैलाश चंद जैन सर्राफ, जेस सचिव प्रेमचंद कासलीवाल, उपाध्यक्ष आर.के. जैन के अतिरिक्त दादाबाडी निसयां जी के अध्यक्ष प्रकाश जैन, ऋषभ जैन, राकेश जैन, महावीर जैन, अग्रवाल समाज के जगदीश अग्रवाल आदि ने भी श्री नवीन जैन का माल्यार्पण कर स्वागत किया।

इंजी. अजय बाकलीवाल

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JES Aurangabad celebrated the Independence day.

This year, JES Aurangabab Chapter has celebrated the 15th Aug, Independence day at PU Jain high school.

Chapter President Er. Kamal Pahade was the chief guest at P U Jain High School. All the Chapter office bearers, Exe. Members were present at the Flag hosting event. Chapter is attached with this school since last three years and has taken many activities for students of the school. Chapter President has donated. Rs.11,001/- for the development activity towards computer lab and library to the school.

Er. Rajesh Patney (Ex. President, Exe. Member.), Er. Anand Mishrikotkar, Er. Rajuneesh Kataria, Er. Atul Yawalkar, Er. Chetan Thole, Er. Mukesh Thole, Er. Amit Nankharia, Er. Rupesh Thole, Er. Sunil Sethi and Members, were present at the program.



Er. Anand Mishrikotkar, Secretary JES – Aurangabad Chapter.

Jes Aurangabad Chapter celebrates Engineer's Day.

On the occasion of 150 th Birthday of Sir M. Visvesvarayya i.e. 15 th September which is being celebrated as Engineer's Day in India & 3rd Anniversary of Jain Engineers Society, Aurangabad Chapter, Chapter had organized a "Book Donation Programme" at Sumanbai Kala Girls Hostel, Arihant Nagar, Aurangabad

In continuation with the above activity Chapter has announced an educational committee.

The committee will consist of a project chairman and 9 JES members.

The primary objective of this committee will be to focus on educational needs of our society viz.

- 1. Adoption of needy students.
- Purchase/collection of books/stationery and donate to school/hostel or individuals.
- Arranging Educational Seminars/ awareness programs for the Students.
- 4. Student Counseling for better Career
- 5. School/Hostel Project.

This will create an opportunity for each and every individual to contribute for the betterment of our society in educational field.



अमृत महोत्सव इंजी. श्री नेमननाथ जैन,

जेस इन्दौर चेप्टर के संरक्षक इंजी. श्री नेमनाथ जैन, चेयरमेन प्रेस्टीज उद्योग एवं शिक्षा समूह का 'अमृत महोत्सव' दिनांक १७/०६/२०११, इन्दौर के रविन्द्र नाटय ग्रह मे अन्वंत गरिमामय वातावरण मे आयोजित हुआ।

इंजी. श्री एन. एन. जैन साहब ने समर्पण के साथ जीवन एवं समाज के प्रति अपने दायित्वों का निर्वाह कर जीवन के ८० वर्ष पूर्ण किये हैं। इस दौरान परिवार, उद्योग – शिक्षा समूह, धर्म और समाज क्षेत्र आपके व्यक्तित्व एवं कृतित्व से सदेव अभिभूत रहा है। इस अवसर पर आपको रुस की महत्वपूर्ण युनिवर्सिट द्वारा डि लिट की मानद उपाधि से अलंकृत किया गया। समस्त जेस परिवार आपके दीर्घायु होने की कामना कर नमन करता है।

Programme on Couple Counseling-JES Aurangabad

This year also the Programme on Couple counseling has been a great success at Aurangabad. As decided we had 15 couple participant for the programme . Mr & Mrs Gilbile who are expert in this field has designed the programme in such a way that it was a two way communication. The presentation style of Mr Gilbile was unique due to which all the couples were involved throughout the day. Both of them touched all the points of our life right from our children, Spouse to our parents, inlaws, and from our kitchen to Bedroom. They made various short movie displays which really has meaning in our real life. Two wonderful games were conducted to make us understand that whether we really think "out of the box" when time comes and also how we make wrong decisions and try to prove it correct without understanding others. The "Saptapadi" Presentation was marvelous. Overall in one word it was "Marvelous". All the participant were impressed and committed to be part of all the JESA programmes in future also.

From this platform we would like to thank Mr. & Mrs. Gilbile for conducting the programme in a very lovely manner. Further we would like to thank our project coordinators Er. Sushil Chudiwal who have worked very hard in making this programme a great success. This is again a new bench marking from where our organization grows further upwards on this activity. We would also like to thank Er. Rajnish Katariya and Er. Bharat Thole for their special efforts in making this programme a success. We would also like to thank all the participant couple members for joining this programme and hope that they have gained some positive thoughts from the programme.

We are very proud to have a fleet of young and dynamic Office bearers Er. Chetan Thole , Er. Rajnish Katariya , Er. Mukesh thole , Er. Sushil Chudiwal , Er. Bharat Thole , Er. Atul Yawelkar , Er. Amit Nankhariya Headed by our beloved President Er. Kamal Pahade and our Founder President Er. Rajesh patney and the total team without whom none of our programmes would have been successful.







Anand Mishrikotkar Secretary JES - Aurangabad

HOME REMEDIES, YOU MAY TRY-CURE FOR ACIDITY:



Acidity, it is said, is worse than Cancer. It is one of the most common dis-ease people encounter in their daily life. The home remedy for Acidity is Raw Grains of Rice.

The Process:

- Take 8 10 grains of raw uncooked rice
- Swallow it with water before having your breakfast or eating anything in the morning.
- 3. Do this for 21 days to see effective results and continuously for 3 months to eliminate acidity from the body.

The Cure:

Reduces acid levels in the body and makes you feel better by the day.



CURE FOR CHOLESTEROL:

Cholesterol problem accompanies with Hypertension and Heart Problems. This is also one of the common problems in people who have

High Blood Pressure and Diabetes. The home remedy for Cholesterol problem is RAW SUPARI.

The Process:

- 1. Take Raw Supari (Betel Nut that is not flavoured) and slice them or make pieces of the same.
- Chew it for about 20 40 minutes after every meal.
- 3. Spit it out.

The Cure:



When you chew the supari, the saliva takes in the juice that is generated and this acts like a Blood Thinner. Once your blood becomes free flowing, it brings down the pressure in the blood flow, thereby reducing Blood Pressure too.

CURE FOR BLOOD PRESSURE:

One of the simple home remedy cure for Blood Pressure is Methi Seeds or Fenugreek Seeds.

The Process:

- Take a pinch of Raw Fenugreek Seeds, about 8 - 10 seeds.
- 2. Swallow it with water before taking your breakfast,

The Cure:

The seeds of Fenugreek are considered good to reduce the blood pressure.

CURE FOR DIABETES:



There are 2 home remedies for Diabetes. One is Ladies Finger and the other is Black Tea.

BLACKTEA:

Due to high medication, the organ that is worst affected is the Kidney. It has

been observed that Black Tea (tea without milk, sugar or lemon) is good for the Kidney. Hence a cup of black tea every morning is highly advisable.

The Process:

- 1. Boil water along with the tea leaves (any tea leaves will
- Drink the concoction without addingmilk, sugar or lemon.

The Cure:

Black Tea will help in enhancing the function of the kidney, thereby not affecting it more.

LADIES FINGER or OKRA:



Ladies finger is considered to be a good home medicine for diabetes.

The Process:

- 1. Slit the ladies finger into 2 halves vertically and soak it in water overnight.
- The next morning, remove the ladies fingers and drink the

water, before eating your breakfast.

The Cure:

After the ladies fingers are soaked overnight in the water, you can observe that the water becomes sticky in the morning. This sticky water is considered to be good for people who suffer from Diabetes.

Look how our Indian food habits are good for our health.

- Mahendra Kumar Jain

HUSBAND & WIFE

Position of a Husband Is just like a Split AC No matter however Loud he is in the Outdoor He is designed to remain Silent indoor...

"Husband is one who is the head of the family,

but his wife is the neck, and whichever way she turns, he goes."

A man in Hell asked Devil:

Can I make a call to my Wife?

After making call he asked how much to pay.

Devil: Nothing, Hell to hell is Free.

Husband: Do you know the meaning of WIFE? It means, Without Information, Fighting Everytime! Wife: No darling, it means - With Idiot For Ever

Wife: I wish I was a newspaper,

So I'd be in your hands all day.

Husband: I too wish that you were a newspaper, So I could have a new one every day.

Doctor: Your husband needs rest and peace. Here are some sleeping Pills.

Wife: When must I give them to him?

Doctor: They are for you

Wife: I had to marry you to find out how stupid you are.. Husband: You should have known it the minute I asked you to marry me.

Wife: What will you give me if I climb the great Mount Everest?

Husband: A lovely Push ...!

and the life goes on......

Er Parag Jain, Bridgestone India.Indore

"Hi" हो जाती है,

शायद जिन्दगी बदल रही है।

जब में छोटा चा, शायद दुनिया बहुत बड़ी हुआ करती थी, मुझे याद है मेरे घर से स्कूल तक का वो रास्ता, क्या क्या नहीं था वहां, चाट के ठेले, जलेबी की दुकान, बर्फ के गोले सब कुछ, अब वहां मोबाईल शॉप, विडियो पार्लर है । फिर भी सब सूना है। शायद अब दुनियाँ सिमट रही है। जब में छोटा चा, शायद शामें बहुत लंबी हुआ करती थी। मैं हाथ मं पतंग की डोर पकड़े, घंटों उड़ाया करता था, वो लंबी साईकिल रेस. वो बचपन के खेल, वो हर शाम थक के चूर हो जाना, अब शाम नहीं होती, दिन ढलता है। और सीधे रात हो जाती है।

शायद वक्त सिमट रहा है।

जब मैं छोटा था, शायद दोस्ती

बहुत गहरी हुआ करती थी दिन भर वो हुजुम बना कर खेलना ,

वो दोस्तों के घर का खाना, वो लड़कीयों की बातें, वो साथ रोना ।।

अब भी मेरे कई दोस्त हैं. पर दोस्ती जाने कहाँ है,

जब भी "Traffic Signal" पर मिलते हैं

ओर अपने अपने दोस्त चल देते हैं. होली, दिवाली, जन्मदिन, नये साल पर बस SMS आ जाते हैं। शायद आब रिश्ते बदल रहे हैं. जब में छोटा था, तब खेल अजीब हुआ करते थे, ष्टुपम छाई, लंगड़ी टाँग, पोषम पा, कट केट, टिप्पी टीपी टाप, अब Internet, Office से फुरसत ही नहीं मिलती । शायद जिन्दगी बदल रही है, जिन्दगी का सबसे बड़ा सच यही है, जो अक्सर कब्रिस्तान के बाहर, बोर्ड पर लिखा होता है, मंजिल तो यहीं थी मेरी बस जिन्दगी गुज़र गयी मेरी यहाँ आते आते । जिन्दगी का लम्हा बहुत छोटा सा है, कल की कोई बुनियाद नहीं । ओर आने वाला कल सिर्फ सपने में ही है अब बच गये इस पल में, तमन्राओं स भरी इस जिन्दगी में. हम सिर्फ भाग रहे हैं, कुछ रफ्तार धीमी करो ।

मेरे दोस्त ओर इस जिन्दगी को जियो खूब जियो मेरे दोस्त और ओरों को भी जीने दो ।।

-इंजी. एम. बी. सुब्रमन्यम, हेदराबा

A Profound Answer

The dinner guests were sitting around the table discussing life.

One man, a CEO, decided to explain the problem with education. He argued, "What's a kid going to learn from someone who decided his best option in life was to become a teacher?

To stress his point he said to another guest; "You're a teacher, Bonnie. Be honest. What you make?"

Bonnie, who had a reputation for honesty and frankness, replied, "You want to know what I make? (She paused for a second, then began...)

"Well, I make kids work harder than they ever thought they could.

I make kids sit through 40 minutes of class time when their parents can't make them sit for 5 without an I Pod, Game Cube or movie rental.

You want to know what I make? (She paused again and looked at each and every person at the table)

I make kids wonder.

I make them question.

I make them apologize and mean it.

I make them have respect and take responsibility for their actions.

I teach them to write and then I make them write.. Keyboarding isn't everything.

I make them read, read, read.

I make them show all their work in math. They use their God given brain, not the man-made calculator.

I make my students from other countries learn everything they need to know about English while preserving their unique cultural identity.

I make my classroom a place where all my students feel safe.

Finally, I make them understand that if they use the gifts they were given, work hard, and follow their hearts, they can succeed in life. (Bonnie paused one last time and then continued.)

Then, when people try to judge me by what I make, with me knowing money isn't everything, I can hold my head up high and pay no attention because they are ignorant. You want to know what I make? I MAKE A DIFFERENCE. What do you make Mr. CEO?

His jaw dropped, he went silent.

THIS IS WORTH SENDING TO EVERY TEACHER, EVERY CEO, EVERY PERSON YOU KNOW.

Even all your personal teachers like mothers, fathers, brothers, sisters, coaches and your spiritual leaders/teachers. A truly profound answer!!!

Teaching is... the profession that makes all other professions possible!

Courtesy: SWAYAM UTTHAN

पाठकों के पत्र

श्रीमान सम्पादक जी,

जैन इंजीनियर्स सोसायटी न्यूज़ फॉर सोश्यल कॉज़,

सबसे पहले इस प्रकाशन की सूचना प्रधानता और रोचकता के लिए मेरी शुभकामना स्वीकार कीजिये। आप मुझे नियमित तौर पर यह प्रकाशन भेजते हैं, मै आभारी हूँ। २० अगस्त २०११ के अंक मे छपी कुछ सूचनाओं ने एक जिज्ञासा पैदा की है, उम्मीद करता हैं कि आप समाधान करेंगे।

श्रीमती भारती संजय जैन (भोपाल) ने 'जैन होने का गर्व महसूस कीजिए क्योंकि' में कुछ महत्वपूर्ण तथ्य दिये हैं। यदि इन सूचनाओं का स्त्रोत और प्रामाणिकता के बारे में जानकारी दे सकें तो ये सूचनाएँ मेरी तथ्यात्मक जानकारी के लिए उपयोगी होंगी।

धन्यवाद.

भवदीय, (अभय छजलानी)

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NEW CHAPTERS -

JODHPUR CHAPTER, JHANSI CHAPTER, BHILWARA CHAPTER, AJMER CHAPTER, GWALIOR CHAPTERS, AGRA CHAPTER, AHEMDNAGAR CHAPTER NASIK CHAPTER, WASIM CHAPTER, SURAT CHAPTER

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	BOOK-POST PRINTED MATTER	बाक पंजी कं आवश
	PRINTED MATTER	बाक पंजी. क्रं आयर
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If undelivered, please return to:

Jain Engineers' Society, 144, Kanchan Bagh, Indore 452001 (M.P.)

Owned & Published by Rajendra Singh Jain From 144, Kanchan Bagh, Indore (M.P.) & Printed by Nirmal Graphics Press, 340, Nayapura, Indore (M.P.) Editor - Er. Rajendra Singh Jain