Understanding

Joy

&

Sorrow

18th JVB Annual Spiritual Camp
Jan 16 – 18, 2015
“Understanding Joy & Sorrow”

The camp will be led by distinguished Samaniji’s:

Samani Parimal Pragyaji
Samani Vikas Pragyaji
Samani Shukla Pragyaji
Samani Unnat Pragyaji
The summary of the camp is:

• In his book Understanding Joy and Sorrow Acharya Mahapragyaji links the sensation of Joy and Sorrow to rays of consciousness that are flowing from within and cannot be created. The cycle of joy and sorrow is perennial. Favorable conditions stimulate joy, whereas unfavorable conditions result in sorrow. Human mind plays an important role in these emotions. The same mind that makes human beings the smartest creatures in the world also causes it sorrow. The inability of a mind to differentiate between the body and soul causes sorrow. Another way of putting it is to say that Joy and Sorrow are transitory states of mind, whereas Happiness is beyond Joy and Sorrow – in fact a state beyond the mind.

• In this camp we will understand how to achieve such a state by practicing meditation.
**Camp Schedule**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td><strong>Friday January 16th 2015</strong></td>
<td>6:00 PM – 10:00 PM</td>
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<tr>
<td>Registration/Dinner/Opening Ceremony/Pravachan</td>
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<tr>
<td><strong>Saturday January 17th 2015</strong></td>
<td>06:15 AM – 11:55 AM</td>
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<tr>
<td>Bhaktamar, Yoga/Pranayam, Breakfast/Pravachans</td>
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<tr>
<td>Lunch/Rest</td>
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<td>Afternoon Sessions</td>
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<tr>
<td>Dinner/Gaman Yoga</td>
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<td>Cultural/Spiritual Program</td>
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<tr>
<td><strong>Sunday January 18th 2015</strong></td>
<td>06:15 AM – 11:25 AM</td>
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<tr>
<td>Bhaktamar/Pranayam/Yoga/Breakfast/Pravachans</td>
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<tr>
<td>Closing Ceremony</td>
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<tr>
<td>Lunch</td>
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**Registration Fees:**

$300 for standard room and $360 for deluxe room per family.
The fees cover program participation, accommodation & meals.
(Max 4 person per room)

**Venue:**
Magnuson Grand Conference Hotel,
5651. Cypress Garden Blvd,
Winter Haven, FL 33884.
Tel: 863-324-5950, 1-800-247-2799.
JVB Center has blessings from Acharya Shree Mahashramanji. JVB Orlando Center has continuous presence of Adarniya Samanijis. This year center has guidance of Adarniya Samani Parimal Pragyaji and Samani Vikas Pragyaji.

Our Mission

• To teach Jain studies and human life science enhancement activities to all Jains here in America where most of us look for a spiritual uplift and think about Jainism for our coming generations.

• To cultivate an atmosphere that nurtures non-violence (ahimsa), restraint (saiyam) and multiple views (anekantvaad) and thereby leads to spiritual enlightenment for human kind.
**Our Activities**

- Jain studies amongst all communities guided by Samanijis.
- Organize seminars, training programs, workshops, and camp on Preksha Meditation, Yoga, nonviolence, and Anuvrat
- Swadhyay. It is a powerful means to increase knowledge. According to Jain Philosophy it is one type of penance among twelve types of Nirjara.

**Topics of Discussion**
- Karma theories, Bhakti, Meditation

**Activity Schedules**

- Swadhyay: Bimonthly (2nd and 4th Sunday) from 2:30 PM to 4:30 PM
- Gyanshala: Bimonthly (2nd and 4th Sunday) from 2:30 PM to 4:30 PM
  - Jainsim - Sutras
  - Indian Culture and Jainism in day to day life in America
- Bhaktamar and Meditation every Saturday from 7:30 am to 9:00 am
- Advance Swadhyay every Wednesday from 7:00 pm - 8:00 pm
For More Information about JVB Camp or JVB Orlando, Please Call:

Jain Vishwa Bharati : (407) 852-8694
Ashok Shah : (407) 242-7187
Vijay Lunawat : (407) 851-4525
Kishore Tolia : (407) 227-6742
Devang Chitalia : (352) 394-2625
Manoj Gandhi : (321) 947-8530

Email: jainvishwa1@gmail.com
Website: www.jainvishwabharati.org
Yes, I would like to attend the 18th Annual Spiritual Camp of Jain Vishwa Bharati USA

**Camp Registration Form**

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>M/F</th>
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Address:

- **Street Address**: ____________________________
- **City, State, Zip**: ____________________________
- **Home Phone**: _________________________________
- **Cell Phone**: _________________________________
- **Email**: _________________________________

Enclosed find the check $_________ with check #________.

Please mail/deliver form with the check to JVB Orlando, 7819 Lillwill Ave, Orlando, FL 32809

**Signature**: ____________________________  **Date**: ____________