



DATE	EVENT & VENUE	FURTHER INFORMATION
May 2010	World Peace Diet talks by Dr Will Tuttle around the USA.	See schedule of talks at: http://willtuttle.com/schedule.htm
May - June	Jain Vishwa Bharati London, UK. Oxgate Lane, Cricklewood NW2 7JN. UK Tel: 020 8452 0913 website: www.jvbl.org	Various Jain, spiritual, meditation and other practical life-enhancing workshops run by the Samanijis of Jain Vishwa Bharati London.  For a schedule of their excellent events, please email: info@jvblondon.org
1 – 10 May	Samanijis of Jain Vishva Bharati in Geneva, Switzerland.  tel: 020 8452 0913 website: www.jvbl.org	Organisers: Jain Vishwa Bharati London (www.jvbl.org)  Various Jain, spiritual, meditation and other practical life-enhancing workshops run by the Samanijis of Jain Vishwa Bharati London.  For a schedule of their excellent events, please email: info@jvblondon.org
7 – 10 May	6th Taipei International Vegetarian & Organic Food Festival Taipei World Trade Center, Taipei, Taiwan.	Organisers: Various  Full details: <a href="https://www.merit-times.com.tw/organic2010/Eng_Page1.aspx">www.merit-times.com.tw/organic2010/Eng_Page1.aspx</a> or email: <a href="https://decap.google.com">debra-999@hotmail.com</a>
14 - 16 May	Ethical eating weekend Worcestshire, UK. Registration and fees apply; see website.	Organisers: Compassion in the Kitchen (www.compassion-in-the-kitchen.org.uk)  "Hands on, planet-friendly cooking with Jane Easton; seasoned with mindfuless meditation, workshops, and study led by Barry Hill (Achintya) and Birgit Muller. Tasty, animal-free recipes to support your care for our world, whatever your current dietary persuasion!" "Event fee includes all food for cooking, tuition, meals and accomodation."  Full details: www.compassion-in-the-kitchen.org.uk
14 - 17 May	Akshaya Triteeya Celebration by Samanijis at Jain Samaj of Europe, 32 Oxford Street, Leicester. LE1 5XU. UK.	For information, contact:  www.jaincentre.com  www.jvbl.org
<b>15 May</b> (Saturday)	Veggie Pride Lyon, France Milan, Italy Prague, Czech Republic.	"The best weekend of the year to visit a new country. Vegetarians and vegans march through the centre of a city, followed by activities including information and food stands, talks, music, etc. Events the night before and day after. Watch the websites for further details."  Full details: <a href="https://www.veggiepride.fr">www.veggiepride.fr</a> - Lyon, France <a href="https://www.veggiepride.it">www.veggiepride.it</a> - Milan, Italy <a href="https://www.veggie-parade.cz">www.veggie-parade.cz</a> - Prague, Czech Republic
16 May (Sunday)	Veggie Pride Parade New York City, USA 11am onwards – see opposite	Organisers: VivaVegie Society "Sunday, line up time 11am, launch time 12 noon, start location West Village, at convergence of Little West 12th St, Gansevoort St, Greenwich St and 9th Avenue (2 blocks south of 14th St and 9th Ave). Speakers, performers, exhibitors. Prizes for creative costumes." Full details: <a href="https://www.veggieprideparade.org">www.veggieprideparade.org</a>
16 May (Sunday)	2nd Annual NOLA Veggie Fest First Unitarian Universalist Church, 2903 Jefferson Ave, New Orleans, LA. USA.  11am to 7pm  Entrance: adults, \$10 / kids under 12, \$5 / kids under 2, free	Organisers: various "The annual NOLA Veggie Fest promotes vegan and vegetarian food choices." "The health benefits of a plant-based diet are well known. The Fest educates how these diet choices benefit the environment and about the cruelty of factory farms, the source of most animal products. We offer a variety of delicious food samples and also educational materials. Our members are active throughout the year promoting the benefits of vegan and vegetarian diets." Full details: <a href="http://nolaveggiefest.com">http://nolaveggiefest.com</a>





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<b>22nd May</b> (Saturday)	Open Day at Hugletts Wood Farm Animal Sanctuary (Panjrapur) Grovelye lane, Churches Green, Dallington, East Sussex. TN21 9PA. UK	"Come and meet the many rescued farm animals who were originally destined for slaughter including recent arrivals Black Beauty and Archie, the two handicapped cows and Shadrac, Obadiah, Marcie and Cyrus (he is cute!) who have joined the sheep residents."  "Plenty of hot and cold vegan food and drinks in the shelter of the barn,
	11am to 5.30pm Entry by donation.	all freshly prepared. If wet, bring wellies if possible. There is plenty of shelter."
	Make your own way there, or take advantage of	"Beautiful Fair Trade clothing from India for sale and Hugletts merchandise + plants + organic charcoal."
	the coach transport being organised by Jain Vegans (departing from north-west London). For information, please contact Keval Shah: keval@jainvegans.org or tel: 07894719374	"Pick up from and return to Robertsbridge station can be arranged but do let us know in advance. Dogs are very welcome but please keep on a lead and not too near the animals."
	For directions or information about Hugletts Wood Farm, please contact Wenda Shehata (owner of the sanctuary):	Further details, video, photos, etc: www.facebook.com/pages/Hugletts-Wood-Farm-Animal- Sanctuary/211947600388
	wendashehata@yahoo.com tel: 01435 831028	www.youtube.com/watch?v=OjZtUzwTwx8
	tel. 01433 031020	www.veggies.org.uk/event.php?ref=916
25th May (Tuesday)	The World Peace Diet: Eating for Empowerment, Health, and Freedom	Organisers: www.GlobalTeleClass.com and Dr Will Tuttle (www.willtuttle.com)
(Tuesday)	GlobalTeleClass.com (broadcast from USA)	In Will's class, "you will learn about the interconnected secrets of authentic health: physical, social, ecological, psychological, and spiritual, and how we flourish when we understand and live by timeless, universal principles."
	Start: 8pm EDT (Eastern Daylight Time = four hours behind GMT/UTC)	"Here are some of the areas we'll be covering: - Conscious Eating and healthy living
	Cost: Free Advance registration required. Visit: www.globalteleclass.com	- Our culture's domination of the feminine and its roots in our food choices - The inherent intelligence of our physiology - The hidden history of our culture's food system and its effects on our
		health - The five levels of health, and how they are interconnected to our meals"
		Full details: http://globalteleclass.com/scripts/teleclasses.lasso?Dept=001
26th May (Wednesday)	London Vegans May meetup: Why You Don't Need Dairy?	Organisers: London Vegans (www.londonvegans.org.uk)
(wednesday)	A talk by guest speaker Juliet Gellatley from Viva!	Guest speaker from Viva! (www.viva.org.uk) "Juliet's compelling talks ask:
	Community Rooms, Millman Street (entrance next to 38a), Bloomsbury, London. WC1N 3EW. UK	"is it natural to consume milk after weaning? Indeed, is it safe to consume cow's milk at all? She looks at many health issues and new research showing why dairy is linked to cancers; how natural growth hormones in milk affect us and what are the dangers of milk protein and
	6:30pm - 9:30pm	saturated fats? She exposes the way that major studies have revealed that dairy causes heart disease, diabetes and obesity."
	Entrance: £2 (£1 concs.)	"Importantly, she also examines the calcium myth. Do we - and especially our children - need milk for calcium? If not, where should we obtain it and how do we ensure our kids have strong bones?"
	"Bringing vegan snacks to share would be appreciated. Free hot drinks and biscuits provided. Newcomers welcome."	"Finally, is Britain going to factory farm dairy cows?."
	"Hot Food can be pre-ordered from Shambhu's:  www.shambhus.co.uk/lv "	Full details:  www.londonvegans.org.uk/#events and  www.viva.org.uk/events.php
28 – 29 May	Corso ECM sull'alimentazione vegetariana	Organisers: Società Scientifica di Nutrizione Vegetariana (www.scienzavegetariana.it)
	Mantova, Italy.	Società Scientifica di Nutrizione Vegetariana organizza la quinta edizione del corso di aggiornamento con crediti ECM intitolato "Alimentazione vegetariana: aspetti generali". Il corso è dedicato a Medici (Biochimica Clinica, Scienza dell'alimentazione, Medicina di famiglia), Biologi, Chimici e Dietisti, ma è aperto anche alla partecipazione di altre figure professionali e del pubblico generale (senza assegnazione dei crediti).
		Full details: www.scienzavegetariana.it/corsi-ecm/corso_ecm_05_mantova.html





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29 - 30 May	Bristol Eco Veggie Fayre	Organisers: Off The Hoof ( <u>www.offthehoof.co.uk</u> )
,	The Amphitheatre and Waterfront Square, Harbourside, Bristol. BS1 5DB. UK.	"The Bristol Eco Veggie Fayre is a superb weekend out for the whole family and is the perfect introduction into an Eco Friendly, Veggie Friendly and Fair Trade way of life."
	Saturday: 11am to 11pm Sunday: 11am to 9pm Entrance:	"The show is packed full of stalls, products, food, information and education - as well as entertainment. All food and products available at the show are 100% plant based."
	"Advance Tickets are now on sale priced only £6 each day for adults, £3 Kids under 12 and OAP's." "Tickets will also be available on the door subject to availabilty, priced MOTD - More on the Door! (Not a lot more though)"	Full details: www.ecoveggiefayre.co.uk
5th June	Animal Aid's Annual Sponsored Walk	Organisers: Animal Aid ( <u>www.animalaid.org.uk</u> )
(Saturday)	Hampstead Heath, London, UK.  For more information, email info@animalaid.org.uk or phone 01732 364546.	"Animal Aid's 7th annual sponsored walk in Hampstead Heath. Each lap is 2.5 km long and takes you past a chain of 300-year-old ponds, across the Heath, through the woodland and up on to Parliament Hill. The view from the top is spectacular."
	or prioric 01732 304340.	More details will become available here:  www.animalaid.org.uk/h/n/ACTIVE/demo_organiser//2260//
6th June	Camden Green Fair & Bikefest 2010	Organisers: Committee of volunteers
(Sunday)	Regents Park, London, UK.  12pm to 7pm	"For nearly 20 years the Camden Green Fair has been inspiring visitors to take steps towards a greener lifestyle. Live music and performances, exhibitions and workshops, fun and food combine to attract more than 20,000 visitors annually to this award-winning environmental event.
	Entrance: Free	Held in the heart of London against the stunning backdrop of Regent's Park, Camden Green Fair 2010 will be the Green Event of the year. The Camden Green Fair & Bikefest reflects the diversity, culture and green aspirations of London – be part of it."
		Full details: www.camdengreenfair.org.uk
13th June (Sunday)	Animal Blessing Service Craigiebuckler Church Hall, Springfield Road, Aberdeen. UK Start: 3pm	"An animal blessing service will be held at Craigiebuckler Church Hall on Springfield Road in Aberdeen. It starts at 3pm. All animals with their human companions welcome."  (Above information taken from:  www.animalaid.org.uk/h/n/ACTIVE/demo_organiser//2260//)
2 3.4	<u>'</u>	Organisers: Young Jains of America
<b>2 July – 5 July</b> (Fri to Mon)	The 9th Biennial YJA Convention 2010: "Inspire. Connect. Do the Jain Thing." The Hyatt Regency in New Brunswick, New Jersey, USA.	"This July, join nearly 800 young Jains from across North America to experience the YJA 2010 National Convention. You will be inspired by guest speakers from across the world and have the opportunity to connect with other youth and make lifelong friendships."
	Advance registration required.	"Why: To provide Jain youth the opportunity to engage in spiritual, networking, and social activities. The convention offers enriching dharmic discussions and unique social events from a range of activities that involve art (talent competition) to a night of memories (formal dinner and dance). The result is a network of Jain youth to carry our tradition to the next generation."
		Full details: http://youngjainsofamerica.org/2010convention
7 – 11 July	<b>36th Vegetarian Summerfest</b> Conference Center at Pitt-Johnstown on the University of Pittsburgh campus at Johnstown, Pennsylvania, USA.	Organisers: The North American Vegetarian Society
		"Health and nutrition, lifestyle issues, cooking, recipes, exercise and fitness, animal rights, compassionate living, Earth stewardship, and even more!"
	Registration & fees apply – see website.	"Social gatherings for everyone – singles, couples and families".
	registration & rees apply see website.	"Great natural-food vegan meals".
		"Over 50 informative and inspiring speakers".
		Full details: www.vegetariansummerfest.org





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15 – 19 July	Animal Rights 2010 National	Organisers: various
	Conference	"the world's largest and oldest animal rights gathering"
	Hilton Alexandria Mark Center Hotel 5000 Seminary Rd, Alexandria, VA 22311. (Washington DC). USA. (5 miles south of the DC line along I-395)  Advance registration & fees apply:  * Full registration: Till April 30 - \$120  * Full registration: May 1 - June 30 - \$140  * Weekend Registration: Sat-Sun- \$120  * Single Day Registration: Fri-Sun - \$65  * Tour of Exhibits and one session: Friday-Sunday, 9am-6pm - FREE	* Concurrent tracks on animal abuse, organizing, tactics, ideology * Eyewitness reports on the whale wars and other key campaigns * Ninety speakers from 60 organizations * All viewpoints on animal liberation featured * Talks by other social justice leaders * Awards to celebrities and activists * Extensive learning and networking options * 90 exhibits (free to visitors) * 80 videos (including "Skin Trade" premiere) * Free shuttle to Metro and free parking Full details: www.arconference.org
1 – 22 August	FRUKTIFEST 2010: PARADISE International Fructivore/Fruitarian Festival Paimpont, Brittany, France.	"Fructivory is the practice of eating only fruits, so neither roots, tubers, stalks, leaves and nor, obviously, animal products. Fruitarianism is fructivory and the respect philosophy associated with it".
	Entrança, Fran	Full details (Fresh & English): <u>www.fruktifest.org</u>
7 0 4	Entrance: Free	Organicare, various
7 – 8 August	Veggie Fest Science of Spirituality Center,	Organisers: various "now considered the largest vegetarian food festival in all of
	4S175 Naperville Rd.	Midwestern United States."
	Naperville, Illinois, 60563. (Chicago) USA.	Details will become available here: http://veggiefestchicagoland.org
	Entrance: free	
7 – 21 August	Vegan Camp 2010	Organisers: committee of individuals
	DIGLEA Caravan Park, Snettisham, nr Hunstanton, Norfolk, UK.  Cost: Adult £5 pn / Child (6-17) £3 pn	"Vegan Camp is a friendly and enjoyable annual social gathering for singles, couples and families." "Each year we choose a new location (this year, it's Norfolk) with people coming to stay from day visits to the full two weeks. Most stay at the site itself but some stay in luxury holiday caravans on site or in nearby accommodation such as hotels, guesthouses or hostels and visit during the day." "We have many children attending each year and it is an ideal time for them to meet other vegan children and to see that they are not the odd one out. Children and adults form many friendships at the camp." Full details: <a href="https://www.vegancamp.co.uk">www.vegancamp.co.uk</a>
27 – 29 August	8th Young Jains International	Organisers: Young Jains UK ( <u>www.youngjains.org.uk</u> )
(Fri – Sun)	Convention: Voyage to Freedom: Crossing the Ocean (+ Kids convention + Little Jains) Canons High School, Shaldon Road, Edgware, HA8 6AN. UK.	"As the ship of your life fills with water, we will show you how to empty it so you can safely cross the ocean. As your spritual home fills with the dust of karma, we will show you how to close the windows and doors that invite karma in. In your journey through the sands of time, your feet attract this sand, sticking to you for ages, delaying your journey - we will show how to ensure that less sticks and it sticks for less time."
	- Registration required.	"You are invited to take time out and immerse yourself in the fun learning of Jain ideas and philosophy."
	- Early-bird discounts & group discounts From May, fees start from just £30 - Kids convention is free for under 12s	"The weekend is also a real opportunity for you to meet like-minded people."
	- Little Jains is free for under 5s	Full details: www.youngjains.org.uk/convention
30th August	Carshalton Environmental Fair	Organisers: Ecolocal ( <u>www.ecolocal.org.uk</u> )
(UK bank hol Monday) All day	Carshalton Park, Ruskin Road, London, UK. 10:30am - 8pm	"The Environmental Fair is one of the biggest events in the London Borough of Sutton. 10,000 people attend and enjoy a range of entertainment, food and stalls."
	Entrance: To be announced (Last year's prices: Under 12's – Free, Adults - £3, Under 16 and Concs. £1)	Full details: www.ecolocal.org.uk/event-detail.php?id=28





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25 September	Festival of Life	Organisers: committee of individuals
(Saturday)	Conway Hall, 25 Red Lion Square, Holborn, London WC1R 4RL. UK.	The Festival is a unique one-day event with over 50 free talks and workshops and over 60 stalls covering: Self-healing and Self-empowerment • Natural Parenting and Nature Cures • Healthy Vegan
	10.30am to 11.30pm (party from 7pm)	Organic Meals and Whole-foods • Permaculture and Environmentalism • Musical, Poetic and Artistic Expression • Simple and Non-consumerist Living • Creating Community and Networks • Celebration and
	Ticket price for full event: 10.30am-11.30pm: £10 /£8 (concs) at the door. Late ticket price - from 4pm onwards: £7 /£5 (concs) at the door. Accompanied under 16's free.	Connection  Full details: www.festivaloflife.net
	If you do not wish to stay for the whole event, you may request a £4 refund if you leave before 7pm.	
1 – 6 Oct (Jakarta) &	39th IVU World Vegetarian Congress SAVE OUR LIFE, SAVE OUR PLANET Jakarta & Bali, Indonesia.	Organisers: International Vegetarian Union (IVU) (www.ivu.org)
7 – 9 Oct (Bali)	Registration required, and fees apply.	Full details: www.wvc2010.org
30 - 31 Oct	The 15th Annual Boston Vegetarian	Organisers: The Boston Vegetarian Society
30 31 300	Food Festival Reggie Lewis Athletic Center 1350 Tremont Street, Boston, Massachusetts. USA.	"This Festival brings together an amazing array of vegetarian natural food providers, top national speakers and chefs, and educational exhibitors in a fun and welcoming environment. It is a chance to talk directly to food producers, learn the newest items in the marketplace, taste free food samples, shop at show special discounts, or simply learn
	Saturday 30 Oct: 10 AM - 6 PM and Sunday 31 Oct: 10 AM - 4 PM	what vegetarian foods are available and where you can find them!" "Whether you are a longtime vegetarian or vegan, or someone simply wanting to add more healthy and delicious foods to your meal repertoire, or if you are just curious what it's all about, you are welcome
	Entrance: Free	here!" Full details: www.bostonveg.org/foodfest
30 Oct – 2 Nov	South & West Asia Regional Vegetarian Congress E-INN "(A Vegetarian, Non-Alcoholic, Non-Smoking Luxury Business Class Hotel)", 144-C/1, Kirloskar Road, Bommasandra	Organisers: IVU-India South-West Asian ( <a href="www.ivu.org/swasia">www.ivu.org/swasia</a> ) "While vegetarianism has longstanding and deep roots here, with recent ongoing changes in ideas and lifestyle, food habits are changing for the worse. A satvik lifestyle with a satvik plant based food can provide a solid platform to combat many ills of our own making and leave a better world for our next generations."
	Industrial Estate, Hebbagodi, Bangalore – 560 099, Karnataka, India. Ph: +91-80-40 400 400 Email: sales@e-inn.in Website: www.e-inn.in	"With the aim of spreading the message of ahimsa in practical life and bringing together all likeminded people, this event is being organized in the global city of Bangalore, nerve centre of the region. The venue, Hotel E-Inn, is chosen specifically for its excellent service and for the fact that, due to its commitment to ahimsa, it serves only vegetarian food."
	Advance registration required for congress,	Full details: www.ivu.org/swasia/iswaveg.pdf
	and fees & accommodation costs apply:  Congress: 1 day, Rs.600 / 2 days, Rs.1000	Contact: Mr Shankar Narayan (IVU Council Member & President of Indian Vegan Society): indianvegansociety@rediffmail.com
	Accommodation: from Rs. 2050 pppn	
3 – 5 December	East Africa Vegetarian Congress Nairobi, Kenya.	For information, contact the IVU Regional Coordinator for Africa, Emmanuel Eyoh: <a href="mailto:nigveganimal@yahoo.com">nigveganimal@yahoo.com</a>
		Otherwise, details should become available here: www.ivu.org
5th December	Animal Aid's Christmas Fayre	Organisers: Animal Aid ( <u>www.animalaid.org.uk</u> )
(Sunday)	Kensington Town Hall, Hornton Street, London, W8. UK  To book a stall or for more information, send an email to <a href="mailto:info@animalaid.org.uk">info@animalaid.org.uk</a> or call 01732 364546.	"Come and join in the fun at Animal Aid's 18th Annual Christmas Fayre at Kensington Town Hall, Hornton Street, London, W8 on Sunday 5th December, from 10am until 5pm. Stalls from charities, campaign groups and ethical traders. Have a wonderful shopping spree safe in the knowledge that no products have been tested on animals or include any animal ingredients. Help animals, the environment, and reduce your carbon footprint, by purchasing goods which have made the least impact
		on our planet in their production."  More details will emerge at this link:  www.animalaid.org.uk/h/n/ACTIVE/demo_organiser//2260//



# EVENTS HELPING US REDUCE OUR HINSA FOOTPRINTS

DATE	EVENT & VENUE	FURTHER INFORMATION
6 – 8 December	Middle East Vegetarian Congress, taking place during "Middle East Natural & Organic Product Expo 2010" Dubai World Trade Centre, Dubai, United Arab Emirates.	For information, contact IVU International Council member, Sandya Prakash: <a href="mailto:sandhya@meveg.info">sandhya@meveg.info</a> Otherwise, details should become available here: <a href="mailto:www.ivu.org">www.ivu.org</a>
10th December	International Animal Rights Day (IARD)  Events will take place all over the world. Details will emerge on websites.	The annual International Animal Rights Day (IARD) - 10th December - aims to remember the animal victims of human tyranny and call for the recognition of our Universal Declaration of Animal Rights (UDAR). The goal of this historic campaign is to build on the recognition of human rights, and persuade humanity that kindness and respect is due to all sentient creatures.  Website: www.uncaged.co.uk/iard.htm
Weekend of 4th July 2011	JAINA Convention Houston, USA.	Organisers: Federation of Jain Associations in North America (www.jaina.org)  Details of convention will emerge on the above website.
October 2011	<b>5th Asian Vegetarian Congress</b> Hangzhou, China	Details will become available here: www.ivu.org
2011	13th International Vegan Festival Turin, Italy.	Details will become available here: www.ivu.org