



Half term is here!

Come to **JVB** to learn Yoga,
boost the brain, calm the mind
and enjoy the **HOLIDAYS!**



Under the auspicious presence of Samanijis

JVB London

invites you to a

ONE-DAY CHILDREN'S CAMP

30-31 May 2009

- For 5-10 year olds – Saturday, 1-5pm
- For 10-14 year olds – Saturday, 1pm to Sunday, 1pm

The camp will involve:

- Yoga and meditation
- A practical Jain way of life
- Mehendi, arts and crafts
- Dancing, games and cooking

VENUE: Jain Vishva Bharati, Sayer Centre, Oxgate Lane, Cricklewood, London NW2 7JN

Telephone: 020-8452 0913 | **Email:** info@jvblondon.org

There is no charge; donations are appreciated

Please register names by Sunday 24 May.