

JAIN VISHVA BHARATI LONDON

A Presentation on Acupressure and Sujok by NAMITA JAIN from India

**On 3 May 2009, Sunday
From 11:00 am to 12:00 noon**

Namita Jain is a graduate from Indore University and Sri Lanka University in DSC (AC). She practices various therapies – Acupressure, Sujok, and Yoga and also does Jain Reiki.

ACUPRESSURE is a way of accessing and releasing blocked or congested energy centres in the body.

SUJOK therapy is discovery by a Korean scientist. She will explain how Hand can describe your full body.

She will be explaining how these therapies work to get you better and strong.

Various ailments she has treated are Frozen Shoulder, Vertigo, Stiff Neck, Cervical Spondylosis, Back & Leg Pains, Lumbago, Slipped Disc, Sciatica, Spinal Problems, Arthritis, Migraine, Asthma, Digestion, eyes, Ears and Nose.

She has been practising for over four years.

Come and listen to her talk on how various ailments can be cured and take benefit of her stay in UK.

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