

Jain Calendar 2016
Monthly Themes

January
PANCH KALYANAK

February
GYAN CHAUPER
GYANBAZI

March
UTTARADHYAYAN SUTRA

April
SIDDHACHAKRA
AYAMBIL OLI

May
BHAKTAMARA STOTRA

June
LESHYA

July
JAIN KARMA

August
BAHUBALI

September
PARYUSHAN FESTIVAL

October
DIWALI

November
JAIN TEMPLES OF GIRNAR

December
ASHTAMANGALA

PLUS MUCH MORE



CONCEPT & CREATED BY
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JAI JINENDRA

“Praise to Jinas who have conquered themselves”

“May the dharma of the Jinas prevail in your heart”

“Sarve Janaha Sukhino Bhavanthu”

May all living things cherish
and live happily

“Oh God, by worshipping and
putting in practice your
principles in life, I hope to
achieve true knowledge,
true vision & true character.

For future life to come,
I pray to be born again and
again to serve and practice
your principles”.



**YEAR
2016**

KISHOR BHIMJI SHAH



Namaskāra Mahāmantra
Navkar Mantra

namo arihantānam.

namo siddhānam.

namo āyariyānam.

namo uvajjhāyānam.

namo loe savva-sāhunam.

eso panca-namukkāro,

savva-pāva-ppanāsano;

mangalānam ca savvesim,

padhamam havai mangalam.



Om Mangalam Omkaar Mangalam

Mantra Mangalam, Navkar Mangalam

Om Mangalam Omkaar Mangalam

Tirth Mangalam Shatrunjay Mangalam

Om Mangalam Omkaar Mangalam

Dharma Mangalam Jain Dharma Mangalam

Om Mangalam Omkaar Mangalam

Guru Mangalam Gautam Mangalam

Shri Shrutadevi saraswati,
Bhagawati, humka var dena
Jivan ki bansuri - mai, Devi
Shraddha swara bhar dena.
Samyag - jnan - ka dip jalakar
Manaka timir hatana,
Na bhule na bhatake mata,
Aisi raha batana.



O Shrutadevi: O, renowned one,
O Scriptural Deity, Saraswati
Bestow upon us your blessed boons.
Fill the flute of our life with the
miraculous tunes of radiant Faith.
Kindle the light of true knowledge
in our minds & dispel the dense
darkness from our minds.
O mother ! Show us the right path
of life so that at anytime, we may
not wonder blindly, aimlessly:
and so that we may not forget
or lose our way

KUNDINDU-GO-KKHIRATUSARA-VANNÄ, SAROJA-HATTHÄ KAMLE NISANNÄ;
VÄESIRI PUTTHAYA-VAGGA-HATTHÄ, SUHÄYA SÄ AMHA SAYÄ PASTTHÄ.

Fair complexion like jasmine flower, full moon, milk of cow and dew, seated on a lotus, holding lotus in one hand, and a bundle of books in the other hand, beneficent to all, you! Goddess of learning (*Saraswati Devi*) always blesses us with happiness.



Jainism



**JAINISM IS MORE THAN A RELIGION,
IT IS A PHILOSOPHY
AND A WAY OF LIFE**



KISHOR BHIMJI SHAH

Jain Dharma is the essential nature of an individual or an object. Bhagawan Mahavir has explained the meaning of Dharma clearly, thus Dharma is nothing but the real nature of an object. Just as the nature of fire is to burn and the nature of water is to produce a cooling effect, in the same manner, the essential nature of the soul is to seek self-realisation and spiritual elevation. "Dharma is the name that can be given to all the elaborate codes of conduct and ideologies that enable life to attain nobility and spiritual exaltation". Dharma can be the only means to understand and realise the true meaning of life. Dharma in its real sense is that which leads the soul on the path of felicity, peace and spiritual bliss; and impels it to be active and progressive. Jain Dharma is absolutely independent, unique and systematised among the religion of the world. It has its own philosophy; it has a code of conduct tested by time. It has a unique outlook and wisdom.

Jainism is there in the universe since innumerable years and will remain there for innumerable years, that is, it is there forever. It was, and it is, and it will be there permanently. Jainism and its principles can be put into practice by everyone during his/her lifetime. Life's every moment is precious.

~ **Be the Inspiration** ~

Walk the Talk - Live the Jain Way of Life



HOW TO BE A TRUE JAIN

When I enter the temple,
 Let me leave my ego at its doorsteps,
 Let me come to pray and not preach,
 Let me obey rather than order,
 Let me be fair and just, not fanatic,
 Let me listen to others
 rather than be listened to,
 Let me look at the reasons
 and not be rigid,
 Let me rejoice in the philosophy
 & not revel in physical practices,
 Lord Mahavir,
 help me be a true Jain
 and let me leave my ego behind.



JANUARY 2016



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PANCH KALYANAK

CHYAVANAN KALYANAK
Auspicious moment of conception

JANMA KALYANAK
Auspicious moment of birth

DIKSHA KALYANA
Auspicious moment of renunciation

KEVAL GYAANA KALYANAK
Auspicious moment of enlightenment

MOKSHA (NIRVANAN) KALYANAK
Auspicious moment of liberation

At each 'Kalyanak' attempt to do as many 'Malas' as possible to a maximum of 20

FOR CHAVAN KALYANAK

OM HRIM SHREE "*TIRTHANKARA NAME*" PARMESHTHINE NAMAH
e.g. OM HRIM SHREE *PARSVANATH* PARMESHTHINE NAMAH

FOR JANAM KALYANAK

OM HRIM SHREE "*TIRTHANKARA NAME*" ARHATE NAMAH

FOR DIKSHA KALYANAK

OM HRIM SHREE "*TIRTHANKARA NAME*" NATHAY NAMAH

FOR KEVAL GYAANA KALYANAK

OM HRIM SHREE "*TIRTHANKARA NAME*" SARVAGNAY NAMAH

FOR MOKSHA (NIRVAN) KALYANAK

OM HRIM SHREE "*TIRTHANKARA NAME*" PARANGATAY NAMAH



VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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MAGSAR - JANUARY 2016 - POSH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	MAGSAR: 1 TO 9 JANUARY POSH: 10 TO 31 JANUARY			1 Vad Satam	2 Vad Aatham	3 Vad Nom
4 Vad Dasam	5 Vad Agiyaras	6 Vad Baras	7 Vad Baras	8 Vad Chaudas	9 Vad Amas	10 Sud Ekam
11 Sud Bij	12 Sud Trij	13 Sud Choth	14 Sud Pancham	15 Sud Chhath	16 Sud Satam	17 Sud Aatham
18 Sud Nom	19 Sud Dasam	20 Sud Agiyaras	21 Sud Baras	22 Sud Chaudas	23 Sud Poonam	24 Vad Ekam
25 Vad Ekam	26 Vad Bij	27 Vad Trij	28 Vad Choth	29 Vad Pancham	30 Vad Chhath	31 Vad Satam

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 11 | 14 | 17 | 20 | 22 | 26 | 29

AVOID ROOT VEGETABLES

Date : 4 | 6 | 15 | 18 | 23 | 30

JAIN FESTIVAL

Date : 08 - Pakhi Pratikraman

Date : 22 - Pakhi Pratikraman

Date : 23 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 04 - Parshvanath Janma Kalyanak

Date : 05 - Parshvanath Diksha Kalyanak

Date : 06 - Chandraprabhu Janma Kalyanak

(Chandraprabhu Diksha Kalyanak - Vad Teras)

Date : 08 - Shitalnath Kevalgnan Kalyanak

Date : 15 - Vimalnath Kevalgnan Kalyanak

Date : 18 - Shantinath Kevalgnan Kalyanak

Date : 20 - Ajitnath Kevalgnan Kalyanak

Date : 22 - Abhinandanaswami Kevalgnan Kalyanak

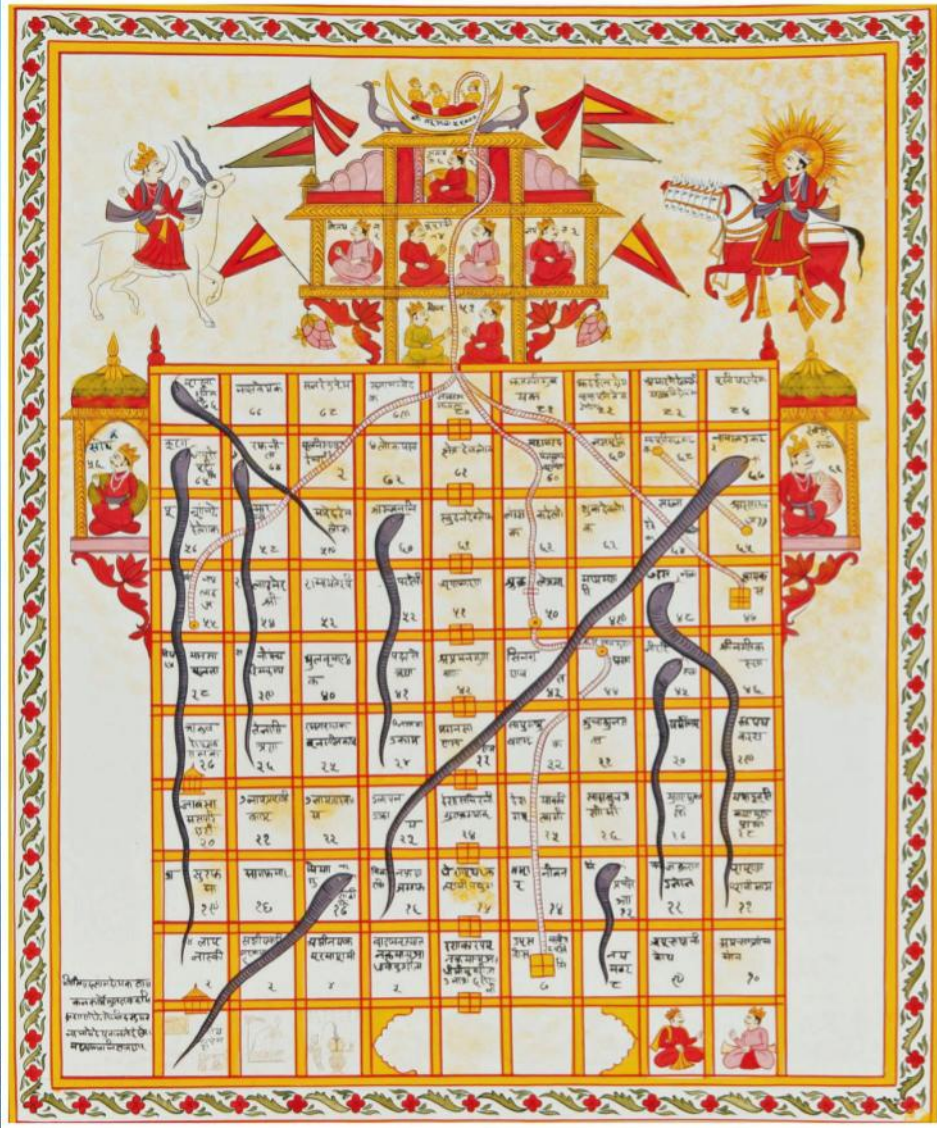
Date : 23 - Dharmnath Kevalgnan Kalyanak



Jine bhakti jine bhakti jine bhakti dine dine
sadame'stu, sadame'stu, sadame'stu bhav bhav
anyatha sharanam nasty tvameva sharanam mama
tasmat karunyabhavena raksha raksha jineshwara

May I have uninterrupted devotion every day
and always to Jineshwara in every birth that I may get.
Jineshwara, I have none else to give protection; you alone are my
refuge. So, have mercy upon me and save me - protect me -





GYAN CHAUPEER AND/OR GYANBAZI

Jain version of snakes & ladders associated with the Jain philosophy illustrating concepts like karma & moksha. The checked board is divided into eighty-four numbered squares. Each square represents a human quality. The ladders denote virtues and the snakes indicate vices, both of which determine rise or fall of a human. The pavilion at the top of the painting represents the heavens



VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

POSH - FEBRUARY 2016 - MAHA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Vad Aatham	2 Vad Nom	3 Vad Dasam	4 Vad Agiyaras	5 Vad Baras	6 Vad Teras	7 Vad Chaudas
8 Vad Amas	9 Sud Ekam	10 Sud Bij	11 Sud Trij	12 Sud Pancham	13 Sud Chhath	14 Sud Satam
15 Sud Aatham	16 Sud Nom	17 Sud Dasam	18 Sud Agiyaras	19 Sud Baras	20 Sud Teras	21 Sud Chaudas
22 Sud Poonam	23 Vad Ekam	24 Vad Bij	25 Bad Trij	26 Vad Choth	27 Vad Choth	28 Vad Pancham
29 Vad Chhath			POSH: 1 TO 8 FEBRUARY MAHA: 9 TO 29 FEBRUARY			

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 10 | 12 | 15 | 18 | 21 | 24 | 28

AVOID ROOT VEGETABLES

Date : 2 | 5 | 6 | 8 | 11 | 16 | 19 | 20 | 22 | 29

JAIN FESTIVAL

Date : 06 - Meru Teras

Date : 07 - Pakhi Pratikraman

Date : 21 - Pakhi Pratikraman

Date : 22 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 05 - Shitalnath Janma & Diksha Kalyanak

Date : 06 - Adinath Nirvan Kalyanak

Date : 08 - Shreyansanath Kevalgnan Kalyanak

Date : 10 - Abhinandanaswami Janma Kalyanak

Date : 10 - Vasupujya Kevalgnan Kalyanak

Date : 11- Dharmanath Janma Kalyanak

Date : 11 - Vimalnath Janma Kalyanak

(Vimalnath Diksha Kalyanak (sud Choth))

Date : 15 - Ajitnath Janma Kalyanak

Date : 16 - Ajitnath Diksha Kalyanak

Date : 19 - Abhinandanaswami Diksha Kalyanak

Date : 20 - Dharmanath Diksha Kalyanak

Date : 29 - Suparshvanath Kevalgnan Kalyanak

OTHER - Date 14 - Valentine's day



koi bura kahe ya achchha, lakshmi ave ya jave
 anek varshhon tak jiun, ya mrityu aj hi a jave ..
 athava koi kaisa bhi bhay, ya lalach dene ave
 to bhi nyay marg se mera, kabhi na pag digane pave.
 Let someone call me good or bad, let riches come or turn away,
 Whether I live for million years, or I face death this very day.
 Whether someone does frighten me, or even tempt me in some way;
 May my steps never falter from proven good and righteous way.
 . . . Jugalkishor Mukhtar (Jain Poet)

MARCH 2016



UTTARADHYAYAN SUTRA

“As an old, yellow leaf falls on the ground after a few days in autumn, so ends the life of a man whose days are over. O Gautam! Do not be careless (inadvertently) even for a single moment.” (10.1)

“As a drop of a dew sits on the top of a blade of grass and does not last long; similarly a man’s life does not last long.” (10.1)



KISHOR BHIMJI SHAH



VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

MAHA - MARCH 2016 - FAGAN

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Vad Satam	2 Vad Aatham	3 Vad Nom	4 Vad Dasam	5 Vad Agiyaras	6 Vad Baras
7 Vad Teras	8 Vad Chaudas	9 Vad Amas	10 Sud Bij	11 Sud Trij	12 Sud Choth	13 Sud Pancham
14 Sud Chhath	15 Sud Satam	16 Sud Aatham	17 Sud Nom	18 Sud Dasam	19 Sud Agiyaras	20 Sud Baras
21 Sud Teras	22 Sud Chaudas	23 Sud Poonam	24 Vad Ekam	25 Vad Bij	26 Vad Trij	27 Vad Choth
28 Vad Pancham	29 Vad Chhath	30 Vad Chhath	31 Vad Satam		MAHA: 1 TO 9 MARCH FAGAN: 10 TO 31 MARCH	

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 10 | 13 | 16 | 19 | 22 | 25 | 28

AVOID ROOT VEGETABLES

Date : 1 | 3 | 6 | 7 | 9 | 11 | 12 | 20 | 21 | 23 | 27

JAIN FESTIVAL

Date : 08 - Pakhi Pratikraman

Date : 21 - Siddhachal Chhagau Yatra | Pradishama

Date : 22 - Chaumasi Chaudas

Date : 23 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 01- Suparshvanath Nirvan Kalyanak

Date : 01 - Chandraprabhu Kevalgnan Kalyanak

Date : 03 - Suvidhinath Chavan Kalyanak

Date : 05 - Adinath Kevalgnan Kalyanak

Date : 06 - Shreyansanath Janma Kalyanak

Date : 06 - Munisuvrata Kevalgnan Kalyanak

Date : 07 - Shreyansanath Diksha Kalyanak

Date : 08 - Vasupujya Janma Kalyanak

Date : 09 - Vasupujya Diksha Kalyanak

Date : 10 - Aranath Chavan Kalyanak

Date : 11 - 20 Viharmans Bhagwans Diksha Kalyanak

Date : 12 - Malinath Chavan Kalyanak

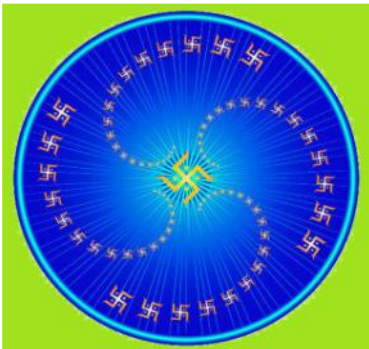
Date : 16 - Sambhavanath Chavan Kalayanak

Date : 20 - Malinath Nirvan Kalyanak

Date : 20 -Munisuvrata Diksha Kalyanak

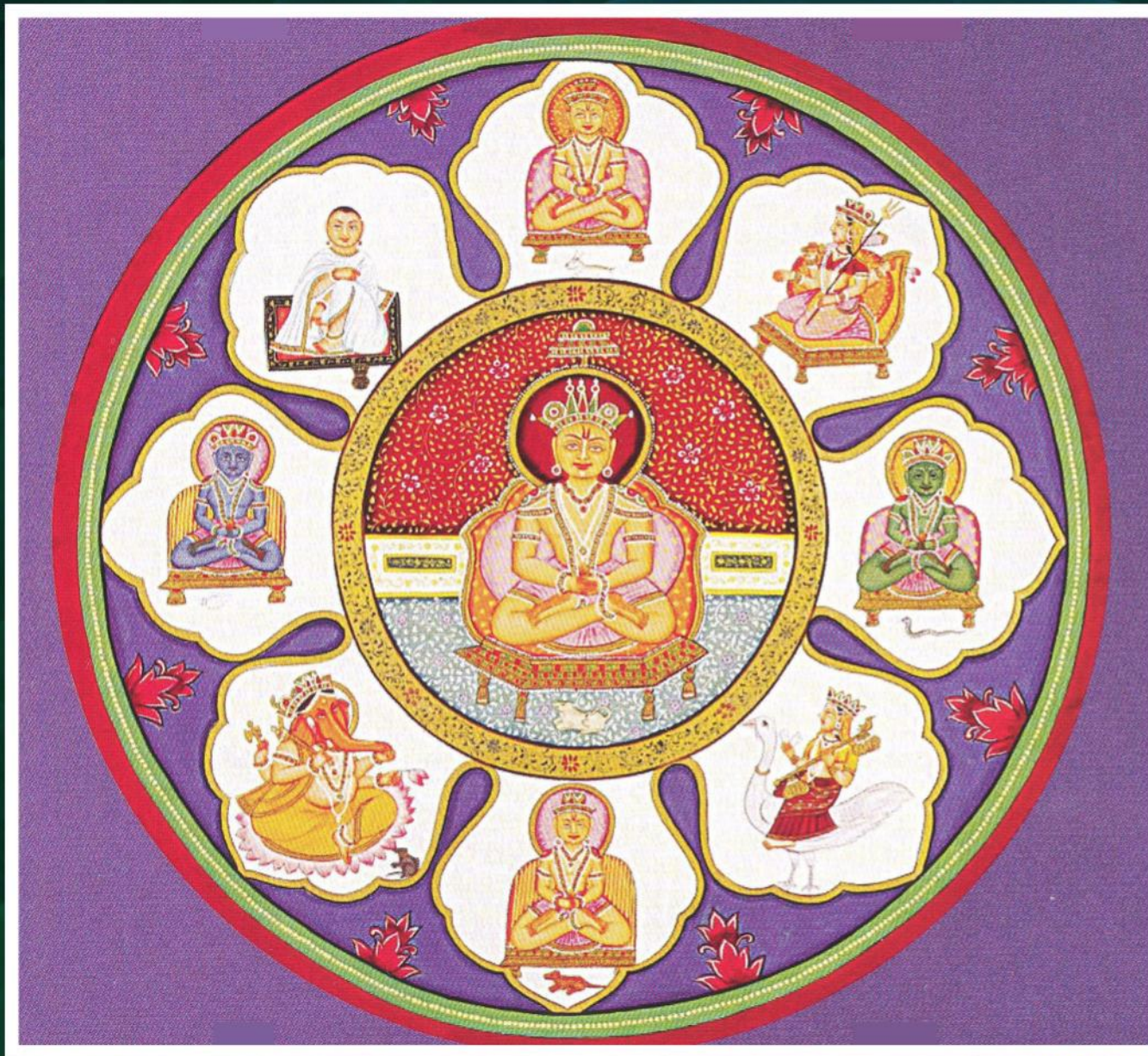
Date : 27- Parshvanath Chavan & Kevalgnan Kalyanak

Date : 28 - Chandraprabhu Chavan Kalyanak



There is no knowledge without right faith,
No conduct is possible without knowledge,
Without conduct, there is no liberation,
And without liberation, no deliverance
... Mahavir (Uttaradhyanan Sutra 27/30)

“It is easy to attain money, gold and kingdoms,
The one thing that is not easily available is True Knowledge.”



The Siddhachakra depicts the Navpads - Arihant (centre), Siddha, Acharya, Upadhyaya, Sadhu, Gnan, Darshan, Charitra and Tap. The Ayambil Oli is dedicated to the worship of these Navpads

In the 'Shreepal Raja no Ras' (The Legend of King Shreepal), Yashovijayji Maharaj Saheb says that "The Jinas have shown us countless techniques to manifest the God within us, but verily out of all those the worship of the Navpads is considered to be the highest"

Ayambil is observed to achieve victory over taste - "Life is not for eating, but food is taken to maintain the life."

The food eaten during Ayambil is like a detoxification & beneficial for one's health. It also helps reduce one's carbon & himsa footprint



VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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FAGAN - APRIL 2016 - CHAITRA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	FAGAN: 1 TO 7 APRIL CHAITRA: 8 TO 30 APRIL			1 Vad Aatham	2 Vad Nom	3 Vad Agiyaras
4 Vad Baras	5 Vad Teras	6 Vad Chaudas	7 Vad Amas	8 Sud Ekam	9 Sud Bij	10 Sud Choth
11 Sud Pancham	12 Sud Chhath	13 Sud Satam	14 Sud Aatham	15 Sud Nom	16 Sud Dasam	17 Sud Agiyaras
18 Sud Baras	19 Sud Teras	20 Sud Teras	21 Sud Chaudas	22 Sud Poonam	23 Vad Ekam	24 Vad Bij
25 Vad Trij	26 Vad Choth	27 Vad Pancham	28 Vad Chhath	29 Vad Satam	30 Vad Aatham	

AVOID GREEN & ROOT VEGETABLES

Date 1 | 3 | 6 | 9 | 11 | 14 to 22 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date : 23 | 28

JAIN FESTIVAL

Date : 01 - Varshitap Begins

Date : 06 - Pakhi Pratikraman

Date : 14 - Ayambil Oli Starts

Date : 20 - Mahavirswami Janma Kalyanak

Date : 21 - Pakhi Pratikraman

Date : 22 - Chaitra Poonam (*Bhav Siddhachal Yatra*)

Date : 22 - Ayambil Oli Finishes

Date : 23 - Ayambil Oli Parna

AUSPICIOUS DAY

Date : 01- Adinath Janma & Diksha Kalyanak

(Kunthunath Kevalgnan Kalyanak (*Sud*))

Date : 11 - Ajitnath Nirvan Kalyanak

Date : 11 - Sambhavanath Nirvan Kalyanak

Date : 11 - Anantanath Nirvan Kalyanak

Date : 15 - Sumatinath Nirvan Kalyanak

Date : 17 - Sumatinath Kevalgnan

Date : 20 - Mahavirswami Janma Kalyanak

Date : 20 - 20 Viharmans Bhagwans Kevalgnan Kalyanak

Date : 22 - Padmaprabhu Kevalgnan Kalyanak

Date : 23 - Kunthunath Nirvan Kalyanak

Date : 24 - Shitalnath Nirvan Kalyanak

Date : 27 - Kunthunath Diksha Kalyanak

Date : 28 - Shitalnath Chavan Kalyanak



“Control anger through forgiveness; Arrogance through humility,
Deception through honesty; Greed through contentment
Non-violence (Ahimsa) through Jain Way of Life”

We can remove our anger by cultivating patience and calmness.

We can reduce our egocentrism through selfless service and humility.

We can stop our habit of deceit & manipulation by trying to be honest & straightforward. We can cause our greed to subside by allowing ourselves

to feel contented and blessed. . . . Dashvaikālik Sutra

MAY 2016



BHAKTAMARA STOTRA

Bhaktamar Stotra was composed by
Acharya Shri Mantunguri in the 7th
Century AD

This stotra is specially devoted to first
Tirthankar Rushabhdev. (Adinath)
Because of the melody of its words,
deep meaning, feelings and sincerity of
experience, it has occupied a unique
place among all other "stotras"
addressed to Jineshwar Bhagwan
(venerable Jina).

BHAKTAMAR = BHAKT + AMAR
Bhakt is a true devotee
Amar is an immortal person

Many Jains recite this stotra daily.



VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

FAGAN - MAY 2016 - VAISHAKH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30 Vad Nom	31 Vad Dasam		CHAITRA: 1 TO 6 MAY VAISHAKH: 7 TO 31 MAY			1 Vad Nom
2 Vad Dasam	3 Vad Agiyaras	4 Vad Baras	5 Vad Chaudas	6 Vad Amas	7 Sud Ekam	8 Sud Bij
9 Sud Trij	10 Sud Choth	11 Sud Pancham	12 Sud Chhath	13 Sud Satam	14 Sud Aatham	15 Sud Nom
16 Sud Dasam	17 Sud Agiyaras	18 Sud Baras	19 Sud Teras	20 Sud Chaudas	21 Sud Poonam	22 Vad Ekam
23 Vad Bij	24 Vad Trij	25 Vad Trij	26 Vad Choth	27 Vad Pancham	28 Vad Chhath	29 Vad Aatham

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 5 | 8 | 11 | 14 | 17 | 20 | 23 | 27 | 29

AVOID ROOT VEGETABLES

Date : 2 | 9,10 | 13 | 15 | 16 | 18 | 19 | 21 | 28 | 30

JAIN FESTIVAL

Date : 05 - Pakhi Pratikraman

Date : 09 - Varshitap Parna

Date : 17- Jain Sansan Sthapana

Date : 20 - Pakhi Pratikraman

Date : 21 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 02 - Naminath Nirvan Kalyanak

Date : 02 - 20 Viharmans Bhagwans Janma Kalyanak

(Anantanath Janma Kalyanak (*vad Teras*))

Date : 05 - Anantanath Diksha & Kevalgnan Kalyanak

Date : 05 - Kunthunath Janma Kalyanak

Date : 10 - Abhinandan Chavan Kalyanak

Date : 13 - Dharmanath Chavan Kalyanak

Date : 14 - Abhinandan Nirvan Kalyanak

Date : 14 - Sumatinath Janma Kalyanak

Date : 15 - Sumatinath Diksha kalyanak

Date : 16 - Mahavirswami Kevalgnan Kalyanak

Date : 18 - Vimalnath Chavan Kalyanak

Date : 19 - Ajitnath Chavan Kalyanak

Date : 28 - Shreyansanath Chavan Kalyanak

Date : 29 - Munisuvrata Janma Kalyanak

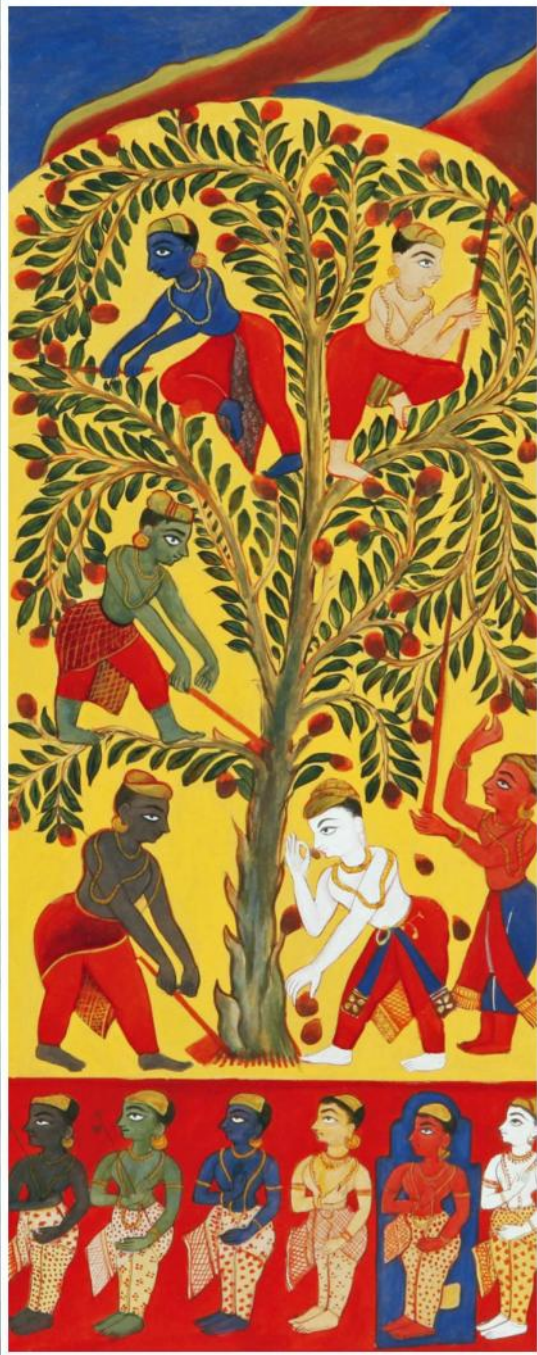
Date : 30 - Munisuvrata Nirvan Kalyanak



“Happiness of the mind is the real fruit of worship”

“I bow down to him whose all passions like attachment and aversion, which sow the seeds of birth and rebirth, have been destroyed; whether he is Brahmā, Vishnu, Shiva or Jina.” . . . Hemchandrāchārya

Equanimity towards all living beings, observance of restraint, holding wholesome mode, giving up of worrying and defiling tendencies constitute Sāmāyik. . . . Haribhadrasuri

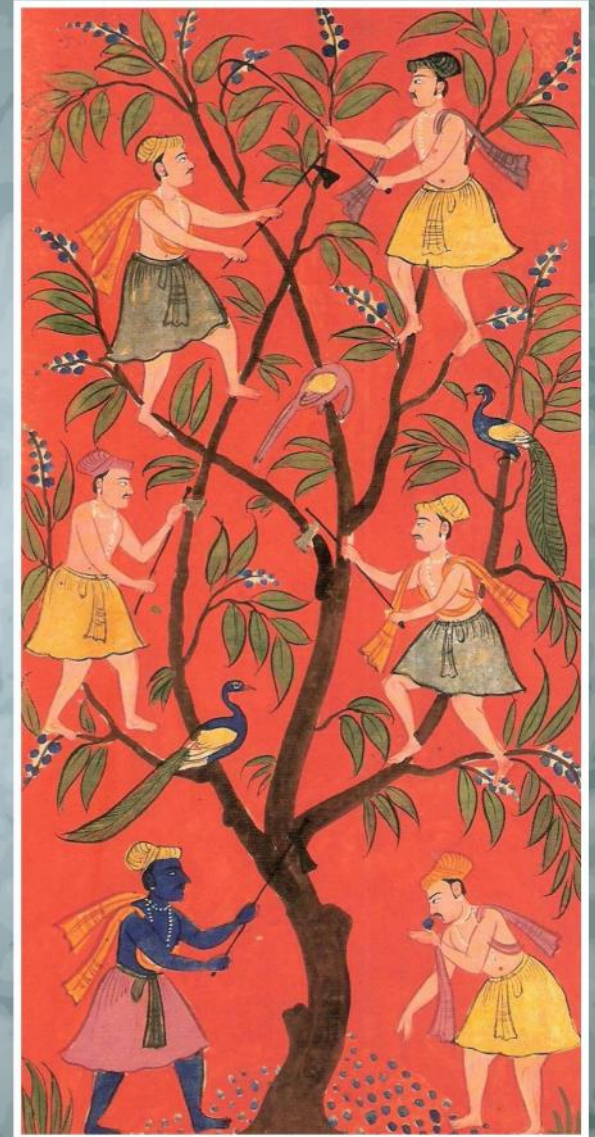


LESHYA

~ COLOURS OF THE SOUL ~

In Jainism the doctrine of Leshya refers to the state of mind as reflected in our activities.

	<p>KRISHNA LESHYA (BLACK) Cruel & anti-social – mind without any compassion or mercy</p>	<p style="color: red; font-weight: bold;">WORST</p> <p style="color: red; font-weight: bold;">BEST</p>
	<p>NEEL LESHYA (BLUE) Greedy & cunning. Proud, haughty & lazy. Selfish & self centred.</p>	
	<p>KAPOT LESHYA (BROWN) Depressed & desperate. Always remain sad & gloomy.</p>	
	<p>TEJO LESHYA (RED) Virtuous & right doers. Careful about their actions. Can discriminate between good & evil.</p>	
	<p>PADMA LESHYA (YELLOW) Kind & morally upright. Kind, benevolent. Forgive everyone, even their enemies</p>	
	<p>SHUKLA LESHYA (WHITE) Noble & evolved. Observe the principles of non violence, truth, non stealing, celibacy, non-attachment. Trustworthy - treat all soul as equal, and have no ill feelings towards anyone.</p>	





VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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VAISHAKH - JUNE 2016 - JETH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 Vad Agiyaras	2 Vad Baras	3 Vad Teras	4 Vad Chaudas	5 Vad Amas
6 Sud Bij	7 Sud Trij	8 Sud Choth	9 Sud Pancham	10 Sud Chhath	11 Sud Satam	12 Sud Aatham
13 Sud Nom	14 Sud Dasam	15 Sud Dasam	16 Sud Agiyaras	17 Sud Baras	18 Sud Teras	19 Sud Chaudas
20 Sud Poonam	21 Vad Ekam	22 Vad Bij	23 Vad Trij	24 Vad Choth	25 Vad Pancham	26 Vad Chhath
27 Vad Satam	28 Vad Aatham	29 Vad Nom	30 Vad Agiyaras	VAISHAKH: 1 TO 5 JUNE JETH: 6 TO 30 JUNE		

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 6 | 9 | 12 | 16 | 19 | 22 | 25 | 28 | 30

AVOID ROOT VEGETABLES

Date : 3 | 13 | 17 | 18 | 20 | 24 | 27 | 29

JAIN FESTIVAL

Date : 04 - Pakhi Pratikraman

Date : 19 - Pakhi Pratikraman

Date : 20 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 03 - Shantinath Janma & Nirvan Kalyanak

Date : 04 - Shantinath Diksha Kalyanak

Date : 09 - Dharmanath Nirvan Kalyanak

Date : 13 - Vasupujya Chavan Kalyanak

Date : 17 - Suparshvanath Janma Kalyanak

Date : 18 - Suparshvanath Diksha Kalyanak

Date : 24 - Adinath Chavan Kalyanak

Date : 27 - Vimalnath Nirvan Kalyanak

Date : 29 - Naminath Diksha Kalyanak

OTHER

Date : 05 - World Environment Day

Date : 15 - Father's Day

Date : 21 - Adra - Mango Tyag starts on this day



Sāmāiyam chauvisattho vandanayam, padikkamanam kāusaggo pachchkhānam.

Exercise for equanimity, adoration of 24 Tirthankars, bowing to guru, atonement, contemplation and adoption of vows constitute six essentials.

.. Samansuttam

My soul characterized by knowledge and faith is alone eternal.

All other phases of my existence to which I am attached are external occurrences that are transitory. ... Mahāvīr - Niyamasār, 99

JULY 2016

KISHOR BHIMJI SHAH



Understanding of the mechanism of Karma leads to total independence.

While the Law of Karma dictates what we are experiencing now to be the result of our own past action, the Law - by clearly defining the principle of cause and effect - also lays before us a positive future direction of our own choice and making. It unfolds abilities generally attributed only to supernatural beings. We achieve this not by fickle divine sanction or by surrendering to a guru

Through our own efforts, we recognize our own personal path with ever increasing clarity.

ONLY WE ARE RESPONSIBLE FOR OUR PAST, PRESENT, AND FUTURE

AND ONLY WE CAN ALTER IT. NO ONE ELSE CAN!

જાન કાર્મકા Briefly

The Jain Karma theory is 'the scorecard of life and your actions'

The Jain theory of Karma is probably the most elaborate.

Karma is everything BUT a negative load on our life.

Jains believe that Karma is a physical substance - a very fine invisible particle - that spreads throughout.

Karma particles are attracted to the jiva (soul) by the actions of the jiva

Law of Cause & Effect ;
Law of Action & Reaction;
What one sows, one reaps

Our intention behind our actions of mind, speech and body binds us with Karma
Our Kashay (anger, ego, greed, and deceit) bind Karma to our soul



VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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JETH - JULY 2016 - ASHADH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	JETH: 1 TO 4 JULY ASHADH: 5 TO 31 JULY			1 Vad Baras	2 Vad Teras	3 Vad Chaudas
4 Vad Amas	5 Sud Ekam	6 Sud Bij	7 Sud Trij	8 Sud Choth	9 Sud Pancham	10 Sud Chhath
11 Sud Satam	12 Sud Aatham	13 Sud Nom	14 Sud Dasam	15 Sud Agiyaras	16 Sud Baras	17 Sud Teras
18 Sud Chaudas	19 Sud Poonam	20 Vad Ekam	21 Vad Bij	22 Vad Trij	23 Vad Choth	24 Vad Pancham
25 Vad Chhath	26 Vad Satam	27 Vad Aatham	28 Vad Nom	29 Vad Dasam	30 Vad Agiyaras	31 Vad Baras

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 6 | 9 | 12 | 15 | 18 | 21 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date : 10 | 19 | 20 | 22 | 26 | 28

JAIN FESTIVAL

Date : 03 - Pakhi Pratikraman

Date : 18 - Chaumasi Chaudas

Date : 19 - Guru Purnima

AUSPICIOUS DAY

Date : 10 - Mahavirswami Chavan Kalyanak

Date : 12 - Neminath Nirvan Kalyanak

Date : 18 - Vasupujya Nirvan Kalyanak

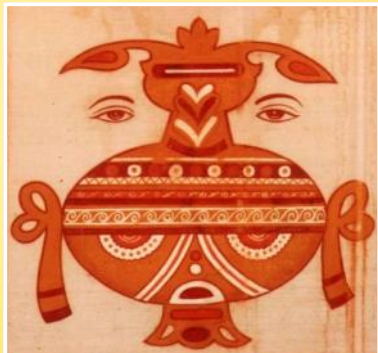
Date : 20 - 20 Viharmans Bhagwans Chavan Kalyanak

Date : 22 - Shreyansanath Nirvan Kalyanak

Date : 26 - Anantanath Chavan Kalyanak

Date : 27 - Naminath Janma Kalyanak

Date : 28 - Kunthunath Chavan Kalyanak



“Pranianti Kshanārdhen Sāmyamālambya KarmaTad,
Yannahyāt Narastivra Tapasā Janmakotibhih”

Karma, which cannot be destroyed even by observing acute austerities for millions of lifetime, can be destroyed within a moment by resorting to equanimity.
.. Hemchandrāchārya

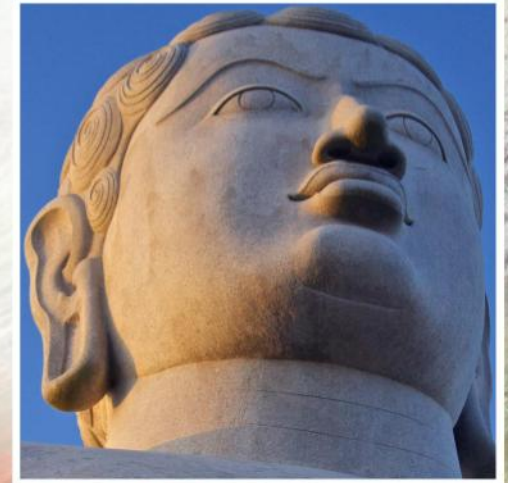
“How people treat you is their karma; how you react is yours”



CHATURMAS (Four months) starts from Ashaadh Chaturdasi - 15 July till Kartik Poonam - 14 Nov
During Chaturmas, Jain Sadhus & Sadhis in India stay in one place, to study, do sadhna, tapasya, give discourses to the Jain sangh and engage themselves in Jinvani.

Jain Sadhus & Sadhis should be in our thoughts & prayers everyday.
“ Namo Loe Savva - Sahunam”

AUGUST 2016



**You stand sky high, un-clad in mind and body,
Bahubali ! A warrior of non-violence.
You wrought your mind in sobriety;
the damsel of detachedness enamoured you:
your soul bloomed.**

KISHOR BHIMJI SHAH





VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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ASHADH - AUGUST 2016 - SHRAVAN

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Vad Chaudas	2 Vad Amas	3 Sud Ekam	4 Sud Bij	5 Sud Trij	6 Sud Choth	7 Sud Pancham
8 Sud Chhath	9 Sud Chhath	10 Sud Satam	11 Sud Aatham	12 Sud Nom	13 Sud Dasam	14 Sud Agiyaras
15 Sud Baras	16 Sud Teras	17 Sud Chaudas	18 Sud Poonam	19 Vad Ekam	20 Vad Bij	21 Vad Trij
22 Vad	23 Vad Chhath	24 Vad Satam	25 Vad Aatham	26 Vad Nom	27 Vad Dasam	28 Vad Agiyaras
29 Vad Baras	30 Vad Teras	31 Vad Chaudas		ASHADH: 1 TO 2 AUGUST SHRAVAN: 3 TO 31 AUGUST		

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 11 | 14 | 17 | 20 | 22 | 25 | 28 | 29 - 31

AVOID ROOT VEGETABLES

Date : 5 | 8 | 18 | 24

JAIN FESTIVAL

Date : 01 - Pakhi Pratikraman

Date : 17 - Pakhi Pratikraman

Date : 18 - Poonam (*Bhav Siddhachal Yatra*)

Date : 18 - Raksha Bandhan

Date : 29 to 05 Sept - Paryushan Maha Parva

Date : 31 - Pakhi Pratikraman

AUSPICIOUS DAY

Date : 04 - Sumatinath Chavan kalyanak

Date : 05 - 20 Viharmans Bhagwans Nirvan Kalyanak

Date : 07 - Neminath Janma Kalyanak

Date : 08 - Neminath Diksha Kalyanak

Date : 11 - Parshavanath Nirvan Kalyanak

Date : 18 - Munisuvrata Chavan Kalyanak

Date : 24 - Shantinath Chavan Kalyanak

Date : 24 - Chandraprabhu Nirvan Kalyanak

Date : 25 - Suparshvanath Chavan Kalyanak



PEACE - it does not mean to be in a place where there is no noise, trouble or hard work. It means to be in the midst of those things and still be calm in your heart

SOLITUDE is not the absence of people, It's the absence of dependency on them, then it matters not, whether alone or in a crowd.

MINDFULNESS is waking up & living in harmony with oneself & with the world & appreciating the fullness of each moment of life



KHAMEMI SAVVA-JIVE
SAVVA JIVA KHAMANTU ME,
MITTI ME SAVVA-BHUESU
VERAM MAJJHA NA KENAL

Introspection during the Paryushan Festival should not only be of the self but should also include a review of our actions towards animals, plants and all other forms of life forms and the environment.

The above prayer of forgiveness, which is recited often during the Paryushan Festival reminds Jains that " the universe is not for man alone. It is a field of evolution for all of life's forms. Jainism teaches that life is life, not only in people of all lands, colours, and beliefs, but is of the same sacred quality in all creatures, right down to the tiny ant and humble worm. Consciousness exists in everything which grows, regardless of the size of its form. Though different forms are not the same in mental capacity and sensory apparatus, the life force is equally worthy in all"





VIR SAMVAT 2542 JAIN CALENDAR 2016 VIKRAM SAMVAT 2072



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

SHRAVAN - SEPTEMBER 2016 - BHADARVO

Mon	Tue	Wed	Thu	Fri	Sat	Sun
SHRAVAN: 1 SEPTEMBER BHADARVO: 2 TO 30 SEPTEMBER			1 Vad Amas	2 Sud Ekam	3 Sud Bij	4 Sud Trij
5 Sud Choth	6 Sud Pancham	7 Sud Chhath	8 Sud Satam	9 Sud Aatham	10 Sid Nom	11 Sud Nom
12 Sud Dasam	13 Sud Agiyaras	14 Sud Baras	15 Sud Chaudas	16 Sud Poonam	17 Vad Ekam	18 Vad Bij
19 Vad Trij	20 Vad Choth	21 Vad Pancham	22 Vad Satam	23 Vad Aatham	24 Vad Nom	25 Vad Dasam
26 Vad Agiyaras	27 Vad Baras	28 Vad Teras	29 Vad Chaudas	30 Vad Amas		

AVOID GREEN & ROOT VEGETABLES

Date : 1 to 6 | 9 | 13 | 15 | 18 | 21 | 23 | 26 | 29

AVOID ROOT VEGETABLES

Date : 10 | 16 | 30

JAIN FESTIVAL

Date : 29 Aug to 05 - Paryushan Maha Parva

Date : 01 - Kalpa Sutra Vanchan

Date : 02 - Mahavirswami Janma Vanchan & Sapna Darshan

Date : 05 - Kshamapana, Baras Sutra Vanchan, Samvantsari Pratikraman

Date : 05 - Paryushan Maha Parva Ends

Date : 06 - Parna

Date : 09 - Ghandar Dev Vandana

Date : 15 - Pakhi Pratikraman

Date : 16 - Poonam (*Bhav Siddhachal Yatra*)

Date : 29 - Pakhi Pratikraman

AUSPICIOUS DAY

Date : 10 - Suvidhinath Nirvan Kalyanak

Date : 30 - Neminath Kevalgnan Kalyanak

OTHER

Date : 12 - Bakri Eid (*Observe Ayambil Tap*)



REASON TO DO PRATIKRAMAN (VANDITTU SUTRA 48)

Padisiddhanam karane, kichchana-makarane padikkamanam.

Asaddahane a taha, vivaria-paruvanae a

FORGIVENESS TO ALL LIVING BEINGS (VANDITTU SUTRA 49-50)

Khamemi savva-jive, save jiva khamantu me,

Mitti me savva-bhuesu, veram majjha na kenai,

Evamaham aloia, nindia-garahia - duganchhiam sammam

Tivihena padikkanto, vanami jine chauvisam



Hishor Bhimji Shah

OCTOBER 2016



KISHOR BHIMJI SHAH



The Festival of Lights - Diwali symbolises an integral facet of Indian culture which teaches us to vanquish ignorance that subdues humanity and to drive away the darkness that engulfs the light of knowledge. In this modern world, Diawli is a timely reminder for us all to uphold the true values of life.

Jains celebrate Diwali to mark the passing into Nirvana of Bhagwan Mahavir. Jains light lamps to commemorate Bhagwan Mahavir's divine knowledge that dispersed the darkness of ignorance. The state of liberation (Moksha) attained by Mahavir and the state of omniscience attained by Gautamswami on New Year's day constitute spiritual wealth according to Jainism. This the wealth,, we as Jains are supposed to worship on the occasion of Diwali.

May we all prove worthy to receive the compassion which flows from the lotus feet of all Tirthankaras



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

AASO - OCTOBER 2016 - KARTIK

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31 Sud Ekam		AASO: 1 TO 30 OCTOBER KARTIK: 31 OCTOBER			1 Sud Ekam	2 Sud Ekam
3 Sud Bij	4 Sud Trij	5 Sud Choth	6 Sud Pancham	7 Sud Chhath	8 Sud Satam	9 Sud Aatham
10 Sud Nom	11 Sud Dasam	12 Sud Agiyaras	13 Sud Baras	14 Sud Teras	15 Sud Chaudas	16 Sud Poonam
17 Vad Bij	18 Vad Trij	19 Vad Choth	20 Vad Pancham	21 Vad Choth	22 Vad Satam	23 Vad Aatham
24 Vad Nom	25 Vad Dasam	26 Vad Agiyaras	27 Vad Baras	28 Vad Teras	29 Vad Chaudas	30 Vad Amas

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 6 | 8 to 16 | 17 | 20 | 23 | 26 | 29

AVOID ROOT VEGETABLES

Date : 27 | 28 | 30 | 31

JAIN FESTIVAL

Date : 08 - Aaso Mass Ayambil Oli Starts

Date : 15 - Pakhi Pratikraman

Date : 16 - Poonam (*Bhav Siddhachal Yatra*)

& Ayambil Oli Finishes

Date : 17 - Parna

Date : 28 - Dhaneras

Date : 29 - Kali Chaudas

Date : 29 - Pakhi Pratikraman

Date : 30 - Diwali

Date : 31 - New Years Day

AUSPICIOUS DAY

Date : 16 - Naminath Chavan Kalyanak

Date : 20 - Sambhavanath Kevalgnan Kalyanak

Date : 27 - Neminath Chavan Kalyanak

Date : 27 - Padmaprabhu Janma Kalyanak

Date : 28 - Padmaprabhu Diksha Kalyanak

Date : 30 - Mahavirswami Nirvan Kalyanak

Date : 31 - GautamSwami Kevalgnan Kalyanak

OTHER

Date : 02 - Ahimsa Day

Oct - Vegetarian Awareness month



"The happiness of your life depends upon the quality of your thoughts: therefore, guard accordingly, and take care that you entertain no notions unsuitable to virtue and reasonable nature." ... Marcus Aurelius

"Kindness is the language which the deaf can hear and the blind can see."

"Blessed are those who can give without remembering and take without forgetting"



NOVEMBER 2016



JAIN TEMPLES OF GIRNAR, JUNAGADH, GUJARAT



KISHOR BHIMJI SHAH



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

KARTIK - NOVEMBER 2016 - MAGSAR

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Sud Bij	2 Sud Trij	3 Sud Choth	4 Sud Choth	5 Sud Pancham	6 Sud Chhath
7 Sud Satam	8 Sud Aatham	9 Sud Nom	10 Sud Dasam	11 Sud Agiyaras	12 Sud Teras	13 Sud Chaudas
14 Sud Poonam	15 Vad Ekam	16 Vad Bij	17 Vad Trij	18 Vad Pancham	19 Vad Chhath	20 Vad Satam
21 Vad Aatham	22 Vad Nom	23 Vad Dasam	24 Vad Dasam	25 Vad Agiyaras	26 Vad Baras	27 Vad Teras
28 Vad Chaudas	29 Vad Amas	30 Sud Ekam	KARTIK: 1 TO 29 NOVEMBER MAGSAR: 30 NOVEMBER			

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 5 | 8 | 11 | 13 | 16 | 18 | 21 | 25 | 28

AVOID ROOT VEGETABLES

Date : 2 | 14 | 19 | 23

JAIN FESTIVAL

Date : 01 - Bhai Bij

Date : 05 - Gyan Pancham

Date : 13 - Chaumasi Chaudas

Date : 14 - Kartik Poonam (*Bhav Siddhachal Yatra*)

Date : 28 - Pakhi Pratikraman

AUSPICIOUS DAY

Date : 02 - Suvidhinath Kevalgnan Kalyanak

(Aranath Kevalgnan Kalyanak (sud Baras)

Date : 18 - Suvidhinath Janma Kalyanak

Date : 19 - Suvidhinath Diksha Kalyanak

Date : 23 - Mahavirswami Diksha Kalyanak

Date : 25 - Padmaprabhu Nirvan Kalyanak

OTHER

Date : 01 - World Vegan Day

(Nov is Vegan Awareness month)

Date : 14 - World Diabetes Day

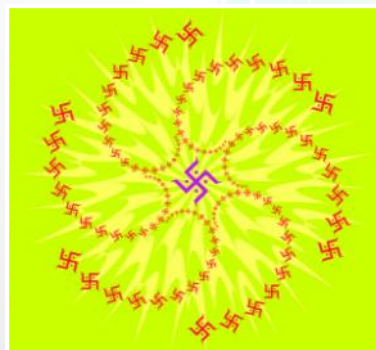


JAIN TEMPLES OF GIRNAR

According to Shvetamber scriptures, Girnar is thought to be the 5th Tunk of Mount Shatrunjay.

Bhagwan Neminath - 22nd Tirthankara - took Diksha here & also attained Keval Gnan & Moksha after great austerities at Girnar.

It is believed that 20 of the 24 Tirthankaras of the future will attain their liberation (Moksha) at Girnar.



DECEMBER 2016





AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

MAGSAR - DECEMBER 2016 - POSH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
MAGSAR: 1 TO 29 DECEMBER POSH: 30 TO 31 DECEMBER			1 Sud Bij	2 Sud Trij	3 Sud Chhath	4 Sud Pancham
5 Sud Chhath	6 Sud Satam	7 Sud Aatham	8 Sud Nom	9 Sud Dasam	10 Sud Agiyaras	11 Sud Baras
12 Sud Chaudas	13 Sud Poonam	14 Vad Ekam	15 Vad Bij	16 Vad Trij	17 Vad Choth	18 Vad Pancham
19 Vad Chhath	20 Vad Satam	21 Vad Aatham	22 Vad Nom	23 Vad Dasam	24 Vad Agiyaras	25 Vad Baras
26 Vad Teras	27 Vad Teras	28 Vad Chaudas	29 Vad Amas	30 Sud Ekam	31 Sud Bij	

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 10 | 12 | 15 | 18 | 21 | 24 | 28 | 31

AVOID ROOT VEGETABLES

Date : 9 | 13 | 23 | 25 | 26

JAIN FESTIVAL

Date : 10 - Maun Agiyaras

Date : 12 - Pakhi Pratikraman

Date : 13 - Poonam (*Bhav Siddhachal Yatra*)

Date : 28 - Pakhi Pratikraman

AUSPICIOUS DAY

Date : 09 - Aranath Janma & Nirvan Kalyanak

Date : 10 - Aranath Diksha Kalyanak

Date : 10 - Mallinath Janma, Diksha & Kevalgnan Kalyanak

Date : 10 - Naminath Kevalgnan Kalyanak

Date : 12 - Sambhavanath Janma Kalyanak

Date : 13 - Sambhavanath Diksha Kalyanak

Date : 23 - Parshavanath Janma Kalyanak

Date : 24 - Parshavanath Diksha Kalyanak

Date : 25 - Chandraprabhu Janma Kalyanak

Date : 26 - Chandraprabhu Diksha Kalyanak

Date : 28 - Shitalnath Kevalgnan Kalyanak

OTHER

Date : 05 - Volunteer Day



If you ever feel indifferent, intolerant, vindictive, angry towards someone, quietly remind yourself that:-
Just like me, this person is seeking happiness in their life.
Just like me, this person is trying to avoid suffering in their life.
Just like me, this person has known sadness, loneliness and despair.
Just like me, this person is seeking to fulfil their needs.
Just like me, this person is learning about life.
Our faith - Jainism teaches us All Souls are Equal



MAHAVIRA'S LESSONS OF WISDOM FOR DAILY REFLECTION

RESOLVE TO REFLECT AND INCORPORATE IN YOUR OWN LIFE,
BHAGWAN MAHAVIR'S LESSONS OF WISDOM



- ◆ Know yourself, that is true knowledge
- ◆ Never impose on others what you do not want imposed on you
- ◆ What goes around, comes around
- ◆ You and only you are responsible for all your actions
- ◆ Avoid thoughts, words and actions influenced by anger, fear or greed
- ◆ Be sensitive to people less privileged than you
- ◆ Kindness, empathy and respect transcend humanity. All sentient beings merit them.
- ◆ All the world's quarrels stem from intolerance of each others' views
- ◆ A rational worldview shall help you grow
- ◆ You can achieve anything in life by a combination of rational perspective, knowledge and actions
- ◆ Nothing is permanent, change is the way of life

... By Anish Shah

FOUR SUPREME GIFTS

which are difficult to earn & attain;
FIRST, is the gift of being born as a human being;

SECOND, the gift of being ignited with a longing to hear the truth and of having that longing fulfilled;

THIRD, the gift of developing faith in and love for the true teachings one hears;

FOURTH, the gift of being so filled with enthusiasm and conviction as to put the teachings into practice in one's daily life.

... *Dashvaikālik Sutra*



"Life is measured in moments, not in years.

One hundred year is a point in eternity. We are worried about how to live, but it will be over before we know.

This human birth is the best opportunity.

Really we are blessed."



ACHARYA HEMCHANDRA
1088 AD - 1173 AD

Acharya Hemchandra was one of the most eminent scholar of his era, a polyglot as well as a polymath. He is not only one of the greatest Svetambara Jain monk of Gujarat, he is one of the greatest monks & literary personalities of India. It is due to the influence of his literary works that the Jain culture still shines brightly in Gujarat today.

Hemchandracharya Jayanti on 13 November celebrates his birthday.

Quotes from:

YOGASHASTRA OF HEMCHANDRA

“All living beings are souls, with consciousness and the breath of life, like me. Just as I welcome happiness and find pain offensive, all beings enjoy happiness and dislike pain. Upon thinking about this, as it applies to all beings, I will not act in a way that would cause such undesired violence, torment, or loss of life to any living being.”

“Pride is that which makes me blind, because it robs the eye of discrimination. It is also the destroyer of the three goals of human pursuits - Dharma - discharge of duty; Artha - acquirement of wealth; Kama - gratification of desire, as well as of decent behaviour, learning and a good character.”

“The darkness of ignorance was blinding my vision. A healing paste has now been applied - the medicine of true Knowledge. Now my inner eyes are open. To the Master who helped me, who removed the layers of ignorance and enabled me to see rightly, I humbly offer my appreciation and gratitude.”

“May no one commit evil. May no one suffer. May the entire world be liberated. Such a sentiment is called friendliness.”

KISHOR BHIMJI SHAH



YOGASHASTRA OF
HEMCHANDRA

The text consists of 1009 verses divided into 12 chapters shedding light on Jain code of conduct as well as a Jain treatise on Yoga.

Hemchandra highlights ascetic practices for moral upliftment, service to one's parents, meditation, recitation of the Jinas' names & meritorious conduct. It is guide for ascetics as well the layperson on the path of liberation.

PACCHAKHAAN ...

Pacchakhaan – this is when a layperson takes a limited time bound vows renouncing certain activities for a fixed period of time. By taking these vows, one is rewarded by a well organised, self-disciplined, stress free lifestyle full of peace and tranquillity and aids in increasing one's self-control and mental stamina.

PLEASE NOTE:

When taking any pacchakhaan, say the word *pacchakhaami* and *vosiraami*. When giving the pacchakhaan to someone else say the word *pacchakhai* and *vosirai*. The acceptor of the pacchakhaan will then say the word *pacchakhaami* and *vosiraami* respectively.

When you finish the vow, sit at one place, fold your hand i.e *Muththi vaalavi* or handful , recite Navakar Mantra three times. This concludes your vow.



DHARANA MUTTHI SAHIAM ABHIGRAH

(This is a general pacchakhan to renounce certain activity (tyag) for a fixed period of time - e.g I will not eat food for the next two hours or I will remain silent for the next hour)

DHARANA MUTTHI SAHIAM, ABHIGGAHAM, PACCHAKHAAI (*PACCHAKHAMI), ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

NAVKAARSI

UGGAYE SUREY, NAMUKKAAR SAHIAM, MUTTHI SAHIAM, PACCHAKHAAI (*PACCHAKHAMI), CHAUVI HAMPI, AHAARAM, ASANAM, PAANAM, KHAAMAM, SAAMAM, ANANTHAANA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI).

AYAMBIL - NIVI - EKAASANU - BIYAASANU

UGGAYE SUREY, NAMUKKAAR SAHIAM, PORISIM, SAATH PORISIM, MUTTHISAHIM, PACCHAKHAAI (*PACCHAKHAMI), UGGAYE, SUREY, CHAUVI HAMPI, AHAARAM, ASANAM, PAANAM, KHAAMAM, SAAMAM, ANANTHANAA BHOGENAM, SAHASAA GAARENAM, PACHHANA KALENAM, DISHAA MOHENAM, SAHU VAYENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, AAYAMBILM, NIVVIGAIM, VIGAI PACCHAKHAAI (*PACCHAKHAMI), ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, LEVAA LEVENAM, GIHATTH SANSA THENAM, UKHIT VIVEGENAM, PADUCHH MAKHHIANAM, PAARITHA VANIIYAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, BIYAASANAM, EKAASANAM, PACCHAKHAAI (*PACCHAKHAMI), TIVIHAMPI, AHAARAM, ASANAM, KHAAMAM, SAAMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, SAAGARIYA GAARENAM, OUTANA PASAARENAM, GURU ABBHU THAANENAM, PAARITHAA VANIAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, PAANNASSA LEVENAVAA, ALEVENAVAA, ACHHENAVAA, BAHU LEVENAVAA, SASITTHE NAVAA, ASITTHE NAVAA, VOSIRAI (* VOSIRAMI)

EVENING PACCHAKHAAN

Chauvihar:

DIVASA CHARIAMAM, PACCHAKHAAI, CHAUVI HAMPI AHAARAM, ASANAM, KHAAMAM, SAAMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

Tivihar:

DIVASA CHARIAMAM, PACCHAKHAAI, TIVI HAMPI AHAARAM, ASANAM, KHAAMAM, SAAMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

POONAM :
SHREE SIDDHACHAL (BHAV) YATRA
FIVE CHAITYAVANDANS

FIRST CHAITYAVANDAN OF JAY TALETI

Shree Shatrunjaya siddhakshetra, dithe durgati vare, Bhav dhari ne je chadhhe, tene bhav par utare. Anata siddhano ahe thham, sakal tirthno ray, Pruva navanu Rushabhdev, jyain ththavia prabhupay.

Surajkund sohamano kavadjaksha abhiram, Nabhiraya kul mandano, Jinvar karun pranam.

STUTI

Shri Siddhachal Mandan, Rushabha jinande dayale, Marudevanandana, Vandan karu trunkala. A tirth jani, purvanavanu var, Adishwara avya, jani labha apar.

SECOND CHAITYAVANDAN OF SHREE SHANTINATH BHAGWAN

Shanti jineshwar solama, achirasut vando, vishwasenkul nabhomani, bhavijan such kando. Mruglanchhan jin aukhun, lakh varas praman, hatthinaur nayari dhani, prabhuli gun manikhan. Chalis dhanushani dehadia, samchoras santhan, vadan padma jyu chandalo, dithe param kalian.

STUTI

Shanti suhankar sahibo, sanyam avdhare, Sumitrane ghare paarnu bhavpar utaare. Vicharanta Avantitale, tap ugra vihare, gyan dhyan ektaanthi tiryanchne tare.

THIRD CHAITYAVANDAN OF RAYAN PAGLA

Eh giri upar Adidev, Prabhu pratima vando, Rayan hethe paduka, pujine anando. Eh girini mahima anant, kun kare vakhan, Chaitri punamne dine, teh, adhiko Jain, Eh tirth sevo sada, ani bhaktidhar shree shatrunjay sukhdyaiko, dan vijay jaykar.

STUTI

Shree Shatrunjay adijin avaya, purva navanu varji. Anant labh lhan jinvar jani, samosarya nirdharji. Vimalgirivar mahima moto, siddhachal lne thamji. Kankare kankare ananta shidhya, ekso ne ath Giri namji.

FOURTH CHAITYAVANDAN OF SHREE PUNDARIK SWAMI

Adishwar jinrayni, Gandhar gunvant, pragat nam pundrik jas, mahimae mahant. Panch kodi munind sath, ansan tihan kidh, shukla dhyan dhyata amal, kewal var lidh. Chaitri punamne dine e, pamyapa pad mahanand, te dинthi Pundarik Giri, nam dam shkhland.

STUTI

Pundarik Mandan pay pranmi je, Adijshwar Jinchandaji, Nem vina trevish tirthakar, Giri chadhiya anandiji. Agam Mahen Pundarik Mahima, Bhakhyo gyan dinandaji. Chaitri punam din devi chakkesari, saubhagya dyo sukhandaji.

FIFTH CHITYAVANDAN OF ADINATH BHAGWAN

Adidev alveshru, vinitani ray, Nabhiraya kul mandano, Marudeva may. Panchse dhanushni dehdi, Prabhuji param dayal, chaurashi lakh purvni, jas ayu vishal, vrushabh lanchhan Jin vrushdharue, uttam gun mani khan. Tas pad padam sevan thaki, lahie avichal than.

STUTI

Adi Jinvar Raya, jas sowan kaya, Marudevi maya, dhori lanchhan paya. Jagtshiti Nipaya, shudhcharitra paya, kewalsiri raya, moksha nagre sidhaya.





TWENTY FOUR TIRTHANKARAS BY CHANDU DESAI

LOGASSA SUTRA

Logassa ujjo-gare, dhamma-tittha-yare jine.
Arihante kittaisam, chauvisam pi kevali.

Usabha-majiam cha vande,
Sambhava-mabhinandanam cha sumaim cha.

Pauma-ppaham supāsam,
Jinam cha chanda-ppaham vande.

Suvihim cha puppha-dantam,
Siala-sijjam-sa-vāsu-pujjam cha.

Vimala-manantam cha jinam,
Dhammam santim cha vandāmi.

Kunthum aram cha mallim,
Vande muni-suvvayam nami-jinam cha.

Vandāmi rittha-nemim,
Pāsam taha vaddhamānam cha.

Evam mae abhithuā,
Vihuya-rya-malā pahina-jara-maranā.

Chau-visam pi jinavarā,
Tittha-yarā me pasiyantu.

Kittiya-vandiya-mahiyā,
je e logassa uttamā siddhā.

Ārugga-bohi-lābham,
samāhi-vara-muttamam-dintu.

Chandesu nimmala-yarā,
āichchesu ahiyam payāsa-yarā.

Sāgara-vara-gambhirā,
siddhā siddhim mama disantu.

In the whole universe, shedding great light
Are the Jinas, the founders of the Dharma
And the blazers of the Tirth
I revere these Arihants,
who are twenty four Kevalins

I revere Rishabha and Ajita, Sambhava
& Abhinandana, Sumati, Padmaprabhu
And the Jina Suparshva

I bow down to Chandraprabhu & to
Suidhi, and Pushpadanta, Shitala, Shreyans
& Vasupujya, Vimala and the Jina Ananta
I revere Dharma & Shanti.

I bow to Kunthu, Ara and Mali,
I revere Muni Survat and the Jina Nami,
Arishtanemi, Parshva and
Lord Vardhamana Mahavira

I am praising all Arihants who have been
liberated from karmas, & who have
Broken the cycle of birth & death

These are the twenty four Lords Jina.
The Tirthankaras smile upon me.
They are whole heartedly praised & revered.
They are the purest souls in the universe.
They give divine health & knowledge &
teach the path to final Liberation

They are brighter than the moons,
More brilliant than the suns,
They are deeper than the oceans
O Siddhas, show me the way to Perfection.



KISHOR BHIMJI SHAH

KARTAVYAS (ESSENTIAL DUTIES) FOR JAIN SHRAVAKS	
<i>Throughout the Year</i>	
	DATE
SANGH PUJAA	
SADHARMIK BHAKTI	
YATRA TRIK	
SNATRA PUJA	
DEV DRAVYA	
MAHAPUJA	
RATRI JAGRAN	
SHRUT (GYAN) PUJA	
UDYAAPAN	
SHASHAN PRABHAVNA	
ALOCHNA PURVA	
<i>During Paryushan</i>	
SADHARMIK VATSALYA	
AMARI PRAVARTAN	
ATTHAMA TAPA	
CHAITYA PARIPATI	
KSHAMAPANA	

Record above when you or your family have fulfilled a Kartavya

The Annual Kartavyas are as prescribed in *Sravaka Prajnaapti*.

If it is not possible to perform above duties alone, one should perform them collectively with others.

Jain Acharyas say that you have to practice the religion:-

***yatha-shakti* (as per your capacity)**

and according to the ***desh-kala* (place and time)**



KISHOR BHIMJI SHAH

THOUGHTS FOR ALL TIME

We know that life is temporary.
 We know that life is uncertain,
 We know that nothing accompanies
 Us to the other worlds
 Except our good deeds & our character.
 But somehow, most of us,
 most of the time, forget
 These simple facts of life
 and live our lives as if we
 Are going to continue here forever.

STUTIS

Dodi dodi aavyo prabhu tari pas
 Anant bhavono hun chhun taro das
 Ek aj mari puri karjo Aash,
 Dukhiyarana dukh karjo nash
 Hu Kyanthi aavyo kya jawano,
 teni kain khabar nathi,
 To pan prabhu lampat bani,
 Hu kshanik suckh chhodu nahi,
 Sudev, suguru, sudharma sthano malya pan
 sadhya nahin, Shu thase prabhu marun,
 Chalaak thai manavbhav Chukyo sahi





Jain Calendars 2012 – 2016

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("Michchami Dukkadam" for any unforeseen errors)

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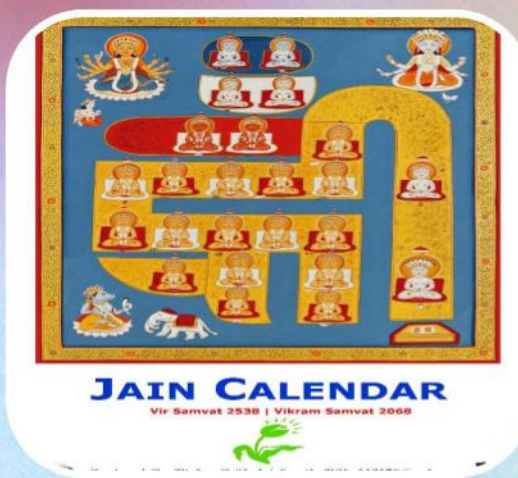
INSPIRED BY & DEDICATED TO

My late Parents & Brother

Bhimji Kumbha Shah | Monghi Bhimji Shah

Naresh Bhimji Shah

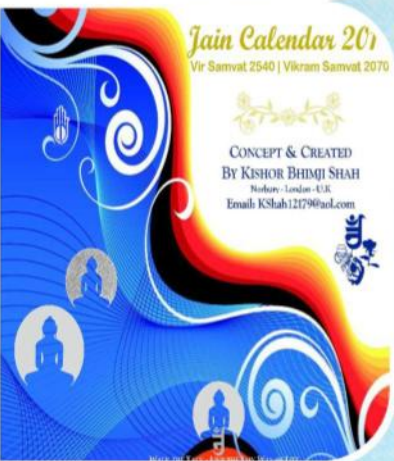
These Calendars are
NOT FOR SALE In ANY FORMAT



Calendar 2014
Monthly Themes

January	WOL HAI JAIN
February	JAIN ASH
March	ESSENCE OF JAIN Dharma
April	AYASHI OLI
May	THIRANKARAVI BHIMJI
June	JAIN ECOLOGY
July	JAIN PHILOSOPHY
August	14 Dharma
September	AMISH PAKSHI DARGA
October	DHARMI
November	JAIN COSMOLOGY
December	JAIN MEDITATION

MUCH MORE



Calendar 2015
Monthly Themes

January	SHRADDHATA
February	JAIN FLAG
March	RATNATAVA
April	THREE JEWELS of Jainism
May	JAIN PHILOSOPHY (SIX DRAVYAS)
June	NAV TUTIYA
July	KALPA SUTRA
August	LANUGIANS
September	PARYUSHAN FESTIVAL
October	JAIN DEVI
November	DHARMI
December	JAIN PILGRIMAGE

MUCH MORE



Calendar 2016
Monthly Themes

January	PANCH KALANAK
February	GYAN CHAKRER GANAKI
March	UTTARAHATYAN SUTRA
April	SUDHACHAKRA
May	BHAYTAKARA SUTRA
June	LEHITA
July	JAIN KASHI
August	BAHUSALI
September	PARYUSHAN FESTIVAL
October	DHARMI
November	JAIN TEMPLES OF GURKHA
December	ASTHANAGALA

MUCH MORE

