

# SCVP Forest Walks



“The Adipurana, [the epic poem about Rishabhdev] states that **forests are like saints** overcoming all obstacles creating better welfare for all.... **forests are a basis for survival and a symbol of happiness.**”

***Sadhvi Shilapji***

Excerpts from Speech on Jainism and Ecology at Harvard University, July 1998.

## Walk Timetable

1. Grimsdyke walk – Sunday June 19 2016 (Father’s Day) – start at 3pm and finish at 5pm.

Start at Old Redding, Harrow Weald. A lovely forest walk with hilltop views towards central London at its start point. The forest is very lush with some beautiful paths. You could be forgiven for thinking you are in the Lake District.

2. Stanmore Country Park – Sunday July 24 2016 – start at 3pm and finish at 5pm.

Start at Stanmore Station. A lovely walk through open forest with half way point on Stanmore hill from which you can observe most of central London. The forest has lots of little streams running through and some nice features.

3. Potters Bar, Firwood/Pondwood – Sunday 14 August – start at 11am and finish at 1pm.

Start at Oshwal Centre. Potters bar has some rich countryside and woods. This forest has woodpeckers!  
Walk followed by Picnic/Bhakti at Oshwal Derasar (TBC).





**Walk 1: Grimsdyke SUNDAY 19 June 2016: HA3 6SE. 2.45 for 3pm Start.**  
**SEND a text to be added to the Forest Walk WhatsApp Group to register your interest**

**Pramit – 07979 536456    Tejas – 07710 560921    Ketan – 0780 3009053**





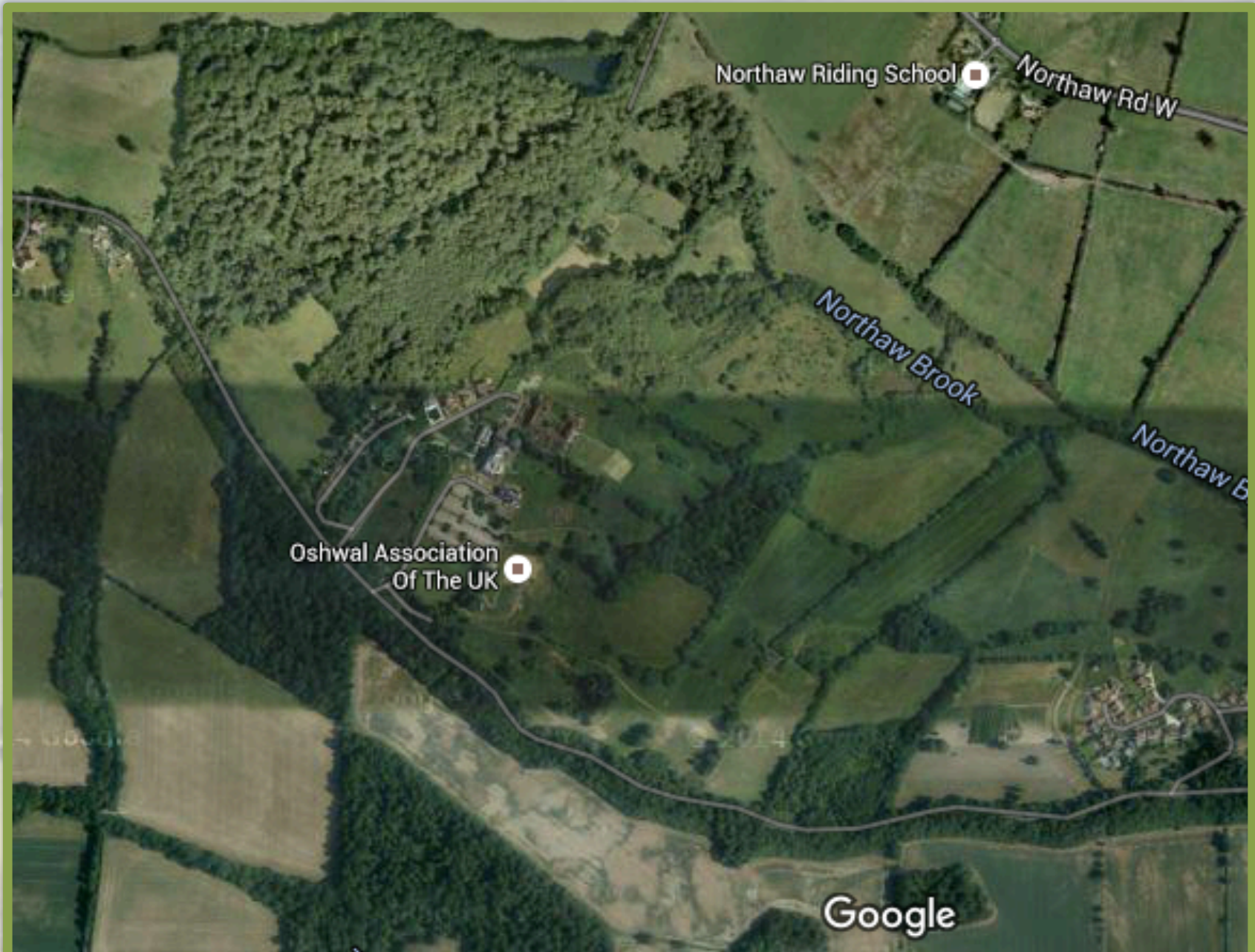
The whole event is experiential....your senses will become more aware and mind can be at rest

The walks are suitable for people of most abilities\*. **A perfect chance to bond between generations**

You only need to bring two special things - **a sturdy pair of shoes and a rain jacket**. The walks will continue regardless of weather conditions

\*(>4 years recommended and not suitable for wheelchair access or people with walking aids)





Young Jains UK  
[www.youngjains.org.uk](http://www.youngjains.org.uk)

Shri Chandana Vidyapeeth Jain School

