

YOUNG MINDS

YOUNG JAINS OF AMERICA | ESTABLISHED 1991

JAI JINENDRA!

Dear Young Minds readers: We are so excited to get started on this year's YJA adventure! If you didn't know, this is YJA's 25th anniversary. There's a lot to celebrate - 12 successful conventions, over 60 issues of the Young Minds newsletter, dozens of regional dinners, events, and retreats, and countless Jain youth connected - and we're both humbled and motivated by the challenge of making this YJA's best year yet. This organization has undoubtedly strengthened our Jain communities across the country, and we want to ensure it continues to do so for the next 25 years and beyond.

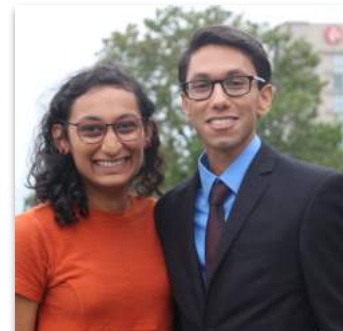
Our 2016-17 Executive Board met a few weeks ago in New Jersey for a weekend of strategizing, planning, and bonding over the excitement of working together this year. We could spend a lot of time telling you about all of the awesome things - new retreat sessions, new National Dinner locations, community service events, an updated website, and more - that our board is interested in doing, but we want you to share your ideas as well!

Every Jain youth in this country has a different experience with their faith, and is looking for different things from YJA. We want to hear your stories - head to yja.org to meet our new board and reach out to them anytime with program suggestions, questions, or just to learn more about how you can get involved.

Make sure to follow YJA on all of your favorite social media channels - [Facebook](#), [Twitter](#), [Instagram](#), and [Snapchat](#) - to keep track of upcoming events, learn fun Jain facts, and connect with other young Jains across the country. We're excited to see you - wherever you are - sometime very soon.

OCTOBER
2016
FALL ISSUE

Hetali Lodaya & Avish Jain
YJA Executive Board
Co-Chairs, 2016-17



FROM THE EDITORS:

Dear readers: As your new Director of Publications for this 2016-17 year, Jai Jinendra! I am incredibly honored to serve you and the Jain community as we continue our tradition of bringing you unique perspectives on Jainism from youth much like yourselves.

Non-violence (Ahimsa), Non-possessiveness (Aparigraha), Pluralism (Anekantvad). You've probably heard of these three themes before. When someone asks you to explain Jainism, I can bet you've said a few of the words above as well to your friends. But as someone who went to Pathshala every Sunday, it always frustrated me that I didn't know more about my beliefs. Growing up at a Jewish middle school and an Anglican Protestant high school, I had no shortage of religious material around me. As I learned about the beliefs of other faiths, I started to question my own beliefs, wanting to know more about them.

As Jains, it's sometimes difficult to know where to turn with these questions. What are the different kinds of karmas? What specifically is "god" in Jainism? How did this universe come into motion? Questions like these are just a few of the many I've had and continue to ask myself. These are questions to which we must seek answers on our own inside Jainism, and it is not easy to find answers without guidance. I've managed to find a few through my own reading of Jainism, and by asking even more questions. Perhaps, through this publication or others, you will start to find them, too.

It is my goal this year to help you not just learn the substance of Jain principles or ideas, but to try to guide you into truly understanding them, so that you can see the world around you more clearly. Writing has always been a way for me to empty my own thoughts. If this is true for you or if you have ever considered writing, please reach out to me at youngminds@yja.org. We are always looking for writers to add to Young Minds! If you want to just talk about Jain stuff, you'll find me on Facebook. We can continue the discussions we start in Young Minds there.

Micchami Dukkadam!

Salil Ojha
Director of Publications, 2016-17
youngminds@yja.org





YJA Convention Attendees with 2016 Keynote Speaker Houston Kraft.

FROM THE EDITORS:

Two years ago I walked out of my first YJA board meeting with a goals for Publications and visions for Young Minds. Reflecting on my terms, as a writer, editor, and convention committee member, my experiences as friend and leader come to the forefront of my mind. YJA has thrived in its projects and I know the 2016-2017 board will continue the tradition of inspiring with greater success.

Micchami Dukkadam to all readers, writers, board members, and contributors. You enlivened my days and I ask forgiveness for any negative thoughts of actions, intentionally or unintentionally enacted.

To the work completed and the road ahead with grace —

Gratefully,

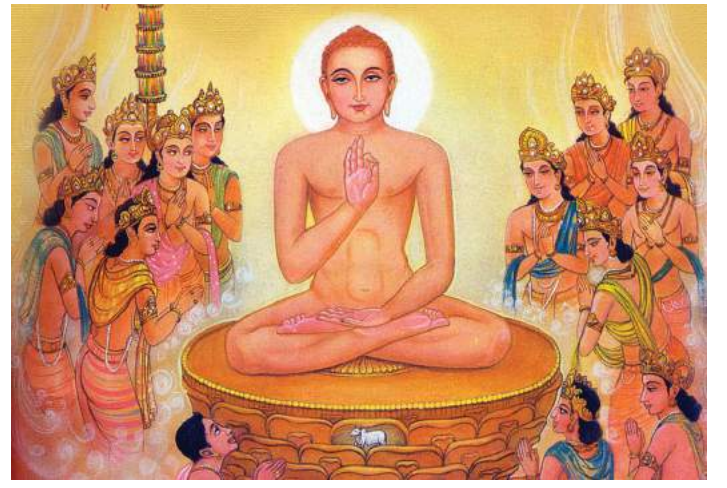
Saejal Chatter
Director of Publications, 2014-16



NAMOKAR MANTRA

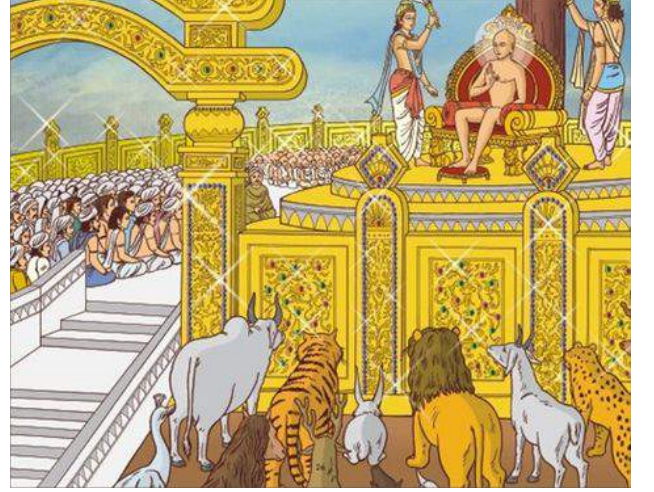
Ṇamō arihantāṇam

I bow to the arihants, destroyers of their inner enemies.



Ṇamō siddhāṇam

I bow to the siddhas, the liberated souls.



Ṇamō āyariyāṇam

I bow to the acharyas, the religious leaders.

Ṇamō uvajjhāyāṇam

I bow to the upadhyays, the religious teachers.



Ṇamō lōē savva sāhūṇam

I bow to all the sadhus and sadhvis, those who have renounced the worldly life and follow a path of simplicity.

Ēsōpañchaṇamōkkārō, savvapāvappaṇāsaṇō Maṅgalā ṇam ca savvēsim, paḍamama havaī maṅgalaṁ

This five-fold bow (mantra) destroys all sins and obstacles, and of all auspicious mantras, is



RECIPES

Fall is the season for lattes, leaves, and staying indoors to bake... right? That's what we do, anyway. Try your hand at these vegan treats and share the baked #yjalove with friends and family!

Recipes adapted from Post Punk Kitchen and Vegan Cupcakes Take Over the World

Banana Bread

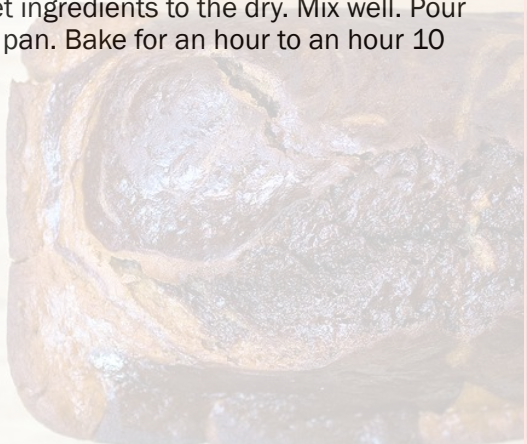
1/2 cup brown sugar
1/2 cups white sugar
1/2 cup margarine, at room temp
3 very ripe bananas, mashed well
2 cups flour
1/2 teaspoon baking soda
1/4 cup vanilla soy milk, mixed with 1 tsp apple cider vinegar
1 teaspoon vanilla
1 teaspoon cinnamon
1/4 teaspoon allspice
1/2 teaspoon salt

Preheat oven to 350 F. Spray a 8x4 bread pan with non stick cooking spray, or lightly coat with margarine.

Sift together flour, baking soda, salt and spices.

Cream together the margarine and sugars. Add bananas, soy milk and vanilla.

Add the wet ingredients to the dry. Mix well. Pour batter into pan. Bake for an hour to an hour 10 minutes.



Vegan Cookies 'n' Cream Cupcakes

1 cup soy milk
1 teaspoon apple cider vinegar
3/4 cup granulated sugar
1/3 cup canola oil
1-1/2 teaspoon vanilla extract
1 cup all-purpose flour
1/3 cup cocoa powder
3/4 teaspoon baking soda
1/2 teaspoon baking powder
1/4 teaspoon salt
10 coarsely chopped vegan chocolate sandwich cookies
6 vegan chocolate sandwich cookies halved

1. Preheat oven to 350° F. Line a muffin pan with 12 paper or foil muffin liners.

2. In a large bowl combine the soy milk and vinegar and allow it to sit for a few minutes until the milk curdles. Once curdled, add the sugar, oil and vanilla extract and beat with a hand mixer until foamy.

3. In a separate bowl whisk the flour, cocoa powder, baking soda, baking powder and salt. Add the dry ingredients slowly to the wet ingredients while mixing with a hand mixer until well combined. Fold in coarsely chopped cookies with a spatula.

4. Fill cupcake liners halfway with batter. Bake for 18-20 minutes, or until a toothpick inserted in the center comes out clean. Cool completely on a cooling rack before icing. Garnish each cupcake with a halved cookie.

TIP: Regular brand Oreos are vegan!

Vegan Cookies 'n' Cream Icing

Makes 4 cups

1/2 cup non-hydrogenated shortening
1/2 cup non-hydrogenated margarine, such as Earth Balance
3 1/2 cups powdered sugar, sifted
5 finely chopped vegan chocolate sandwich cookies
1 1/2 teaspoons vanilla extract
1/4 cup plain soy milk or soy creamer

1. Beat shortening and margarine with a hand mixer until fluffy. Slowly beat in powdered sugar. Beat in chopped sandwich cookies.

2. Add vanilla and soy milk to the icing and beat until light and fluffy.

YJA 2016-17 BOARD MEETING— NEWARK, NEW JERSEY

YJA Board Meetings follow a pretty simple formula: take 16 really dedicated, excited Jain youth; add a projector, a pile of extension cords, wifi, and lots of snacks and coffee; subtract sleep; get an Executive Board with amazing ideas they can't wait to bring to Jain communities all across the country.

**(16 Jains + Projector + Extension Cords +
WiFi + snacks/coffee) – Sleep = Executive Board**

The 2016-17 Executive Board's first meeting in Newark, NJ hit the mark on all counts. To us, the best programs and events that YJA offers always have a blend of social and educational components, and creating these requires teamwork. To that end, we used as much time as possible during our meeting for brainstorming, letting board members offer each other suggestions and ideas.

All eight Directors had time to outline plans for continuing old projects, like College Chapters or YJA Forums, and starting new ones as we look forward into YJA's next 25 years. We discussed the possibility of everything from a YJA app to online pathshala classes to Snapchat filters at retreats.

Regional Coordinators put their heads together with our Director of Events to plan out a calendar of retreats, social gatherings, and more. Based on feedback from YJA members, we are going to incorporate more community service and volunteer work into all of these this year, both in our Jain sanghs and in our wider communities. We're excited to give back!

Let's not forget food - we bonded over some fabulous falafel, Indian, and Mexican food, starting the weekend strong with vegan cupcakes and ending with a classic Taco Bell run. A solid few rounds of Mafia and Psychiatrist prepared us to work together and tackle the group challenge of making sure [these balloons didn't pop](#). After all that, we're not just an Executive Board - we're a new group of friends, and, even more so, a family.

As we start our year on board, our first priority is to turn our enthusiasm and great ideas from board meeting into initiatives that create value for you, our members. Hit us up on social media or at info@yja.org with ideas, feedback, and pictures when you see your YJA friends. We would #yjalove to hear from you!





PARTING WORDS FROM THE 2015-16 CO-CHAIRS

Jai Jinendra,

For those of you who recently observed Paryushan/Das Lakshan, we hope you were able to reflect on the past year and commit to achieving spiritual goals throughout the next year. We would also like to acknowledge our tapasvis, many of whom are very active in the YJA community. People like you have reminded us how self-control can guide us towards living nonviolently.

As the two of us also take some time to reflect, we realize how fortunate we have been to serve as your 2015-2016 Co-Chairs. Through planning events, initiating new projects, and organizing the 2016 YJA Convention, we have met several people who have pushed us to grow in many ways. To our fellow Board members, Local Representatives, YJA Board of Trustees, JAINA EC, and all other mentors, we sincerely thank you for inspiring us to keep Jainism at the forefront of our daily activities.

Moving forward, our team is very honored to pass our positions on to 16 amazing people. The 2016-2017 YJA Executive Board consists of young Jains from all parts of the country. They recently met in New Jersey to establish the steps needed to take YJA into its next quarter-century and are very eager to get to work. In this issue of Young Minds, we introduce our incoming Board and wish them the best of luck for a successful year!

On behalf of the 2015-2016 YJA Executive Board, we would like to say Micchami Dukkadam. If at any point during our term, we have said or done anything to cause you harm in any way, then we seek your forgiveness.

Sincerely,
Puja Savla and Sunny Dharod
YJA Executive Board Co-Chairs, 2015-16



NATIONAL DINNERS



Fall is full of community and seasonal events, and that includes National Dinners! We are so excited to have over 125 Local Representatives hosting dinners in 34 cities this fall! Check out your regional Facebook Group for details, and join in as we kick off events for the 2016-2017 YJA year.

NORTHEAST

northeast@yja.org

- Albany
- Boston
- Brampton
- Worcester

MID-ATLANTIC

midatlantic@yja.org

- Long Island
- New Brunswick
- Parsippany
- New York City
- Philadelphia
- Greater Philadelphia
- Pittsburgh
- Fishkill
- Washington, D.C.

SOUTH

south@yja.org

- Austin
- College Station
- Dallas
- Houston

WEST

west@yja.org

- Anaheim
- Las Vegas
- Los Angeles
- Phoenix
- San Diego
- San Francisco

SOUTHEAST

southeast@yja.org

- Atlanta
- Birmingham
- Dothan
- Gainesville
- Nashville
- Raleigh

MID-WEST

midwest@yja.org

- Ann Arbor
- Chicago
- Columbus
- Louisville
- Milwaukee
- Owensboro
- Schaumburg
- St. Louis

DISCUSSIONS ON JAINISM

YJA FORUMS

The following are excerpts from [YJA Forums](#), a new online discussion forum about Jainism. Create your own account to learn more!

[Is Diksha Selfish?](#)— by Rea Savla:

Often when we covered Indian culture in Social Studies classes in school, textbooks would briefly mention Jainism as a religion where monks and nuns renounced their worldly lives of personal relationships and material possessions to pursue a life of non-attachment and minimizing karma. One of my non-Jain friends at school once asked me "Isn't this kind of selfish? What if your parents, or sibling, child, or even a stranger really needs you? How can you justify abandoning them?" I tried to explain that in the long run, these kinds of attachments only breed more suffering and karma not only for one's soul but also for the world, but I couldn't help but think her point held some merit. How can one justify intense short-term pain for others in pursuit of long-term liberation for one's own soul?

[What's worse: Eggs or Milk?](#) — by Poojan Mehta:

Often, in America, we find ourselves as Jains making sure to not eat eggs. I understand that we do not want to because eggs have the possibility of life, etc. However, I often make the argument to myself that though an egg is an opportunity for life, there are many things that we as Jains overlook. One main factor that we overlook is the harm in the production of milk in the United States. Many people do not know the pain and suffering that female cows are put through to produce much more milk than they are biologically supposed to. Is it worse to eat eggs (which do have the opportunity for life), or drink milk (where we are inhumanely and harmfully stealing the milk that is supposed to be from a child's mother for the child)?

[Amari Pravartan](#)— by Chintav Shah:

One of the five essentials of Paryushan is Amari Pravartan, which means "leading a nonviolent life and supporting a nonviolent world." We always relate Jainism to Ahimsa, but do we truly follow it all the time?

The great Acharya Umasvati once said "pramatta yogat vyaparopanam himsa", meaning "deprivation of life due to non-vigilance or carelessness is also violence." Jainism says we should exhibit care in all aspects of our lives, from walking and talking to how we use items (known as Samitis). That's why we avoid walking on grass and cover our mouths while speaking during Samayik or Pratikraman.

Can you think of other creative ways to practice Ahimsa to a more fuller extent?

Photo: [Jain Center of Greater Boston](#)



YJA CELEBRATES Diwali

By Anjali Doshi, Director of Education 2016-17:

Saal Mubarak and Happy Diwali! Diwali is arguably India's largest holiday, and now even non-Indians have been heard to say "Happy Diwali." Many people have heard of the Hindu story behind Diwali. Yet, how many of us know the origin of Diwali in Jainism? It all started with our 24th Tirthankar, Mahavir Swami, as he gave his last sermon on the last day of the lunar month Ashwin (Aso) in 527 BC...

Picture the scene: You arrive at the samovasaran, a round lecture hall filled to the brim with Sadhus/Sadhvis, householders, heavenly beings, even animals. Eighteen kings of northern India are sitting in the audience as well! Shri Mahavir Swami sits on a divine throne in the middle, speaking in a musical voice heard and understood by all in attendance. Heavenly beings wave diamond-studded fans (chāmar) around him, and celestial music can be heard. For twenty-four hours straight, from day into night, he holds his audience spellbound, explaining topics such as non-violence, penance, and self-discipline with interesting examples and stories. He finishes speaking at midnight, and then, his soul leaves the earthly body and he attains Moksha (liberation).

With the light of this knowledge suddenly gone from the world, the people became greatly saddened; it felt as if the world had suddenly become dark. Therefore, they lit lamps to symbolize keeping the light of Bhagwan Mahavir's knowledge alight in the world and in their souls. In Sanskrit, "Deep" means "light" and "Avali" means a row, leading to the word Diwali, the day on which we light a row of lamps. Diwali is ultimately a day of celebration of Jain knowledge. The celebration reminds us to light up the inner lamp of our souls by following right faith, right knowledge, and right conduct. We hope that you had a happy Diwali and that your upcoming year is filled with peacefulness and Jain dharma!

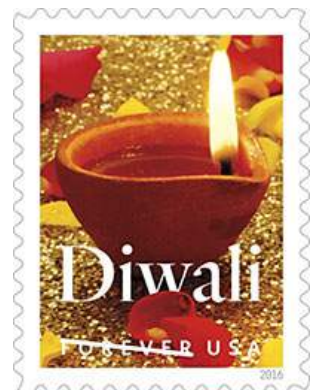
Ways Jains Celebrate Diwali:

1. Saraswati Devi (goddess of knowledge) puja
2. Chopda or Shastra Puja (worshipping of books/scriptures)
3. Going to Derasar for Puja & lecture
4. Rangoli (designs of colored powder or rice)
5. Lighting lamps (diyas) and candles
6. Inviting family over and eating good food and sweets (mithai)

5 Days of Diwali:

1. Dhanteras (Puja for Lakshmi, Goddess of Wealth), 2. Kali Chaudas (Observe Jain diet; chant mantras at night to repel demons), 3. Diwali (October 30, 2016), 4. Bestu Varsh (New Year, pray to Gautam Swami, who attained Kevalgnan on New Years), 5. Bhai Bij (Sisters invite brothers for dinner & celebration).

United States Postal Service
Forever USA stamps
introduced 2016.



LEADERS OF CHANGE

2016 - 2017 EXEC. BOARD



→ Co-Chair: Hetali Lodaya

Hetali has been involved with YJA since 2008, as a Local Representative, Southeast RC, Convention Committee member, and now Co-Chair. She loves YJA because it creates spaces for Jain youth to discover what Jainism means to them—and make awesome new friends! Hetali is a proud graduate of UNC-Chapel Hill—Go Heels!—and works in K-12 education. She is a fan of travel, novels about dragons, and all things social justice, and would love to hear from you anytime at chairs@yja.org or @HetaliLodaya on Twitter.



→ Director of Project Development: Chintav Shah

Chintav is a New Jersey native and a recent graduate of the University of Pennsylvania, where he studied Marketing, Operations, and Systems Engineering. He enjoys learning about the deeper aspects of Jainism, spirituality, and philosophy. If you ever want to talk about Jainism or the projects YJA has undertaken, email Chintav at projects@yja.org. As the former Director of Education and 2016 Convention Daytime Programming Co-Lead, he's looking forward to another fantastic year!



→ Director of Education: Anjali Doshi

Anjali is a Biomedical Engineering Masters student at Columbia University. Although she's lived in NYC for five years, she originally hails from Chicago. A former Pathshala teacher and Jain Academic Bowl player, she is excited to share her Jain knowledge and learn even more as the DoE. She is fond of editing, be it copyediting or Photoshop, and can't resist vegan desserts. Anjali loves to discuss Jain philosophy, practice, and daily life, so feel free to reach out to her with thoughts, questions, and ideas at education@yja.org!



→ Director of IT: Pujen Solanki

Pujen is a Digital Marketing Specialist at Aetna Medicare from southern California who loves to cook. He is an entrepreneur with a successful Design and Development company, as well as the co-founder of a Los Angeles based event production company, Shehnai. Pujen was the West Regional Coordinator last year and is excited to be on board as the Director of IT. If you have any questions or suggestions, feel free to e-mail Pujen at web@yja.org.



→ Director of Fundraising: Sapna Jain

Sapna is a third year law student at Emory School of Law. She graduated from Wellesley College in 2014 with a Political Science major and an Economics minor. She was born in Boston, MA, raised in Memphis, TN, and enjoys trying new foods, traveling, cooking, and binge-watching Netflix. Sapna looks forward to getting to know you and forging connections with Jain Centers across the U.S. to support YJA. If you have any questions, suggestions, or just want to say hi, feel free to e-mail Sapna at fundraising@yja.org.



→ Northeast Regional Coordinator: Pankti Tamboli

Pankti grew up in Shrewsbury, MA and just graduated from NYIT in Long Island. She works at a pharma company and aspires to become a physician. Pankti thrives on morning workouts, coffee, and witty puns. On a typical day, you'll find her attempting to cook a healthy meal, laughing hard, and adding to her travel bucket list. As a past LR and attendee of four conventions, Pankti is wicked excited to create lasting experiences and friendships in the Northeast! Email her at northeast@yja.org with ideas or questions.



→ Southeast Regional Coordinator: Neehaar Gandhi

Neehaar was born in Rochester, NY and moved to Atlanta in 2005. He is a senior at Cambridge HS where he is on the Varsity Football, Wrestling, and T&F teams alongside a handful of extracurriculars. He is an avid sports fan, wholeheartedly supporting his Bills and Giants. He intends to pursue biology or BME and one day attend medical school. He is excited to be Southeast RC and help others experience the lasting impact YJA has on its constituents. Email Neehaar at southeast@yja.org with questions or suggestions!



→ South Regional Coordinator: Siddharth Shah

A Houston native, Siddharth is a double honors freshman Chemical Engineering major at Texas A&M University. He is an active tennis player and is also on the Wreckin' Raas Team. Siddharth loves any sport, from basketball to bowling to chess (yes, it is a sport). In his free time, Sidd can be found studying for JAB, playing ping pong, or eating extra dark chocolate. He is super excited to start the new year as the South RC and would love to hear from you at south@yja.org with any questions or suggestions! Thanks and Gig'Em!

Co-Chair: Avish Jain →

Avish is a graduate student at The Ohio State University completing his Masters of Public Health with a specialization in Biomedical Informatics. After a fulfilling year as the 2015-2016 Director of IT and Registration Committee Co-Lead, he's excited to be Co-Chair and help the organization grow through innovation. Utilizing a wide variety of experiences, Avish hopes to contribute to the success of the next 25 years of YJA. In his free time, he enjoys sports, tech, playing the violin, and eating at new restaurants. Feel free to reach out to Avish anytime at chairs@yja.org with questions, concerns, or ideas—Go Bucks!



Director of Events: Dharmi Shah →

Dharmi is a second year pharmacy student of the Chicago College of Pharmacy at the University of Illinois. When she is not learning the actions of drugs, you will see her playing the piano, being a foodie, running, reading rom-coms, jamming out to music, and lounging in different coffee shops. Dharmi is extremely excited to help plan YJA events for everyone this year. She would love to hear your ideas, so please feel free to email her at events@yja.org!



Director of Publications: Salil Ojha →

Salil is a Fellow at the National Institutes of Health and graduated in May from the University of Houston majoring in Biochemical/physical Sciences. Born and bred in Houston, living in D.C. has been a pleasant change. His guilty pleasure is Chipotle and he loves photography. As Director of Publications, Salil is passionate about writing, philosophy, politics, history, and Indian culture. He is always ready to converse with others and looks forward to an incredible year. Please reach out to him at publications@yja.org if you have questions and/or wish to write an article for YJA!



Director of Finance: Nilesh Dagli →

Nilesh Dagli was born and raised in the suburbs of Detroit, MI, where he was very involved with the Jain Society of Greater Detroit, serving on fundraising, temple anniversary, and 2013 JAINA Convention committees. Nilesh currently lives in Chicago, where he works as a CPA for a public accounting firm. He is a proud alum of the University of Michigan (Go Blue!) and holds football season tickets. Nilesh enjoys watching and playing sports, reading about the economy, and traveling in the US. He served on the 2016 YJA Convention Registration Committee. Reach out to Nilesh at finance@yja.org with questions!



Director of Public Relations: Megha Vipani →

Megha is a senior at The College of William & Mary studying Chemistry and Psychology. After serving as Public Relations Co-Lead for the 2014 YJA Convention, Megha is excited to be back on board spreading the #YJAPyaR. Outside of YJA, Megha enjoys dancing, photography, and watching soccer. Megha encourages you to share your tweets, posts, and messages about all things YJA with our social media accounts! She would love to hear any thoughts and suggestions, so feel free to contact her at pr@yja.org.



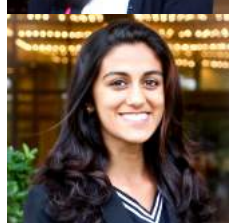
Mid-Atlantic Regional Coordinator: Dipal Savla →

Dipal is a fourth year medical student at Icahn School of Medicine at Mt. Sinai. Outside of medicine, she loves planning her next travel adventure and talking about technology, politics, and Jainism. The Mid-Atlantic is home to the country's political, financial, and cultural capitals and Dipal is excited to host fun and inspiring events for young Jains living in this region as this year's Mid-Atlantic Regional Coordinator. If you have any ideas for events, please reach out to her at midatlantic@yja.org!



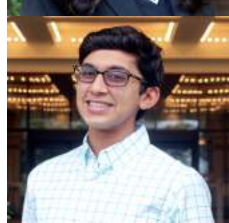
West Regional Coordinator: Rea Savla →

Rea is a second year at UC Berkeley, studying Economics and Public Policy. As West RC and founder of her school's Jain Students Association, she is excited to bring together diverse members of the YJA community and create events that engage with Jainism in a way relevant to youths today. Rea's passions span from dancing on her school's Bhangra team, to writing about gender inequality and politics, to watching cute comedy sitcoms. Reach out to her with any questions, comments, ideas, or suggestions at west@yja.org.



Mid-West Regional Coordinator: Anand Shah →

Is it a bird? Is it a plane? No, it's Anand Shah, your Mid-West RC! Anand is currently a senior at Palatine HS, aspiring to work his way up the medical track. When he's not in school, you can catch Anand debating, making music with his friends, or cracking jokes that make zero sense. After being a Local Representative for two years, Anand is excited to help prove to the rest of YJA why the Midwest is the #MidBest. So, if you think you've stumbled on a wild mixtape, or have brilliant suggestions on planning the next YJA event, please feel free to email Anand at midwest@yja.org— he can't wait to hear from you all!



STAY CONNECTED

<https://www.facebook.com/YoungJains>

<https://www.twitter.com/YJAtweets>

<http://instagram.com/youngjainsofamerica>

info@yja.org

add @TheYoungJains on Snapchat

