

EVENTS HELPING US REDUCE OUR HIMSA FOOTPRINTS



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DATE	EVENT	DESCRIPTION
April 2010	World Peace Diet talks by Dr Will Tuttle around the USA.	See schedule of talks at: http://willtuttle.com/schedule.htm
2 – 9 April	Vegan Gathering Micklewood Park, Longhurst, Morpeth, Northumberland, UK.	Full details: www.vegne.co.uk/vegan-gathering
22 April (Thursday)	The Soya Story – a public talk King's College Lecture Theatre 2, New Hunt's House, Guy's Campus, off Great Maze Pond and Newcomen Street, London SE1. UK. 6.45pm to 9.30pm "Tickets cost £5.00 and can be bought by telephoning the VVF on 0117 970 5190 or by post making cheques payable to VVF to: VVF Soya Talk London VVF, 8 York Court, Wilder Street, Bristol BS2 8QH." Or book online from here: www.soyafacts.com	Organisers: Vegetarian & Vegan Foundation (www.vvf.org.uk) "The nutritional, health and environmental impact of soya will be discussed by four leading authorities on soya: · Professor Jane Plant CBE (author of best-seller Your Life in Your Hands) · Juliet Gellatley (founder and director of Europe's largest campaigning vegetarian group Viva! and VVF) · Tony Wardle (associate director and environmental campaigner, Viva!) · Dr Justine Butler (senior health campaigner, VVF)" "VVF get more nutritional enquiries about soya than any other food. Come and hear what the research really shows and find out why soya is a nutritious, safe and versatile food that offers many benefits for health and the environment. We will reassure breast cancer patients with the latest news on how soya protects. There will be a question and answer session at the end – it promises to be a lively debate!" Full details: www.soyafacts.com
7 – 10 May	6th Taipei International Vegetarian & Organic Food Festival Taipei World Trade Center, Taipei, Taiwan.	For information, contact: debra-999@hotmail.com Otherwise, details might become available here: www.ivu.org
14 – 16 May	Ethical eating weekend Worcestershire, UK. Registration and fees apply; see website.	Organisers: Compassion in the Kitchen (www.compassion-in-the-kitchen.org.uk) "Hands on, planet-friendly cooking with Jane Easton; seasoned with mindfulness meditation, workshops, and study led by Barry Hill (Achintya) and Birgit Muller. Tasty, animal-free recipes to support your care for our world, whatever your current dietary persuasion!" "Event fee includes all food for cooking, tuition, meals and accommodation." Full details: www.compassion-in-the-kitchen.org.uk
15 May (Saturday)	Veggie Pride Lyon, France Milan, Italy Prague, Czech Republic.	"The best weekend of the year to visit a new country. Vegetarians and vegans march through the centre of a city, followed by activities including information and food stands, talks, music, etc. Events the night before and day after. Watch the websites for further details." Full details: www.veggiepride.fr - Lyon, France www.veggiepride.it - Milan, Italy www.veggie-parade.cz - Prague, Czech Republic
16 May (Sunday)	Veggie Pride Parade New York City, USA 11am onwards – see opposite	Organisers: VivaVeggie Society "Sunday, line up time 11am, launch time 12 noon, start location West Village, at convergence of Little West 12th St, Gansevoort St, Greenwich St and 9th Avenue (2 blocks south of 14th St and 9th Ave). Speakers, performers, exhibitors. Prizes for creative costumes." Full details: www.veggieprideparade.org
16 May (Sunday)	2nd Annual NOLA Veggie Fest First Unitarian Universalist Church, 2903 Jefferson Ave, New Orleans, LA. USA. 11am to 7pm Entrance: adults, \$10 / kids under 12, \$5 / kids under 2, free	Organisers: various "The annual NOLA Veggie Fest promotes vegan and vegetarian food choices." "The health benefits of a plant-based diet are well known. The Fest educates how these diet choices benefit the environment and about the cruelty of factory farms, the source of most animal products. We offer a variety of delicious food samples and also educational materials. Our members are active throughout the year promoting the benefits of vegan and vegetarian diets." Full details: http://nolaveggiefest.com

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22nd May (Saturday)	Open Day at Hugletts Wood Farm Animal Sanctuary (Panjrapur) and Working Vegan Farm Grovelye lane, Churches Green, Dallington, East Sussex. TN21 9PA. UK 11am to 5.30pm Entry by donation. Contact for information: Jane: tel: 0788 404 6703 email: janejacks0n@btinternet.com	"Come and meet the many rescued farm animals who were originally destined for slaughter including recent arrivals Black Beauty and Archie, the two handicapped cows and Shadrac, Obadiah, Marcie and Cyrus (he is cute!) who have joined the sheep residents." "Plenty of hot and cold vegan food and drinks in the shelter of the barn, all freshly prepared. If wet, bring wellies if possible. There is plenty of shelter." "Beautiful Fair Trade clothing from India for sale and Hugletts merchandise + plants + organic charcoal." "Pick up from and return to Robertsbridge station can be arranged but do let us know in advance. Dogs are very welcome but please keep on a lead and not too near the animals."
29-30 May	Bristol Eco Veggie Fayre The Amphitheatre and Waterfront Square, Harbourside, Bristol. BS1 5DB. UK. Saturday: 11am to 11pm Sunday: 11am to 9pm Entrance: "Advance Tickets are now on sale priced only £6 each day for adults, £3 Kids under 12 and OAP's." "(please note there is a booking fee of £0.50p a ticket)" "Tickets will also be available on the door subject to availability, priced MOTD - More on the Door! (Not a lot more though)"	Organisers: Off The Hoof (www.offthehoof.co.uk) "The Bristol Eco Veggie Fayre is a superb weekend out for the whole family and is the perfect introduction into an Eco Friendly, Veggie Friendly and Fair Trade way of life." "The show is packed full of stalls, products, food, information and education - as well as entertainment. All food and products available at the show are 100% plant based." Full details: www.ecoveggiefayre.co.uk
7 - 11 July	36th Vegetarian Summerfest Conference Center at Pitt-Johnstown on the University of Pittsburgh campus at Johnstown, Pennsylvania, USA. Registration & fees apply - see website.	Organisers: The North American Vegetarian Society "Health and nutrition, lifestyle issues, cooking, recipes, exercise and fitness, animal rights, compassionate living, Earth stewardship, and even more!" "Social gatherings for everyone - singles, couples and families". "Great natural-food vegan meals". "Over 50 informative and inspiring speakers". Full details: www.vegetariansummerfest.org
15 - 19 July	Animal Rights 2010 National Conference Hilton Alexandria Mark Center Hotel 5000 Seminary Rd, Alexandria, VA 22311. (Washington DC). USA. (5 miles south of the DC line along I-395) Advance registration & fees apply: * Full registration: Till April 30 - \$120 * Full registration: May 1 - June 30 - \$140 * Weekend Registration: Sat-Sun- \$120 * Single Day Registration: Fri-Sun - \$65 * Tour of Exhibits and one session: Friday-Sunday, 9am-6pm - FREE	Organisers: various "...the world's largest and oldest animal rights gathering" HIGHLIGHTS: * Concurrent tracks on animal abuse, organizing, tactics, ideology * Eyewitness reports on the whale wars and other key campaigns * Ninety speakers from 60 organizations * All viewpoints on animal liberation featured * Talks by other social justice leaders * Awards to celebrities and activists * Extensive learning and networking options * 90 exhibits (free to visitors) * 80 videos (including "Skin Trade" premiere) * Free shuttle to Metro and free parking Full details: www.arconference.org
1 - 22 August	FRUKTIFEST 2010: PARADISE International Fructivore/Fruitarian Festival Paimpont, Brittany, France. Entrance: Free	"Fructivory is the practice of eating only fruits, so neither roots, tubers, stalks, leaves and nor, obviously, animal products. Fruitarianism is fructivory and the respect philosophy associated with it". Full details (Fresh & English): http://www.fruitarisme.lautre.net/fruktifest.html

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7 – 8 August	Veggie Fest Science of Spirituality Center, 4S175 Naperville Rd. Naperville, Illinois, 60563. (Chicago) USA. Entrance: free	Organisers: various "...now considered the largest vegetarian food festival in all of Midwestern United States." Details will become available here: http://veggiefestchicagoland.org
7 – 21 August	Vegan Camp 2010 DIGLEA Caravan Park, Snettisham, nr Hunstanton, Norfolk, UK. Cost: Adult £5 pn / Child (6-17) £3 pn	Organisers: committee of individuals "Vegan Camp is a friendly and enjoyable annual social gathering for singles, couples and families." "Each year we choose a new location (this year, it's Norfolk) with people coming to stay from day visits to the full two weeks. Most stay at the site itself but some stay in luxury holiday caravans on site or in nearby accommodation such as hotels, guesthouses or hostels and visit during the day." "We have many children attending each year and it is an ideal time for them to meet other vegan children and to see that they are not the odd one out. Children and adults form many friendships at the camp." Full details: www.vegancamp.co.uk
25 September (Saturday)	Festival of Life Conway Hall, 25 Red Lion Square, Holborn, London WC1R 4RL. UK	Organisers: committee of individuals The Festival is a unique one-day event with over 50 free talks and workshops and over 60 stalls covering: Self-healing and Self-empowerment • Natural Parenting and Nature Cures • Healthy Vegan Organic Meals and Whole-foods • Permaculture and Environmentalism • Musical, Poetic and Artistic Expression • Simple and Non-consumerist Living • Creating Community and Networks • Celebration and Connection Details will become available here: www.festivaloflife.net
28 – 30 Sept	Middle East Vegetarian Congress Dubai, United Arab Emirates.	Details will become available here: www.ivu.org
1 – 6 Oct (Jakarta) & 7 – 9 Oct (Bali)	39th IVU World Vegetarian Congress SAVE OUR LIFE, SAVE OUR PLANET Jakarta & Bali, Indonesia. Registration required, and fees apply. Details on website.	Organisers: International Vegetarian Union (IVU) (www.ivu.org) Full details: www.wvc2010.org
30 – 31 Oct	The 15th Annual Boston Vegetarian Food Festival Reggie Lewis Athletic Center 1350 Tremont Street, Boston, Massachusetts. USA. Saturday 30 Oct: 10 AM - 6 PM and Sunday 31 Oct: 10 AM - 4 PM Entrance: Free	Organisers: The Boston Vegetarian Society "This Festival brings together an amazing array of vegetarian natural food providers, top national speakers and chefs, and educational exhibitors in a fun and welcoming environment. It is a chance to talk directly to food producers, learn the newest items in the marketplace, taste free food samples, shop at show special discounts, or simply learn what vegetarian foods are available and where you can find them!" "Whether you are a longtime vegetarian or vegan, or someone simply wanting to add more healthy and delicious foods to your meal repertoire, or if you are just curious what it's all about, you are welcome here!" Full details: www.bostonveg.org/foodfest
30 Oct – 2 Nov	South & West Asia Regional Vegetarian Congress E-INN "(A Vegetarian, Non-Alcoholic, Non- Smoking Luxury Business Class Hotel)", 144-C/1, Kirloskar Road, Bommasandra Industrial Estate, Hebbagodi, Bangalore – 560 099, Karnataka, India. Ph: +91-80-40 400 400 Email: sales@e-inn.in Website: www.e-inn.in Advance registration required for congress, and fees & accommodation costs apply: Congress: 1 day, Rs.600 / 2 days, Rs.1000 Accommodation: from Rs. 2050 pppn	Organisers: IVU-India South-West Asian (www.ivu.org/swasia) "While vegetarianism has longstanding and deep roots here, with recent ongoing changes in ideas and lifestyle, food habits are changing for the worse. A satvik lifestyle with a satvik plant based food can provide a solid platform to combat many ills of our own making and leave a better world for our next generations." "With the aim of spreading the message of ahimsa in practical life and bringing together all likeminded people, this event is being organized in the global city of Bangalore, nerve centre of the region. The venue, Hotel E-Inn, is chosen specifically for its excellent service and for the fact that, due to its commitment to ahimsa, it serves only vegetarian food." Full details: www.ivu.org/swasia/iswaveg.pdf Contact: Mr Shankar Narayan (IVU Council Member & President of Indian Vegan Society): indianvegansociety@rediffmail.com

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3 – 5 December	East Africa Vegetarian Congress Nairobi, Kenya.	For information, contact the IVU Regional Coordinator for Africa, Emmanuel Eyoh: nigveganimal@yahoo.com Otherwise, details should become available here: www.ivu.org
5 – 7 December	Middle East Natural & Organic Foods Expo 2010 (including an exhibition by the Middle East Vegetarian Group) Dubai, United Arab Emirates.	For information, contact IVU International Council member, Sandya Prakash: sandhya@meveg.info Otherwise, details should become available here: www.ivu.org
October 2011	5th Asian Vegetarian Congress Hangzhou, China	Details will become available here: www.ivu.org
2011	13th International Vegan Festival Turin, Italy.	Details will become available here: www.ivu.org