## The Value of Jain Philosophy and the Anuvrat Movement to Democratic Communication

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- The Challenge to Functioning Democracies: How to argue and deliberate with others
  - Combination of assertion and openness
- Humans are good at *thinking* they are open
  - Partisan Perfect Reasoning
- How can we truly be open, assertive citizens?

- Contribution of Jain Thought: our actions are correlated with self-focused passions
- How do we minimize the passions connected to partisan thought? Two suggestions:
  - One complex: anekāntavāda (syādvāda + nayavāda)
     (Stroud, Philosophy & Rhetoric, 2014)

- One simple: the *anuvrat* model
  - Anuvrat for Democratic Citizens:
    - I will act as if every issue has two sides to it
    - I will believe that each side is motivated by reasonable and good intentions
    - I will attend to a wide range of evidence and information
    - I will try to find ways to argue and conclude disagreement while maintaining the value of all participants