

Invitation

Dear Friends - Jai Jinendra

It is with great pleasure that we invite you and your family to the 5th annual spiritual camp conducted by JVB New Jersey. The annual camp is our flagship event of the year and attracts people from community at large and allow us to show case what we are all about. We have lined up a very good program that will focus on auguring familial peace and bliss - in other words "Happy & Harmonious Family Life". With blessings from Acharya Shree Mahapragya and guidance from Samaniji's these camps invigorate and cleanse the outlook and recharges us for the year ahead. We always expect a *sellout* so please sign up in advance.

See you at the Camp !!!

Release Form

I hereby stipulate that my family and I are physically sound to proceed with instructions in Preksha Meditation and Yoga. It is further agreed that all exercises and lessons shall be undertaken at my own risk and that Siddhachalam Jain Tirth and JVBNA New Jersey Center shall not be liable for injuries, damages or claims to myself or my property arising out of, or connected with, the use of services or facilities of Siddhachalam Jain Tirth and JVBNA New Jersey Center or the premises in which the same is located. Siddhachalam Jain Tirth and JVBNA New Jersey Center accept no responsibility of any kind for the Meditation and Yoga activities. I do hereby release and discharge Siddhachalam Jain Tirth and JVBNA New Jersey Center from all such causes of action.

I consent to the above release statement

Signature _____

Name _____

DIRECTION TO THE VENUE

Siddhachalam is located at 65 Mud Pond Road, Blairstown, NJ. It is on the north-western end of NJ, and is best accessed from InterState Rt. 80

Travelling by Car (from NJ, NY): Take exit 12 off InterState Rt. 80 West in New Jersey; make right and follow sign to BLAIRSTOWN on RT CR-521 North for 0.4 miles; make first right hand turn on Silver Lake Road (CR-608) and proceed on that road for 1.3 miles; make a left turn on Cooke Road and drive for 0.6 miles; at Stop Sign make a right hand turn on the T - Junction; fourth property on your left hand side is SIDDHACHALAM. **Please Note:** Use [Yahoo Maps](#) to get Online directions. Some GPS may not end correctly at the Siddhachalam entrance. Continue on Mud Pond Road until you see Siddhachalam Sign.

Travelling by Train:

From NYC Penn Station or Newark's Broad Street Station, take the [NJ Transit](#) Morristown Line (Morris & Essex Lines) to the last stop at Hackettstown and then take a taxi to Siddhachalam. Siddhachalam is about 15 miles from the train station. Contact NJ Transit at 973-762-5100 or www.njtransit.com.

Limo/Taxi Services: Taxis may not be readily available at the train station, so it is important to arrange a pickup in advance or call from station. Contact Knight Riders Taxi (Hackettstown area) at 908-850-4450 or KnightRidersLimo.com

Items to Bring with You

- Loose white or light colored outfits
- A mat or blanket for yoga and meditation
- A small flash light for use in dark
- Personal towels
- Your necessary medicines
- Umbrella



Happy & Harmonious Family Life

5th Annual Camp

Friday May 28 eve- Sunday May 30 noon
2010



Inspiration

Acharya Shree Mahapragya

Guidance

Samani Sanmati Pragma
Samani Shukla Pragma

Organizer

JVB New Jersey

(732) 404-1430

www.jvbnewjersey.org

Venue

SIDDHACHALAM JAIN TIRTH
65 Mud Pond Road,
Blairstown, NJ 07825

Adult Program - Friday, May 28th 2010

Events	Time
Registration, Check in and Dinner (Dinner would not be served after 8:00pm)	6:00 – 8:00pm
Opening Ceremony & welcome	8:00 – 8:30pm Sharp
Family Initiation for the Camp (Discourse)	8:30-9:15pm
Updates	9:15– 9:30pm
Yog Nidra	9:30pm

Saturday, May 29th, 2010

Brahma Muhurta Meditation	5:15-5:45 am Sharp
Yogic Walk	5:45– 6:15am
Aamla Tea and then Yoga for Healthy life	6:15 – 7:30am
Prayer & Bhaktamar path	7:30— 8:00am
<i>Get ready & Breakfast</i>	8:00 – 10:00am
A journey towards Harmony (Discourse)	10:00 – 11:00am
Relaxation (Practice)	11:00 – 12:00noon
<i>Upcoming Updates</i>	For 10 Minutes
Lunch, Rest & Personal Time	12:15 – 2:00pm
Mantra and its effect (Discourse)	2:00 – 2:45pm
Mantra Meditation (Practice)	2:45– 3:15pm
<i>Tea Break</i>	3:30 – 3:45pm
A Happy Family –Interactive Discussion	4:00 – 5:00pm
Family Game	5:00-6:30pm
Dinner & Temple visit	6:30-7:30pm
Gamanyoga	7:30– 8:00pm
Educational Entertainment	8:00-9:00pm
Night Prayer & Meditation	9:00 – 9:30pm

Sunday May 30th, 2010

Brahma Muhurta Meditation	5:15-5:45am Sharp
Yogic Walk	5:45– 6:15am
Aamla Tea and then Yoga for Healthy life	6:15 – 7:30am
Prayer & Bhaktamar path	7:30— 8:00am
<i>Get ready & Breakfast</i>	8:00 – 10:00am
Discourse	10:00 – 10:45am
Relaxation	10:45-11:15am
Closing Remarks and Feedback	11:15 – 12:15noon
Lunch	12:30pm

Kids Program-Friday, May 28th - Schedule

Registration & Check in ,	6:00 – 7:00pm
<i>Dinner</i>	7:00 – 7:45pm
Opening Ceremony & welcome	8:00 – 8:30pm srp
Family Initiation for the Camp	8:30-9:15pm
Updates	9:15– 9:30pm
Yog Nidra	9:30pm

Saturday, May 29th - Schedule

Yogic Walk	5:45– 6:30am
A. Tea and then Yoga for Happy living	6:30 – 7:30am
Prayer & Bhaktamar path	7:30— 8:00am
<i>Get ready & Breakfast</i>	8:00 – 10:00am
Family and its values (Discussion)	10:00 – 10:30am
Learning	10:30-11:00
Relaxation (Practice)	11:00 – 12:00noon
Energize Your Brain	2:30 – 3:00
Essay Writing	3:00 – 3:30
<i>Break for Snacks</i>	<i>3:30 – 4:00</i>
Craft & Color	4:00 – 5:00
Family Game	5:00-6:30pm
<i>Dinner & Temple Visit</i>	6:30-7:30pm
Gamanyoga	7:30– 8:00pm
Educational Entertainment	8:00-9:00pm
Night Prayer, Meditation & then Yoganidra	9:00 – 9:30pm

Sunday May 30th- Schedule

Yogic Walk	5:45 – 6:15am
A. Tea, Advance Yoga for Brain power	6:15 – 7:30am
Prayer	7:30 – 8:00am
<i>Get ready & Breakfast</i>	8:00 – 10:00am
Learning - How to respond in better way	10:00 – 10:45am
Mantra Meditation	10:45 – 11:15am
Closing Remarks and Feedback	11:15 – 12:15noon
Lunch	12:30pm

Registration Form

Yes, I would like to attend the 5th Annual Family Camp of JVB New Jersey

Adults:

Mr./Mrs. _____

Mr./Mrs. _____

Mr./Mrs. _____

Mr./Mrs. _____

Children:

M/F _____ Age _____

M/F _____ Age _____

M/F _____ Age _____

Address: _____

City/State/Zip _____

Phone _____ Alt. Phone _____

Email: _____

Camp Fee:

\$100.00 per Adult (12 and Above)

\$50.00 per Child (Under 12)

Please pay by check or Money order. Please complete registration form and sign the release form at the back. This Form and Payments can be dropped at the center or mailed to:

JVBNA

Attn: Camp Registration

151 Middlesex Ave.

Iselin, 08830

Phone: 732 404 1430

Email: jvbnj@yahoo.com