



DATE	<b>EVENT, VENUE &amp; ADMISSION</b>	FURTHER INFORMATION
CALENDAR OF	EVENTS (WORLDWIDE)	
March	Veggie Month National, UK	www.veggiemonth.com (website produced by Animal Aid: www.animalaid.org.uk)
	www.veggiemonth.com	"There are many reasons to go veggie including animal welfare, health, environmental protection and cost. If you are concerned about one or
	Various free food and information stalls organised by Animal Aid.	more of these issues, why not take the opportunity to try some more meat-free meals during March"  "If you are already veggie go vegan!"
<b>5th March</b> (Saturday)	School Speakers' Workshop for Secondary School Talks Manchester, UK.	Organisers: Animal Aid (www.animalaid.org.uk)  "Informing and empowering young people is one of the best ways to create a cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.
	10am-4:30pm  Advance registration required – see weblink and contact details opposite,	"We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."
	Free to attend but £5 deposit required on booking, which will be returned upon attendance.	To find out more, visit: <a href="https://www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk)
<b>5th March</b> (Saturday)	Ealing Animal Welfare Bazaar Hanwell Methodist Church, Church Road, Hanwell, London. W7 1DJ. UK	Organisers: Team of volunteers "The purpose of the Animal Welfare Bazaar is to help relieve the suffering of animals throughout the world."
	10:30am to 4:00pm	"The aim is also to encourage the recognition that animals, (like human beings), should be treated with compassion and respect."
	Entrance: Free  www.animalwelfarebazaar.info	"There are usually over 30 groups/societies participating in the Bazaar, representing a variety of local, national and international animal welfare causes. The stalls offer a variety of goods for sale, some new and some second hand. This helps to raise funds for their work. Leaflets and information on the animal welfare work undertaken by the stallholders is available.
		"Vegetarian and vegan refreshments are available throughout the day so why not pop in for lunch."  Full details: <a href="www.animalwelfarebazaar.info">www.animalwelfarebazaar.info</a>
5th March	Wellbeing and Vegetarianism	Organisers: Oxford Vegetarians and Vegans (www.oxveg.co.uk)
(Saturday)	University Club, 11 Mansfield Road, Oxford, OX1 3SZ. UK.	"Presentation by Paul Freestone about the wellbeing of people, animals and the planet and how vegetarianism can affect and improve all of these. Followed by Q&A."
	2pm to 3.30 pm	For further information, contact Paul Freestone on tel: 01865 251947 / 07929 101149
	Entrance: Free admission with a request for voluntary contributions (50p) to cover the cost of hiring the room.	
5 March	2011 Vegan Pledge	Organisers: Vegan Campaigns ( <u>www.vegancampaigns.org.uk</u> )
to 2 April	London, UK	"Why not try being vegan for a month?
2 April	Free-of-charge, but registration required: "Once you sign up we will invite you to meetings at the beginning and end of your pledge month on Saturday 5 March and Saturday 2 April. These informative events take place in central London from 10am to 4pm and include speakers, delicious vegan food and a basic health check."	"Once you sign up we will invite you to meetings at the beginning and end of your pledge month on Saturday 5 March and Saturday 2 April. These informative events take place in central London from 10am to 4pm and include speakers, delicious vegan food and a basic health check."  "We will put you in touch with a vegan buddy who will support you during the month. All this is completely free!"
	Visit website to register online – see opposite.	Full details + registration form:  www.vegancampaigns.org.uk/pledge.html
10th/11th March	Manchester Green Party public meeting on why it is medically as well	Organisers: Manchester Green Party (www.manchestergreenparty.org.uk)
(Thurs/Fri)	as ethically wrong to test on animals Friends Meeting House, Manchester. UK. Time: 7pm	"Manchester Green Party public meeting on why it is medically as well as ethically wrong to test on animals, to enlist support for a World Day for Animals in Laboratories march on 16 April, midday, Whitworth Park"
	Please contact Manchester Green Party (www.manchestergreenparty.org.uk) for clarification	For further details and clarification, please contact the Manchester Green Party (www.manchestergreenparty.org.uk)





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11 - 13 March	National Animal Rights Spring	Organisers: Animal Rights Coalition (ARC)
(Fri – Sun)	Gathering "1 in 12 Club", 21-23 Albion St, Bradford,	"A weekend of networking, workshops, discussions, actions and social activities."
	West Yorkshire, BD1 2LY. UK  Advance booking required.	"ARC meetings are a great opportunity to meet up with other activists from all over the country, to catch up on the latest news about the current campaigns, and to swap ideas, tactics, skills and information."
	Suggested minimum donations to cover venue and catering costs are detailed on the website – see opposite. (Contact details also on website)	"The Animal Rights Coalition is an informal network which exists to promote cooperation and to spread information between the various groups and individuals working throughout the UK to stop animal abuse."  Full details: <a href="https://www.argathering.org.uk">www.argathering.org.uk</a>
13th March (Sunday)	Yoga Workshop Dance Studio, Canons High School,	Organisers: Young Jains ( <u>www.youngjains.org.uk</u> ) and Deepa Yoga Therapy ( <u>www.deepayogatherapy.com</u> )
(Sunday)	Shaldon Road, Edgware, HA8 6AN. UK.  3pm to 5.30pm	"A yoga workshop centred on promoting positive health and wellbeing. Come and join in with simple yet effective stress relieving postures, coupled with creating space and awareness for the breath to flow freer within your pranic field. An opportunity to:
	Open to all, but advance registration is	* allow your energy to be invigorated
	required. For details, contact Deepa Shah	* build strength and enhance flexibility, not just of the body but through the mind and beyond.
	at: info@deepayogatherapy.com or on tel: 07875 087 672	* cultivate a sense of serenity through a deeply relaxed yet alert state of consciousness.
		Open to all, including complete beginners to yoga. Light refreshments will be served towards the end. For more information and registration contact Deepa Shah on 07875 087 672 or <a href="mailto:info@deepayogatherapy.com">info@deepayogatherapy.com</a>
		Registration is required.
17th March	Memorial Ceremony at Cheltenham	Organisers: Animal Aid (www.animalaid.org.uk)
(Thursday)	Racecourse Opposite main entrance to Cheltenham Racecourse, Cheltenham, UK.	"Animal Aid will stage a memorial ceremony at Cheltenham Racecourse to commemorate the 32 horses who have died at the annual festivals held at the course between 2000 and 2010."
	Nearest train station: Cheltenham Spa  11am to 1.30pm	"Protesters will don funereal clothing and maintain a dignified silence whilst Animal Aid's Horse Racing Consultant, Dene Stansall, reads out a short eulogy for each of the equine victims. Protesters will also bear 'tombstones' with the names of the horses who have been killed at the Festival over the past decade."
	For details and whom to contact for further information:	"We will be positioned opposite the main entrance to Cheltenham Racecourse, near the roundabout, from 11am until the start of the day's racing at 1.30 pm. We will have banners, placards and leaflets with us."
	www.animalaid.org.uk/h/n/NEWS/news_horse//2429//	"If there are enough people at the memorial ceremony, some campaigners may wish to distribute leaflets in the town centre to put our viewpoint across to people in the street, who may be more sympathetic than those who are intent on attending the races."
		For details and contact information, visit: www.animalaid.org.uk/h/n/NEWS/news_horse//2429//
19th March (Saturday)	VegfestUK Brighton The Hove Centre, Norton Road, Hove BN3 4AH. UK. Entrance: Free	Organisers: VegfestUK ( <a href="www.vegfest.co.uk">www.vegfest.co.uk</a> ) "Vegfest UK Brighton is a celebration of all things vegan with loads of stalls serving awesome food as well as bodycare, clothes, accessories, gifts and also lots of campaigning groups and merchandise, plus stacks of info, talks, demos, performances, passion and positive energy. Loads of freebies and tasters add to the attraction. People of all ages are welcome and the venue - The Hove Centre - is modern, spacious and well equipped, and suitable for visitors with disabilities.
		* Up to 100 stalls  * Stalls on 3 floors  * Stacks of special offers and free tasters!!!  * Vegan Cookery Classes all day  * Talks and Presentations  * Entertainment  * Live Music  * Juice Bars  * Vegan Caterers and Snack Bars  * Café and Licensed Bar  * Expected 2,000 visitors throughout the show  * Free Nutritional Advice for visitors  * Fun for all the family!!!! "  Full details: www.vegfest.co.uk
19th March	SCVP Seva Day	Organisers: Shri Chandana Vidyapeeth (SCVP), London, UK
(Saturday)	Tyler's Hall, Kingsbury High School, Stag Lane Entrance, Kingsbury, London NW9. UK.	"School Fete, Family Fun Day"
		"Fundraising for SCVP and education for children in India"
		"Treasure hunts, arts & crafts, games, food, driver vision screening test, raffle, and many more stalls."
	4pm to 8pm	There will also be a vegan information stall run by the Jain Vegans Team.
	Entrance: Adults: £2 – Children over 5: £1	For enquiries, email: kishore@keystonevision.com





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20th March	Meatout	Organisers: FARM (Farm Animal Rights Movement) (www.farmusa.org)
(Sunday)	The world's largest and oldest annual grassroots diet education campaign USA, France, Germany, Italy	"On (or around) March 20 — the first day of spring — thousands of caring people in all 50 U.S. states and two dozen other countries get active to host educational Meatout events. Activities include colorful festivals, lectures, public dinners, feed-ins, cooking demos, food samplings, leafleting, information tables and more."
		"The occasion is Meatout, the world's largest and oldest annual grassroots diet education campaign."
	www.meatout.org www.journee-sans-viande.info www.meatout.de www.meatout.it	"Every spring, thousands of caring Meatout supporters educate their communities and ask their friends, families, and neighbors to pledge to "kick the meat habit (at least for a day) and explore a wholesome, compassionate diet of fruits, vegetables, and whole grains.""
		Full details of events taking place in various countries: Meatout in the USA: <a href="https://www.meatout.org">www.meatout.org</a> Meatout in France: <a href="https://www.meatout.de">www.journee-sans-viande.info</a> Meatout in Germany: <a href="https://www.meatout.de">www.meatout.de</a> Meatout in Italy: <a href="https://www.meatout.it">www.meatout.it</a>
20th March	Jain Student Event for University	Organisers: Young Jains ( <u>www.youngjains.org.uk</u> )
(Sunday)	Students The Jain Centre, 32 Oxford Street, Leicester, LE1 5XU. UK.	"We follow a vision to explore Jain philosophy in an open and friendly environment and would like to invite you to join other like-minded students to spend a day learning more about Jainism whilst getting to know one another.
	11am-5pm  Contact for information:	This trip to The Jain Centre, Leicester will unite members of Jain Societies from Universities all around the UK to bring together students that are interested in learning about Jain philosophy and practice and provide them with a platform to take some time out and reflect upon their life, how Jainism can fit into their life and discuss ideas with their peers.
	Ronak Maroo: ronak@youngjains.org.uk or 07961 275 976	"The day will be split into two parts. The first part will concentrate on understanding some basic rituals in the derasar and the reasons we perform them as well as explaining their meanings in English and reciting them collectively. After the morning session, a hot lunch will be provided to all the participants, followed by a session focusing on how Jain philosophy can be incorporated into everyday life.
		"The only cost that you would have is the cost of transport for participants to travel to Leicester on the day. We can try and help you cut down these costs by putting you in touch with other universities that may be close to yours and potentially sharing a coach."
		"If you have any questions about the event, please do not hesitate to contact Ronak Maroo at <a href="mailto:ronak@youngjains.org.uk">ronak@youngjains.org.uk</a> or 07961 275 976."
<b>26 March</b> (Saturday)	Coventry Free Vegan Food Fair St John Baptist Church, Fleet Street,	Organisers: Midland Vegan Campaigns (www.veganmidlands.org.uk), Fairfoods (www.fairfoods.org.uk) and Green Garden Cafe (www.greengardencafe.co.uk) Free Vegan Food Fair during Veggie month.
	Coventry CV1 3AY. UK.	Further details should become available soon:
	11am to 4pm	www.veganmidlands.org.uk
	Entrance: Free	
26th March	School Speakers' Workshop for	Organisers: Animal Aid (www.animalaid.org.uk)
(Saturday)	Secondary School Talks Birmingham, UK. 10am-4:30pm	"Informing and empowering young people is one of the best ways to create a cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology,
		PSE, Citizenship and General Studies teachers.  "We will provide free training and information to help you get up to speed and then
	Advance registration required – see weblink and contact details opposite,	provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."
	Free to attend but £5 deposit required on booking, which will be returned upon attendance.	To find out more, visit: <a href="https://www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk)
27th March	Is hunting all that bad?	Organisers: Jain Vegans Working Group ( <u>events@jainvegans.org</u> ) and Young Jains ( <u>www.youngjains.org.uk</u> )
(Sunday)	Drama Room, Canons High School, Shaldon Road, Edgware. HA8 6AN. (UK).	"Most Jains would agree that hunting animals for entertainment or pleasure is cruel
	Nearest tube: Queensbury (+ Bus 288), or Edgware (+ Bus 288)	"But how does the practice of hunting animals for pleasure compare with farming them for food (including milk, honey, eggs, etc) or clothing (leather, silk, fur, wool,
	3pm to 5.30pm	etc)?  "Could the process of farming be even worse? Does the method of farming or slaughter matter? In a world abundant with alternatives that are free of animal-
	Entrance: Free (donations welcome)	derived substances, can we continue to justifiably use animals for food or clothing?  "The event will be a unique opportunity to explore the use of animals in hunting and
	For further information: email: events@jainvegans.org or	farming in the context of the Jain values of compassion, non-violence and truth, and will be highly relevant to all vegetarian Jains.
	phone: 020 8931 0030	"A presentation will be followed by a question-and-answer session, concluding with delicious plant-based refreshments.
	www.youngjains.org.uk www.jainvegans.org	"After the event, there will be an opportunity to get together for an informal social at a local venue – details to be announced."
		Further information: email: events@jainvegans.org or phone: 020 8931 0030





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<b>30th March</b> (Wednesday)	London Vegans Monthly Meeting: Talk by Animal Defenders International Community Rooms, Millman Street (entrance next to 38a), Bloomsbury, London WC1N 3EW. UK [Nearest Station/s: Russell Square, Holborn, Chancery Lane] [Zone 1] 6.30pm to 9/9.30pm Entrance: £2 (£1 concessions)	Organisers: London Vegans (http://londonvegans.org.uk) "Admission £2 (£1 concs.). Free hot drinks and biscuits provided. If you'd like to bring vegan snacks to share please feel free do so. Newcomers welcome. No need to book. [Last Wednesday of every month except December.] Hot Food can be pre-ordered from Shambhu`s: www.shambhus.co.uk/lv "  Website: www.londonvegans.org.uk
April	Animals in Laboratories Month www.wwail.org	www.wwail.org
3rd April to 9th April (Sun to Sat)	Horse Racing Awareness Week Campaign by Animal Aid against the Grand National, Aintree, UK.  Detailed information about the issues:	Organiser: Animal Aid (www.animalaid.org.uk)  "Horse Racing Awareness Week takes place in the seven days leading up to the Grand National meeting in Aintree – a notoriously hazardous three-day event that has killed 36 horses over the last decade.  "Runners face unique problems in the flagship race, including the proximity of a
	www.animalaid.org.uk/h/n/CAMPAIGNS/horse/ALL/1334//	large, noisy crowd; the number of animals taking part; and the nature of the fences.  Most years there are fatalities.  "Animal Aid is calling for this punishing, brutal event to be banned."  Read more about this at this link:  www.animalaid.org.uk/h/n/CAMPAIGNS/horse/ALL/1334//
4th April	World Rat Day International  www.worldratday.com  + a UK event at Cavy Rescue (Kent, UK) to mark World Rat Day. Contact the shelter for information. Contact details on their website: www.cavyrescue.co.uk	www.worldratday.com  (Initiated in 2002 by members of the "ratlist" forum: http://pets.groups.yahoo.com/group/ratlist/ 4th April has been chosen as it as on that date that the above forum was launched)  "All true fans of the pet rat know that these dear, sweet animals deserve greater recognition and admiration, and that their image suffers from ignorance and unthinking prejudice. World Rat Day can be a day to win back some respect to rats through positive promotion, or at the very least, it will be a special day to offer delicious treats and fun gifts to our pets, making some rats very happy and getting some cute photographs in the process!"  PLUS: Cavy Rescue, a Small Animal Shelter in Kent, UK, invites rat lovers to celebrate World Rat Day in the UK. See <a href="https://www.cavyrescue.co.uk">www.cavyrescue.co.uk</a>
10-18 April	AYAMBIL OLI	
16th April	MAHAVIR JANMA KALYANAK	
<b>16th April</b> (Saturday)	National Rally for Animals in Laboratories Manchester, UK Meet 12noon, Whitworth Park, Manchester M15 6ER www.wdail.org	Organisers: collective of individuals and grass-roots groups "The 2011 World Day National March and Rally will take place in Manchester. We are in the early stages of planning, but please keep the date free, start planning transport and help us to spread the word. If you would like to get involved in helping to plan and organise the World Day march, we'd love to hear from you, so please contact us. More details to come soon"  "In 2009 and 2010, the National March and Rally took place in London." Full details: <a href="https://www.wdail.org">www.wdail.org</a>
17 – 24 April	World Week for Animals in Laboratories www.wwail.org	www.wwail.org "World Week for Animals in Laboratories (WWAIL) is an annual event designed to expose the plight of animals used for testing and research. WWAIL seeks to arouse concern for animals in laboratories as well as educate the public about the scientific, moral, and economic objections to animal experimentation, also known as vivisection."
22 – 25 April	Zoo Awareness Weekend 2011 National, UK www.captiveanimals.org	Coordinators: Captive Animals' Protection Society (CAPS) (www.captiveanimals.org)  "The Zoo Awareness Weekend 2011 will be taking place from Friday 22 April to Monday 25 April. There will be demonstrations taking place outside zoos across the country, and groups that do not have a local zoo will be organising information stalls and awareness raising events. For more information please contact the Captive Animals Protection Society at info@captiveanimals.org and www.captiveanimals.org "





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24th April (Sunday)	World Day for Animals in Laboratories International	"World Day for Laboratory Animals is a United Nations recognized day of international commemoration of the suffering and killing of millions of innocent sentient beings in laboratories throughout the world."
	Events due to be organised around the world.	"Campaigning organisations in the UK and across the globe, will mark World Day for Laboratory Animals, a time to reflect upon the pain and suffering caused to millions of animals all in the name of a fraudulent scientific practice - a practice that is not only is so cruel to the animals so horribly abused and killed by vivisectors but a practice that so cruelly gives false hope to those with illness and disease."
		Above extracts taken from this events calendar link: www.veggies.org.uk/event.php?ref=7
30th April	Animal Aid Londonwide Street	Organisers: Animal Aid ( <u>www.animalaid.org.uk</u> )
(Saturday)	Collection London, UK.	A fundraising event for Animal Aid (a non-violent animal rights organisation campaigning against all forms of animal abuse and promoting a cruelty-free lifestyle ) and a general awareness-raising day for at the same time for the public.
		If you would like to collect, please contact Karin at Animal Aid on 01732 364546 ext 223 or email karin@animalaid.co.uk
7th May	Vegetarian cookery demonstration	Organisers: Animal Aid (www.animalaid.org.uk)
(Saturday)	workshop (for school speakers) London, UK.	"Informing and empowering young people is one of the best ways to create a cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.
	10am-4:30pm	"We will provide free training and information to help you get up to speed and then
	Advance registration required – see weblink and contact details opposite,	provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."
	Free to attend but £5 deposit required on booking, which will be returned upon attendance.	To find out more, visit: <a href="https://www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk)
21st May	Veggie Pride	Organisers: Veggie Pride ( <u>www.veggiepride.fr</u> )
•	Marseille, France	"En un jour ordinaire, d'un pays en temps de paix
	Details to emerge here: www.veggiepride.fr	"Des oiseaux empalés rôtissent dans les vitrines. Des corps démembrés garnissent les étals. Sur les ponts des bateaux, des poissons tressaillants lentement s'asphyxient. Dans les hangars fétides, de mornes vies s'écoulent. On coupe à vif des becs, des dents, des testicules. On enfonce des embucs jusqu'au fond des gosiers.
		"Partout roulent des camions bourrés de condamnés. Ceux qu'on va égorger, saigner et dépecer.
		"En ce jour ordinaire, ceux qui ont peur et mal se comptent par millions. Dans ce pays en paix, la torture et le meurtre sont le lot quotidien.
		"Si vous voulez protester contre tout celavenez à la Veggie Pride !"
21 – 27 May	Vogfostlik Bristol Eringo wook	Organisers: VegfestUK (www.vegfest.co.uk)
21 - 27 May	VegfestUK Bristol Fringe week Bristol, UK.	A week of fringe activites from 21 to 28 May on the runup to VegfestUK Bristol vegan festival, on 27 to 29 May (see below).
	Details to emerge here: www.bristol.vegfest.co.uk/fringe-week-overview	Details of the fringe week will emerge here: www.bristol.vegfest.co.uk/fringe-week-overview
23 - 29 May	National Vegetarian Week	Organisers: The Vegetarian Society of the United Kingdom (www.vegsoc.org)
(Mon - Sun)	National, UK	"National Vegetarian Week (NVW) is the annual awareness-raising campaign promoting inspirational vegetarian food and the benefits of a meat-free lifestyle. Celebrated by the Vegetarian Society since 1992, the Week is now an established
	Various events due to take place around the UK. See website mentioned opposite.	event that gets bigger and better every year."  "A huge range of organisations from small businesses to big corporations, schools, community groups and individuals all across the UK get involved and everyone is invited to join in and make the Week a success."
		Full details: www.nationalvegetarianweek.org
23 - 29 May	World week for the Abolition of Meat	http://meat-abolition.org/
(Mon - Sun)	Events will take place worldwide  Information:	"Because meat production involves killing the animals that are eaten, because their living conditions and slaughter cause many of them to suffer, because eating meat isn't necessary, because sentient beings shouldn't be mistreated or killed
	web: http://meat-abolition.org/	unnecessarily, therefore, farming, fishing and hunting animals for their flesh, as well as selling and eating animal flesh, should be abolished."  "Please join activists worldwide for the World Week for Abolition of Meat from
	J	January 24th to 30th, 2011!
		"The past world days for the abolition of meat were a huge success. And as we know that this demand is a very important one we decided to hold this day on a more regular basis. So starting from the last September 2010 actions take place in the week of the last Saturday of the months of January, May and September. This means the next action week will be from January 24th until 30th, 2011."
		Full details: http://meat-abolition.org/
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DATE 27 -29 May (Fri - Sun)	VegfestUK Bristol The Amphitheatre and Waterfront Square, Bristol, UK.  Friday 27th May: 6pm - 11pm (pay) Saturday 28th May: 11am - 6pm (Free), 6pm -11pm (pay) Sunday 29th May: 11am - 6pm (free), 6pm - 11pm (pay) Entrance: "Entrance is FREE on Saturday and Sunday from 11am - 5.30pm" After 6pm, there's an entrance payable for the evening events - to be announced (see website).	Organisers: VegfestUK (www.vegfest.co.uk)  "A three day outdoor extravaganza in the heart of Bristol by the historic and picturesque harbourside  "100 stalls, caterers, juice bars cafes, talks. cookery demos, information, entertainment and inspiration  "The evening events on Friday Saturday and Sunday start at 6pm and finish at 11pm and feature headline bands and DJ's. These are pay events. All the stalls, food and drink at the evening events is vegan  "VegfestUK Bristol is preceded by a week of fringe activites from May 21st - May 28th - see www.bristol.vegfest.co.uk/fringe-week-overview  "VegfestUK Bristol is a not for profit event designed to showcase the very best of the vegan lifestyle to the public  * 100 stalls including food. bodycare, fashion, accessories, gifts, information, campaigns, charities  * Expert vegan caterers from across the UK  * Main Stage entertainment day and nght  * Over 50 Talks and Cookery Demos  * Cinema showing vegan friendly films  * Expert nutritional and lifestyle advice  * Detox Clinic  * Kids Area with Kids Cookery Classes  * Performance Stage featuring vegan performers during the day  * Licesned Bar open for the whole show  * Expected 10,000 visitors during the day  * Expected 10,000 visitors during the evenings"
<b>4th June</b> (Saturday)	Redditch Green Fair St Stephen's Church, Redditch. UK.  10.30am to 3pm	Full details: www.vegfest.co.uk  Organisers: Committee of volunteers  "Free vegan food samples, all catering vegan"  "Are you into recycling?? Energy conservation?? Clean green living?? The annual Redditch Green Fair promotes all this and lots more."
	Entrance: Free	"The Redditch Green Fair aims to show how we can make the world a better place. It's a chance for anyone concerned about the environment to learn how to lead a greener, more sustainable life. Don't panic, we don't want to turn you into a hippy!! We can all make a real difference to the future of the planet by making simple changes to our daily lives - incl cutting down on waste, changing to a renewable energy supplier and buying green/fair trade products etc."  Details of the 2011 event to emerge here: <a href="www.redditchgreenfair.org.uk">www.redditchgreenfair.org.uk</a>
4 - 12 June	13th International Vegan Festival: "A Whole World to Share" Elimar Hotel, Rincón de la Victoria, Málaga, Spain.  Advanced registration required – see website.  Fees per person (including accommodation for 8 nights, registration, and tours): For bookings made until end December 2010: - 480 Euros for a double room - 450 Euros for a double room - 450 Euros for a single room Children younger than 12, accompanied by two adults, stay free, and a second child or one accompanied by one adult, pay only 50%.  For bookings made between 1-Jan-2011 and 15-Mar-2011, add 30 Euros to above fees. For bookings between 16-Mar-2011 and 31-May-2011 (final registration), add 30+20 Euros.  Arrangements outside the specific festival dates are possible – please contact the organiser for a quote (contact details on website: www.ivu.org/yeganfest/2011/)	Organiser: Francisco Martín of the Asociación Vegana Española (AVE) (Spanish Vegan Society)  "The Festival motto is "A Whole World to Share", and the programme will address all matters relating to vegan nutrition, its benefits and positive social and environmental impact, including the ethical, ecological, educational and scientific aspects of veganism, in stark contrast to the cruel unsustainable model of animal food production and the health and environmental problems derived from the consumption and exploitation of animals."  Full details: <a href="https://www.ivu.org/veganfest/2011/">www.ivu.org/veganfest/2011/</a>
11th June (Saturday)	Veggie Pride Paris, France  Details to emerge here: www.veggiepride.fr	Organisers: Veggie Pride (www.veggiepride.fr)  "En un jour ordinaire, d'un pays en temps de paix  "Des oiseaux empalés rôtissent dans les vitrines. Des corps démembrés garnissent les étals. Sur les ponts des bateaux, des poissons tressaillants lentement s'asphyxient. Dans les hangars fétides, de mornes vies s'écoulent. On coupe à vif des becs, des dents, des testicules. On enfonce des embucs jusqu'au fond des gosiers.  "Partout roulent des camions bourrés de condamnés. Ceux qu'on va égorger, saigner et dépecer.  "En ce jour ordinaire, ceux qui ont peur et mal se comptent par millions. Dans ce pays en paix, la torture et le meurtre sont le lot quotidien.  "Si vous voulez protester contre tout celavenez à la Veggie Pride!"





DATE	EVENT, VENUE & ADMISSION	FURTHER INFORMATION
11th June (Saturday)	Animal Aid's annual sponsored walk Hampstead Heath, London, UK.	Organisers: Animal Aid (www.animalaid.org.uk)  "Come join us on Hampstead Heath in London for our annual 10km sponsored walk, starting at 1pm. Everyone who completes the course
	"To register for the walk and to receive a map and directions, please email Karin at karin@animalaid.co.uk or call her on 01732 364546 ext 223"	will receive a certificate signed by Animal Aid's director, Andrew Tyler, a special T-shirt and a glass of bubbly. To register for the walk and to receive a map and directions, please email Karin at <a href="mailto:karin@animalaid.co.uk">karin@animalaid.co.uk</a> or call her on 01732 364546 ext 223."
<b>12th June</b> (Sunday)	<b>20th Annual Animal Blessing Service</b> Aberdeen, Scotland. UK.	"The 20th annual Animal Blessing Service at Craigiebuckler Parish Church Hall, Springfield Road, Aberdeen will be at 3pm on 12 June. The Service will be conducted by the Revd Kenneth Petrie. All animals with their human companions welcome. We would be particularly pleased to welcome back old friends, animal or human, who have attended previously."
19th June (Sunday)	McLibel: Anniversary Day of Action International  www.mcspotlight.org  (Possible Nottingham Free Food Give-Away at Exchange Walk – organisers: Veggies – www.veggies.org.uk)	"McLibel: Anniversary of 1997 High Court Victory!"  Following the "infamous British court case between McDonald's and a former postman & a gardener from London (Helen Steel and Dave Morris)", "The judge ruled that [McDonald's] 'exploit children' with their advertising, produce 'misleading' advertising, are 'culpably responsible' for cruelty to animals, are 'antipathetic' to unionisation and pay their workers low wages. But Helen and Dave failed to prove all the points and so the Judge ruled that they HAD libelled McDonald's and should pay 60,000 pounds damages. They refused and McDonald's knew better than to pursue it. In March 1999 the Court of Appeal made further rulings that it was fair comment to say that McDonald's employees worldwide "do badly in terms of pay and conditions", and true that "if one eats enough McDonald's food, one's diet may well become high in fat etc., with the very real risk of heart disease.
		"As a result of the court case, the Anti-McDonald's campaign mushroomed, the press coverage increased exponentially, this website was born and a feature length documentary was broadcast round the world.
		"The legal controversy continued. The McLibel 2 took the British Government to the European Court of Human Rights to defend the public's right to criticise multinationals, claiming UK libel laws are oppressive and unfair that they were denied a fair trial. The court ruled in favour of Helen and Dave: the case had breached their their rights to freedom of expression and a fair trial.
		"Who said ordinary people can't change the world?"
		Read the full story here: <a href="www.mcspotlight.org/case/trial/story.html">www.mcspotlight.org/case/trial/story.html</a> Plus general information & links at the home page: <a href="www.mcspotlight.org">www.mcspotlight.org</a>
June	2nd Latin American Vegetarian Congress, Bolivia.	Details to be announced
1 – 4 July	16th Biennial JAINA Convention: Live and Help Live Houston, Texas, USA.	Organisers: Federation of Jain Associations in North America (www.jaina.org) and Jain Society of Houston (http://jain-houston.org)
	Advanced registration required (see website)	"Convention Highlights:  • "Jains Got Talent" Show  • Bollywood Entertainment
	Fees: Vary from \$99 to \$175 for adults and from \$79 to \$135 for children/youth (6-17yrs) depending on when you book Basically, the earlier you book, the lower the fee – see website for details of which early-bird rates apply when.	Garba-Rass Night Community/Family Reunion International Leaders Forum "Diaspora" Religious and Spiritual Discourse Prominent Sadhus, Sadhvis, and Scholars Exhibits and Poster Sessions of Community Accomplishments Facilitating Socio-Econiomic Development and Growth of Jains Federally and State funded Community Rights and Opportunities Jain Way of Life (JWOL) and Healthy Lifestyles"
		Full details: http://convention.jaina.org
5-9 July	37th Vegetarian Summerfest University of Pittsburgh,	Organisers: The North American Vegetarian Society  Details will emerge here: <a href="www.vegetariansummerfest.org">www.vegetariansummerfest.org</a>
	Johnstown, Pennsylvania, USA.	
17th July (Sunday)	Green Day Out  Morden Hall Park, Morden Road, Morden, Surrey. SM4 5JD. UK.	Organisers: National Trust, Morden Hall Park (www.nationaltrust.org.uk/main/w-mordenhallpark-2)
	Noon to 4pm	"Discover how to make your life greener. Browse the various stalls, join in with a range of activities, listen to the live bands and enjoy the refreshments. Discover more about how you can make your life greener with lots of hints and tips from local green organisations. Suitable for children."
	Entrance: Free	children."   Vegan catering will be available
	For information, email:  mordenhallpark@nationaltrust.org.uk or phone: 020 8545 6850	For further information, email: mordenhallpark@nationaltrust.org.uk or phone: 020 8545 6850





DATE	EVENT, VENUE & ADMISSION	FURTHER INFORMATION
6-20 August	31st Vegan Camp	Organisers: committee of individuals
(Sat to Sat)	Ashbourne Heights, Derbyshire.	"31st consecutive annual Vegan Camp for singles, couples and families, this year near Ashbourne, in the Peak District National Park, with on-site swimming pool.
	Full details: www.vegancamp.co.uk	"Come for a day or stay up to the full two weeks, camping (from £5 per night) or in luxury self-catering lodges.
	(or email: Gordon Forrest:	"Usually between 70 & 130 people stay over the two-week period. Many of us have been coming for more than ten years.
	gmforrest@tiscali.co.uk)	"We often have communal meals, talent shows, sing-songs, camp fires, walks, picnics & visits to local places of interest.
		"We are a diverse group with ages from babies up to those in their 70s, singles, couples and families. Some people come every year and some when we are in their area. What is consistent is the friendly, helpful and fun atmosphere. We can draw on the many talents and enthusiasm of some of those attending to put on events that in the past have included circus skills workshops, first-aid lessons, raw- and wild-food workshops, rock climbing, surfing, orienteering, meditation, talent shows and yoga, and we welcome offers and suggestions.
		"It is an ideal opportunity for the many children who attend each year to meet other vegan children and to see that they are not the odd one out
		Full details: www.vegancamp.co.uk
21st August (Sunday)	13th London Vegan Festival Kensington Town Hall,	Organisers: CALF (Campaign Against Leather and Fur) and Vegan Campaigns ( <u>www.vegancampaigns.org.uk</u> )
(	London W8 7NX. UK.  Entrance: £2	Inspiring talks, ethical cruelty-free (vegan) shopping ©, various vegan campaigning/education groups, animal sanctuaries, delicious vegan food, music and a lot more ©
		Full details: www.vegancampaigns.org.uk/festival
26th August	PARYUSHAN BEGINS	
3rd September	School Speakers' Workshop for	Organisers: Animal Aid ( <u>www.animalaid.org.uk</u> )
(Saturday)	Primary School Talks London, UK.	"Informing and empowering young people is one of the best ways to create a cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.
	10am-4:30pm	"We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find
	Advance registration required – see weblink and contact details opposite,	out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."
	Free to attend but £5 deposit required on booking, which will be returned upon attendance.	To find out more, visit: <a href="www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk)
17th September	School Speakers' Workshop for	Organisers: Animal Aid ( <u>www.animalaid.org.uk</u> )
(Saturday)	Secondary Schools	"Informing and empowering young people is one of the best ways to create a
	London, UK.	cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology,
	London, UK. 10am-4:30pm	cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.  "We will provide free training and information to help you get up to speed and then
		cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.
	10am-4:30pm  Advance registration required – see weblink and	cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.  "We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that
19 - 25 Sept	10am-4:30pm  Advance registration required – see weblink and contact details opposite,  Free to attend but £5 deposit required on	cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.  "We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."  To find out more, visit: <a href="https://www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">https://www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///</a>
<b>19 - 25 Sept</b> (Mon - Sun)	10am-4:30pm  Advance registration required – see weblink and contact details opposite,  Free to attend but £5 deposit required on booking, which will be returned upon attendance.	cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.  "We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."  To find out more, visit: <a (tel:="" 01732="" 230,="" 364546="" a="" active="" all="" contact="" email="" ext.="" h="" href="www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///" mark="" mark@animalaid.co.uk)<="" n="" or="" school_speaker="" white="" www.animalaid.org.uk=""> <a href="https://meat-abolition.org/">https://meat-abolition.org/</a>  "Because meat production involves killing the animals that are eaten, because their living conditions and slaughter cause many of them to suffer, because eating meat isn't necessary, because sentient beings shouldn't be mistreated or killed unnecessarily, therefore, farming, fishing and hunting animals for their flesh, as well</a>
	10am-4:30pm  Advance registration required – see weblink and contact details opposite,  Free to attend but £5 deposit required on booking, which will be returned upon attendance.  World week for the Abolition of Meat Events will take place worldwide	cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.  "We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."  To find out more, visit: <a href="https://www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">https://www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk) <a href="https://meat-abolition.org/">https://meat-abolition.org/</a> "Because meat production involves killing the animals that are eaten, because their living conditions and slaughter cause many of them to suffer, because eating meat isn't necessary, because sentient beings shouldn't be mistreated or killed unnecessarily, therefore, farming, fishing and hunting animals for their flesh, as well as selling and eating animal flesh, should be abolished."  "Please join activists worldwide for the World Week for Abolition of Meat from
	10am-4:30pm  Advance registration required – see weblink and contact details opposite,  Free to attend but £5 deposit required on booking, which will be returned upon attendance.  World week for the Abolition of Meat Events will take place worldwide  Information:	cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.  "We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."  To find out more, visit: <a href="www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL////</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk) <a href="http://meat-abolition.org/">http://meat-abolition.org/</a> "Because meat production involves killing the animals that are eaten, because their living conditions and slaughter cause many of them to suffer, because eating meat isn't necessary, because sentient beings shouldn't be mistreated or killed unnecessarily, therefore, farming, fishing and hunting animals for their flesh, as well as selling and eating animal flesh, should be abolished."  "Please join activists worldwide for the World Week for Abolition of Meat from January 24th to 30th, 2011!
	10am-4:30pm  Advance registration required – see weblink and contact details opposite,  Free to attend but £5 deposit required on booking, which will be returned upon attendance.  World week for the Abolition of Meat Events will take place worldwide  Information:	cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.  "We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."  To find out more, visit: <a href="www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL////</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk) <a href="http://meat-abolition.org/">http://meat-abolition.org/</a> "Because meat production involves killing the animals that are eaten, because their living conditions and slaughter cause many of them to suffer, because eating meat isn't necessary, because sentient beings shouldn't be mistreated or killed unnecessarily, therefore, farming, fishing and hunting animals for their flesh, as well as selling and eating animal flesh, should be abolished."  "Please join activists worldwide for the World Week for Abolition of Meat from





DATE	EVENT, VENUE & ADMISSION	FURTHER INFORMATION
25th September (Sunday)	International Rabbit Day International	"Every year over 33,000 rabbits are handed into rescue centres around the UK, and most of these rabbits spent less than 3 months with their owner before being abandoned! Rabbits are the third most popular companion animal in the UK but they are also the most neglected. Many rabbits spend their lives in small hutches isolated at the bottom of the garden, when in reality they have very specialist needs and require lots of space, lots of attention and the companionship of their own kind.
		"For information on rabbit care please visit www.rabbitwelfare.co.uk
		"If you might be interested in sharing your home with a rabbit in need, please visit <a href="www.rabbitrehome.org.uk">www.rabbitrehome.org.uk</a> for a list of rescues in your area and a database of rabbits who are all looking for loving homes."
October	World Vegetarian Awareness Month International	Very limited information available at the present time, but details should appear over the course of the year.  Some information at this link: <a href="https://www.veggies.org.uk/event.php?ref=88">www.veggies.org.uk/event.php?ref=88</a>
1st October	World Vegetarian Day	Promoters: North American Vegetarian Society ( <u>www.navs-online.org</u> )
(Saturday)	International www.worldvegetarianday.org	"World Vegetarian Day is promoted by North American Vegetarian Society, for veggie organisations worldwide" (Information from Veggies' events calendar: www.veggies.org.uk/event.php?ref=88)
	www.worldvegetarianddy.org	WVD website: www.worldvegetarianday.org
1st October	School Speakers' Workshop on Using	Organisers: Animal Aid (www.animalaid.org.uk)
(Saturday)	PowerPoint Presentations for School	"Find out how to use our 'standard' presentations and how to modify them."
	Talks London, UK.	"Informing and empowering young people is one of the best ways to create a cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.
	10am-4:30pm	"We will provide free training and information to help you get up to speed and then
	Advance registration required – see weblink and contact details opposite,	provide videos to show and free resources to give to the students so they can find out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."
	Free to attend but £5 deposit required on booking, which will be returned upon attendance.	To find out more, visit: <a href="www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk)
2nd October	World Farm Animals Day	Organisers: FARM (Farm Animal Rights Movement) ( <u>www.farmusa.org</u> )
(Sunday)	International  www.wfad.org  "World Farm Animals Day honors the birthday of Mahatma Gandhi, an outspoken	"Each year, approximately 58 billion animals are killed in the world's factory farms and slaughterhouses to produce meat, eggs, and dairy. World Farm Animals Day (WFAD) is dedicated to exposing, mourning, and memorializing the needless suffering and death of cows, pigs, turkeys, chickens, and other innocent, sentient animals raised and slaughtered for food."
	advocate of non-violence towards animals."	"World Farm Animals Day takes place on October 2nd, which honors the birthday of <b>Mahatma Gandhi</b> , an outspoken advocate of non-violence towards animals."
		Full details: www.wfad.org
3rd October	National Badger Day	Organisers: The Badgers Trust ( <u>www.badger.org.uk</u> )
(Monday)	National, UK www.badger.org.uk	"Each year the Badgers Trust helps thousands of badgers in Britain. You can help badgers too, by organising or taking part in an event to raise funds for, or awareness of, the Badgers Trust on or around National Badger Day."
4 - 12 October	AYAMBIL OLI	
4th October	World Animal Day	www.worldanimalday.org.uk
(Tuesday)	International	Mission statement:
	www.worldanimalday.org.uk	** To celebrate animal life in all its forms  * To celebrate humankind's relationship with the animal kingdom  * To acknowledge the diverse roles that animals play in our lives – from being our companions, supporting and helping us, to bringing a sense of wonder into our lives  * To acknowledge and be thankful for the way in which animals enrich our lives"
<b>4th October</b> (Tuesday)	World Day of Prayer for Animals (St Francis Day) International	"Each year on or near the Feast Day of St. Francis, which falls on October 4th, there are blessings for animals."  Information obtained from Veggies calendar of events:  www.veggies.org.uk/event.php?ref=289





DATE	EVENT, VENUE & ADMISSION	FURTHER INFORMATION
15th October	Vegetarian cookery demonstration	Organisers: Animal Aid (www.animalaid.org.uk)
(Saturday)	workshop (for school speakers) Manchester, UK.	"Informing and empowering young people is one of the best ways to create a cruelty-free future. You can help by joining Animal Aid's school speaker network. We are asked to provide speakers by Religious Education, English, Food Technology, PSE, Citizenship and General Studies teachers.
	10am-4:30pm	"We will provide free training and information to help you get up to speed and then provide videos to show and free resources to give to the students so they can find
	Advance registration required – see weblink and contact details opposite,	out more. You can fit in as many or as few talks as you wish and we're sure that you'll find the experience rewarding."
	Free to attend but £5 deposit required on booking, which will be returned upon attendance.	To find out more, visit: <a href="www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///">www.animalaid.org.uk/h/n/ACTIVE/school_speaker/ALL///</a> or contact Mark White (tel: 01732 364546 ext. 230, email mark@animalaid.co.uk)
16th October	27th International Day of Action	Various vegan events taking place, for example:
	Against McDonalds, to mark World	www.foodnotbombs.net/world_food_day_action.html
	Food Day What's Still Wrong With McDonalds? International	www.veggies.org.uk/event.php?ref=50
November	World Vegan Month	www.veganmonth.com
	International	(website produced by Animal Aid: www.animalaid.org.uk)
	www.veganmonth.com	"World Vegan Day takes place every year on 1st November, the anniversary of the founding of the Vegan Society in 1944."
1st November	World Vegan Day International	www.worldveganday.org
		(website produced by The Vegan Society: www.vegansociety.com)
	www.worldveganday.org	
8 - 9 November	5th Asian Vegetarian Congress: "Vegetarian nutrition from theory to practice"	Organiser: Duo Li (PhD, MSc, Bmed), Chair of Scientific Committee, Professor of Nutrition, Dept of Food Science & Nutrition, Zhejiang University.
	international Convention Center (ICC) of Hangzhou, Hangzhou, China.	Detailed information, including location, transport, accommodation, booking etc is currently available at this link:  www.vegsource.com/news/2010/12/5th-asian-vegetarian-union-
	See opposite for links to further information.	congress-to-be-held-in-hangzhou-china.html Or email the organiser: cissyyichen@126.com
13 – 20 Nov	National Anti-Fur Week National, UK	Details of event to be announced
27th November	Animal Aid's Southwest Christmas	Organisers: Animal Aid (www.animalaid.org.uk)
(Sunday)	without Cruelty Fayre Exeter Corn Exchange (formerly St George's Hall), St George Street, Exeter,	Inspiring talks, ethical cruelty-free (vegan) Christmas shopping ©, various vegan campaigning/education groups, animal sanctuaries, delicious vegan food, music and a lot more ©
	EX1 1BU. UK.	Details will become available here: www.animalaid.org.uk
	Details to emerge. Meanwhile, to book a stall or for information, send an email to <a href="mailto:info@animalaid.org.uk">info@animalaid.org.uk</a> or phone 01732 364546.	
4th December	Animal's Aid Christmas Fayre	Organisers: Animal Aid (www.animalaid.org.uk)
(Sunday)	Kensington Town Hall, Hornton Street, London. W8 7NX. UK.	Inspiring talks, ethical cruelty-free (vegan) Christmas shopping ©, various vegan campaigning/education groups, animal sanctuaries, delicious vegan food, music and a lot more ©
	Details to emerge. Meanwhile, to book a stall or for information, send an email to info@animalaid.org.uk or phone 01732 364546.	Details will become available here: www.animalaid.org.uk



# EVENTS HELPING US REDUCE OUR HINSA FOOTPRINTS

DATE	<b>EVENT, VENUE &amp; ADMISSION</b>	FURTHER INFORMATION
10th December	International Animal Rights Day	Coordinators: Uncaged Campaigns ( <u>www.uncaged.co.uk</u> )
(Saturday)	International Series of candlelit vigils around the world.  www.uncaged.co.uk/iard.htm	"International Animal Rights Day (IARD) is when animal advocates around the world conduct candlelit vigils and campaign stalls to remember all the animals harmed and killed by humans, to call for the recognition of the Universal Declaration of Animals' Rights, and demonstrate to the public and media that 'animal rights' is about rational and well thought-out ethical principles.
		"Each animal protection campaign is strengthened by the unity of being under a global banner in solidarity with hundreds of thousands of caring people all over the world. In previous years, vigils have taken place at very diverse locations, including: vivisection facilities, circuses, butchers, abattoirs, vivisection-funding charity shops, McDonalds, companies & government departments that conduct, fund or promote vivisection, universities, and even bull-rings!
		"Please join us, and the many other like-minded groups and individuals around the world by holding a candle-lit vigil or town-centre campaign stall on - or around - International Animal Rights Day to demonstrate the need for animals to be afforded fundamental rights."
		Details about this year's day will become available here: www.uncaged.co.uk
	Vegan Pledge	"The Vegan Society offers a Vegan Pledge scheme for non-vegans who would like to try veganism for one week, fourteen days or one month. We are offering mentors, a vegan pledge pack with recipes and guidance and plenty of support."  Full details: <a href="https://www.vegansociety.com/veganpledge">www.vegansociety.com/veganpledge</a>
	World Peace Diet talks by Dr Will Tuttle around the USA.	See schedule of talks at: http://willtuttle.com/schedule.htm
	SHARAN - Health Seminars & Workshops, including: - Reversing Diabetes - Reversing Hypertension & Heart Disease - Peas Vs Pills - Vegan food events - Corporate workshops by Dr Nandita Shah. Various locations in India. Website: www.sharan-india.org	Organisers: SHARAN (www.sharan-india.org)  Visit the above website for further details of events, or email Dr Nandita Shah: nandita@sharan-india.org
	Young Jains, UK. website: www.youngjains.org.uk	Education, yoga, vegan lifestyle events with Jain Vegans, conferences, an inspiring quarterly magazine, and much more from this dynamic forward-thinking organisation:  www.youngjains.org.uk