

# JVB International Reflections..



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Lord Mahaveer

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## JVB Orlando

Samani Bhavit Pragya Samani Sangha Pragya www.jainvishwabharati.org

## JVB New Jersey

Samani Sanmati Pragya Samani Jayant Pragya www.jvbnj.org

## JVB Houston

Samani Parimal Pragya Samani Amit Pragya www.jvbhouston.org

#### Miami, FIU

Samani Chaitanya Pragya Samani Unnata Pragya

# **ARHAM**



With every moment time is passing away. One Day leads to another Day, one Month to another Month and one Year to another Year. The Year 2012 is closing, and the Year 2013 is stepping in. Those who are elated and excited with the New Year should consider making meaningful resolution for the Year 2013. For example:

"I Would Shed Anger" or "I will Practice Authenticity" In addition to resolution, proper utilization of time is extremely critical.

- \*Those Who Waste Time, Become a Waste.
- \*Those Who Utilize Time Effectively, Achieve Greatness. May you make your mark with time, pure thoughts, and kind deeds.

Best Wishes,

Acharya Mahashraman

# <u>Highlights</u> of this issue:

Message from Acharya Mahashraman

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News from Florida International University

## अर्हम्

प्रतिक्षण काल बीत रहा है। एक दिन के स्थान पर दूसरा दिन, एक माह के स्थान पर दूसरा माह और एक वर्ष के स्थान पर दूसरा वर्ष अपना आसन जमा लेता है। सन् 2012 की विदाई और सन् 2013 का प्रारंभ होने जा रहा है। जिन लोगों के मन में नए वर्ष के प्रति उल्लास और उमंग है, वे सन् 2013 के लिए पवित्र संकल्पों को स्वीकार करने का मानस बनाएं, जैसे — मैं इस वर्ष में क्रोधमुक्त रहने का अभ्यास करूंगा।

मैं इस वर्ष में प्रामाणिकता का अभ्यास रखूंगा। आदि।

संकल्पों के अतिरिक्त समय का सदुपयोग करने का प्रयास वांछनीय है। जो आदमी समय को बर्बाद करता है, वह बर्बाद हो जाता है। जो आदमी समय का उत्तम उपयोग करता है, वह महान् बन जाता है। समय का अंकन हो और सन् 2013 को पवित्र भावों और निर्मल कार्यों के द्वारा महत्त्वपूर्ण बनाने का प्रयास करें। शुभाशंसा।

आचार्य महाश्रमण

#### News from JVB Orlando Center

#### Family Camp Sept. 9

On Sunday Sept. 9 'Hindu Swayam Sevak Sangh' held its Hindu family camp in South East Sambhaag Samani Bhavita pragya and Samani Sangha Pragya were invited for this auspicious occasion. Samani Bhavita Pragyaji talked about teachings of Lord Mahavir. The program was very much enjoyed by everyone attending the camp.

#### Rollins College, Winter Park, Fl

Oct. 30, The Samanijis were invited by Dr. Yudit Greenberg of Rollins College to speak about the concept of the body in the Jain religion. Samani Bhavita Pragya spoke about the five kinds of body: gross, protean, convince, luminous, and karmic. Also discussed about how the body helps in spiritual practice, and up to what extent the body is valuable to spiritual practice. Samani Sangha Pragya discussed how to lead a meaningful life. All were inspired by the Samanijis' lectures. The students received many new ideas about Jainism in day to day life.

#### **Multifaith Conference**

The Multifaith Conference was hosted by Hindu Society of Central Florida on 4<sup>th</sup> of November, 2012. More than 150 people participated in this conference from different religions. Samaniji talked about 'Ethics of Jainism.' People were so happy to know about Jainism. Samaniji had a dialogue with Americans on many current issues. The program was enjoyed with full joy and happiness. The Hindi Society was very thrilled with the events and asked the Samanijis to return each year.



#### Tampa, Fl.

Jain Sangh of Tampa invited the Samanijis from JVB Orlando on the celebration of the grand ceremony of Jain Temple. People from various places such as Melbourne, Orlando, Daytona Bean were present on this occasion. Samaniji introduced the audience to the 'Power of Spirituality' which was greatly appreciated. This enthusiastic community extended an invitation to Samaniji for future programs.

#### Jacksonville, Fl



A big group of Jacksonville visited the Orlando JVB Center on the 5<sup>th</sup> of September. They invited Samaniji to visit for lectures in Jacksonville. Samanijis went to Jacksonville for lecture from the 14<sup>th</sup> to the 16<sup>th</sup> of December. First Day started off with the detailed explanation of Logass Sutra and lectures on 'Key to Happiness.' The next two days there were discussions on Leshya which aroused curiosity amongst the audience for color meditation. The visit ended with a session of Preksha-meditation.

# News from JVB New Jersey Center

<u>Paryushan Celebration</u>- JVB NJ has celebrated the Jain Great Festival "Paryushan" in the auspicious presence of Samani Sanmati Pragya & Samani Jayant Pragya from Aug 14 to 21, 2012. An eight-day celebra-

tion of this event included evening Pratikram, Pravachans, and classes for children. All Pravachans were very influential and the messages were well received by all. The morning session for special Pravachans on Jain History, Shravak Vrat and Poushadh were organized for on weekend and the final day. Second Paryushan was celebrated with the Jain Society of Richmond. Jain Society of Richmond is very disciplines and well organized group. Samaniji's message-'Practice 3 minutes breathing every day and continue last year's resolution-'not to leave food behind in your plate'.



Kshamapana, Bhajan Sandhya and Bhikshu Jaap- On the occasion of Kshamapana JVB NJ organized a musical concert at American Legion. The prominent singer Maes-tro Kumar Chatterjee with Tabla Master cherished audience. On this occasion 'Bhikshu Swami Jaap' was specifically held. Samaniji's message- Always think big.

<u>Gyanshala-New session 2012-2013-</u> Gyanshala-Sunday school for children started with full energy and enthusiasm. This year JVBNA has started Adult Gyanshala along with children and it is going very well. Samaniji's message- In acquiring knowledge all ages are important.

<u>Diwali Milan-</u> JVB NJ organized a "Diwali Milan" program at Six Mile Run Church, Franklin Twp. On this day, Mr. Ramesh Parmar delivered a welcome speech. Gyanshala students presented a poem jointly in Hindi. A debate on –Jain religion is selfish religion-was held. Pratap Jain, Ramesh Parmar, Kiran Jain, Nilesh Jain and Raj Sodhia spoke for the topic and Sunil Mehta, Mool Singhi, Sunil Bothra, Rakesh Jain and B. C. Jain were against. It was very well done. Sanjay Jain played the role of moderator. Kamal Daga, Nitin Choradia, Sunil Bothra and Sushma Jain presented few very melodious songs. Both Samanijis' pravachan were very inspirational and informational. MC was done by Varsha Mehta and Shilpa Bhansali. Samaniji's message- Jain wisdom cannot be understood with Anekant.

<u>Samanijis' Family Visit-</u> Monthly Navkar Mantra Jaap was held at Sampat & Dolorous Jain, Sunil & Varsha Mehta, Ramesh & Suba Parmar. This program is becoming exclusive day by day. In the memory of his father Mukesh & Mamta Jain and on the occasion of new home warming Manish & Meghna Jain organized Samaniji's pravachan and jaap at their residences. Samanijis visited Bikham & Asha and Ashok & Shilpa Bhanshali's home.

#### **News from JVB Houston Center**

<u>Third Anniversary of JVB Preksha Meditation Centre-</u> JVB third pratishtha anniversary program was held under the guidance of Samani Parimal Prgyaji and Samani Amit Prgyaji. 'Peace is your Nature' was the theme. Just like as deer run after musk in a forest, in the same way man runs after material world to find peace when he can find it within himself. Samani Parimal Prgyaji tested audience by asking riddles -



'pehchano mei kaun hu'. Through the answers she explained how reality cannot be separated from your soul. Example given was of fingersthumb representing passion, index finger as raag and dwesh, middle finger as soul, ring finger as the qualities of knowledge and little finger represent as the family of passion.

#### Santhara in Houston-

Under the guidance of Samani Parimal Pragyaji & Samani Amit Pragyaji, Smt Hasumati Shah (wife of Balubhai Shah and mother of Dr Bhadresh Shah) took Santhara. She started her Upwaas on 7th Nov and Samaniji willingly gave Santhara to her on 24th November. After 28th days of her Santhara, she peacefully passed away along side her familyon 23rd



December. This is first of its kind in Houston. उनके भावी जीवन के प्रति शुभकामनाए ।

<u>Chaitya Paripati-</u> Five Jain associations - Jain Society of Houston (JSH), Waco, Austin, Dallas & Wisconsin were welcomed by JVB Preksha Meditation Centre which included total 150 people. Jain flag was







memorated along and different views were presented by all the Sanghpatis. Inspiration was given by Samaniji to become jain not only by birth but also by actions. This was a unique event held at this scale for the first time on North America.

<u>Seminar on Health and Happiness</u>- Among the scholars from American Society of Indian Engineers, Samani Parimal Pragyaji put her thoughts on 'Health and Happiness' by saying both are complementary to each other and can be addressed with the word 'well being'. She further added well being is of four kindsphysical, mental, emotional and spiritual. Preksha Dhyan techniques were done to balance these four.

<u>San Antonio Visit-</u> Keeping the immense curiosity of disciples in mind Samaniji's were greeted for the third time in San Antonio this year. This time special discussion was done on aashrav and samvar.

<u>Women's Self Cleansing Camp</u> For all the women who were busy in activities revolving around their families, two and a half day camp was held in JVB under the wisdom of Samanijis. Naturopathy, stress releasing acupressure points, right combination of ingredients in cooking, meditation, self-analysis were some of the sessions covered during the stay.

# News from Miami (Florida International University)

<u>YJA live video web-caste:</u> Young Jain of America hosted 2nd Video conferencing lecture of Samani Chaitanya Pragyaji on Karma Theory. The presentation and lucid explanation enriched the more than 50 young Jains around USA. Young Jain expressed the content to be easy, informative, connected to life and looking forward for more. The presence of knowledgeable spiritual leaders will render more opportunities for Jains.





AAR and Danam Conference: Samani Unnata Pragya, presented on "Fasting, a Double Edged Sword: Spiritual Fasting and Coercive Fasting" and Shivani Bothara presented on Anuvrat Movement at the 10th <u>Dharma Academy of North America</u>. The conference attended by many Jain Scholars was an opportunity to open more doors of scholarly interaction.

Steven Vose joining as an Assistant Professor Under Bhagwan Mahavir Professorship of Jain Studies at FIU from Spring 2013. Dr. Vose, one of the brightest among the young Jain scholars in the western world, has a master's degree from Harvard and PhD at the University of Pennsylvania on "Jain Monks as Political Leaders in Sultanateera Gujarat". Vose a versatile linguist, fluent in Sanskrit, Prakrit, Gujrati and old Gujarati and conversant in Hindi, and Nepali.



## Lecture on Jain Meditation organized by the Center of Spirituality Program at FIU-



On Nov 6, 2012, Samani Unnata Pragya elucidated "Jain Meditation"; its traditional and esoteric practices. The audience was eager to know about the ancient practice and also as to how did it survive from the ancient India to the modern times. Samaniji presented the relevance of the ancient in the modern times. The guided meditation session was an awe for the students.

LA pathshala Camp on Yucaipa Mountain—The Dec 19<sup>th</sup> to 22<sup>nd</sup> camp was guided by Samani Chaitanya Pragya and Samani Unnata Pragyaji on the concept of wellbeing and Jainism. Samaniji presented the concept of Social, mental, and spiritual wellbeing tied up with Jain practice. It geared to nurturing the kids.



Spiritual Entrepreneurship from Knowledge to wisdom— In the entrepreneurship lecture series Dr. Deepak Jain explained three dimensions: emotional, intellectual and moral; factors that can be incorporated within entrepreneurship. Moving beyond conventional boundaries of thinking Mr. Jain brought to light the fact that we need to move beyond business, success and further "us" to reach humanity. The event attended by Dean Furton, Chair Prof. Larson, Dr. Katz other dignitaries and students was received with honor. This is a step in the big venture of presenting Jainism in the professional world.